



HEART WALK.

Join the AU Team

THE COLLEGE CUP presented by METROMIX DC

COMPETE AGAINST **GEORGE WASHINGTON UNIVERSITY, GEORGETOWN UNIVERSITY, UNIVERSITY OF THE DISTRICT OF COLUMBIA, CATHOLIC UNIVERSITY AND GEORGE MASON UNIVERSITY** TO RAISE THE MOST LIFE-SAVING FUNDS IN SUPPORT OF THE AMERICAN HEART ASSOCIATION FOR THIS 3-MILE WALK ON THE NATIONAL MALL.

I AM JOINING THE **AMERICAN UNIVERSITY** TEAM IN SUPPORT OF THE **START! HEART WALK** ON **NOVEMBER 14, 2009.**

Fax Form to : (703) 248-1796

JOINING A TEAM :

STARTING A TEAM :

TEAM NAME OR
TEAM CAPTAIN NAME:

TEAM GOAL: \$ (\$2,000 SUGGESTED)

LAST NAME:

FIRST NAME:

M.I. :

COMPANY NAME: AMERICAN UNIVERSITY

STREET ADDRESS:

APARTMENT/SUITE#:

CITY:

STATE:

ZIP:

BUSINESS PHONE:

E-MAIL ADDRESS:

PERSONAL FUNDRAISING GOAL: \$

T- SHIRT SIZE: SMALL MEDIUM LARGE XL XXL

DO YOU DECLINE PRIZES? : YES NO ALL EXCEPT T-SHIRT

Start! Heart Walk Release and Indemnification

The Start! Heart Walk involves walking – an activity which may include risks such as, but not limited to, falls, interaction with other participants, effects of weather, traffic and conditions of the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the Start! Heart Walk and related activities. It is my responsibility to dress appropriately. Although route maps, rest stops, refreshments, and other assistance may be made available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions which would make it difficult or unsafe to continue. I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities – whether it results from the negligence of any of the above or from any other cause. During the Start! Heart Walk, I may be photographed for use by the American Heart Association or the media. The American Heart Association has the right to use these photographs to promote the Heart Walk in the manner they see fit. This release and indemnification agreement shall be as broad and inclusive as is permitted by the State or Province in which the event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect. I have read, understand and agree to the terms of this Agreement. (Parent or guardian must sign if participant is under 18 years of age.)

SIGNATURE:

DATE:

For more information call Meron Mathias at 703-248-1705 or email at Meron.Mathias@heart.org