

Tips for Exam Day

- Be prepared: last-minute reviewing is fine, but don't leave the bulk of studying until the night before or day of the exam.
- On the day of the exam review study materials as you see fit. Some students find last-minute reviewing to be anxiety-provoking. Avoid doing anything that will heighten your stress level.
- Take care of your body. Make sure you've gotten enough sleep and are well-fed.
- Try to remain calm and positive throughout the exam.
- Look over the test before you begin. Be sure to read directions and budget your time appropriately.
- Stay aware of the time throughout the test, but do not concern yourself with the speed of other test-takers. Students work at different paces, and speed is not necessarily an indication of how well one knows the material.
- Make use of the allotted time. If you finish early be sure to review your answers before turning in the test.