

STAFF APPRECIATION WEEK

MAY 18-22, 2009

THURSDAY, MAY 21

MAY 18-22

Special Offers for Staff Appreciation Week

Show your AU staff ID at participating campus stores and restaurants and receive discounts and give-aways throughout the week.

Group Fitness Classes

All classes held in 153 McKinley. Register in person at Jacobs Fitness Center. FREE CLASSES week of May 18, 2009.

Body Sculpt, T/Th, 12:15-1:00 p.m.

Yoga, W/F, 12:15-1:00 p.m.

TUESDAY, MAY 19

Years of Service and Staff Performance Awards Luncheon

Noon-2 p.m., University Club, Mary Graydon Center

Invitation only. The university honors staff with five, ten, and fifteen years of service and winners of the 2009 Staff Performance Awards.

WEDNESDAY, MAY 20

Twenty-Year Club Celebration

6 p.m.-9 p.m., Katzen Arts Center

Invitation only. The university honors staff and retirees with twenty or more years of service at a special dinner and presentation ceremony.

Business Clothing Drive

Once again, Staff Council is sponsoring a clothing drive for men's and women's business clothing. Donations of clean, gently worn clothing may be dropped off all week in the Kay Spiritual Life Center, lower level lobby (near the women's rest room), and on Thursday, May 21, during the picnic, at a table located on the main quad. All clothing received will be donated to Martha's Table and Suited for Change.

Contact Christine Gettings, gettings@american.edu.



Staff Volleyball Tournament

8 a.m.-noon, Friedheim Quad

Watch and play at the annual staff volleyball tournament. The winning team will be announced at the picnic and will receive the rights to the coveted trophy for one year.

Contact Jessica Tenuta, tenuta@american.edu

Wellness Fair

8:30 a.m.-1 p.m., MGC 2-4

Steps to a Healthy U Pedometer Challenge Teams will wear pedometers and compete to log the most footsteps in eight weeks. The pedometers will be available for pick-up on Thurs., May 21. Challenge begins Tues., May 26. A \$10 registration fee includes pedometer, personal log, incentives, celebration luncheon, and a healthier you!

Seated Massage Relieve stress and tension with a FREE 5 minute massage (first come, first served) from 10:00 a.m.-2:00 p.m. in MGC 2-4.

Contact: Amy Farr, farr@american.edu

Chess and Board Games on the Quad

9 a.m.-noon, Friedheim Quad

Play your favorite board games. Games will be provided or you may bring your own.

Contact Stacey Taylor, sytaylo@american.edu

The Amazing Race: AU Edition

10 a.m.-Main Quad in front of MGC

Participate in a "competitive tour of AU" full of historical sites and roadblocks. This is just like the reality TV show, but much better! Teams must consist of 4 people from an office or department and will need a digital camera. Sneakers and athletic wear suggested, no passports required.

Contact Patrick Ledesma at ledesma@american.edu.

Cultural Festival

11:30 a.m.-2 p.m., Friedheim Quad

Celebrate AU's cultural diversity by sharing your posters, music, clothing, and arts from a foreign country or region.

Contact Susana Tineo, stineo@american.edu.

Staff Appreciation Picnic

Noon-2 p.m., Friedheim Quad

Enjoy a barbecue lunch, music, mingle with your coworkers and receive a gift of appreciation from the university. **Bring your own blanket for seating.**



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