The Weekly Green

Committed to Going Greener Week by Week in Campus Life

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Eco-Friendly in the Office:

Tech Savvy

Continuing with easy steps, this week we have the step-by-step guide to set your energy saving preferences on your computer. Just changing your settings will save approximately 400-kilowatt hours every year.

Windows

1. From your "start" menu, choose "settings" and then "control panel"
2. Click on "power management" **or** "performance and maintenance" followed by "power options"
3. Under "power schemes" choose "always on" from the drop-down menu
4. Below the "settings for always on power scheme" tab, look for two drop-down menus labeled "turn off monitor" and "turn off hard disks"
5. From each list, choose the amount of time you would like your computer to wait before entering energy savings mode (15 minutes is usually a good start-you can always change it)
6. While you're there, set the "system standby" and "system hibernates" to save even more

Mac

1. From the Apple drop-down menu, select "system preferences" and then "energy saver"
2. The setting selection should be very similar to Windows

Courtesy of the Daily Green website, www.thedailygreen.com

Eco-Friendly in the Home:

Tips to Green the Shopping Season

Here are some suggestions for alternative gift wrapping, not just this holiday season but all year–round!

- Reuse a grocery bag, paper or plastic; paper can be cut just like traditional wrapping paper and plastic can simply hold the item-just add a ribbon and you're all set
- Take the newspaper you read today and wrap with that! Some prefer to just use the comics section but I use it all-the *Eagle* is fun to use too
- Reuse the gift bags that others have given to you
- Spend a few extra dollars for a nicer bag that your recipient can reuse for a gift of their own or grocery shopping [try envirosax.com or bringitinabag.com]
- Dish towels and scarves can also make very stylish gift wrappers-no tape needed

Not all gifts need to be wrapped-it still is the thought that counts.

Courtesy of the Daily Green website, www.thedailygreen.com

Google "**World Community Grid**." The **Clean Energy Project** they have with Harvard is pretty fascinating (having to do with solar energy and computers).

Weekly Tasks

- Set the energy-saving preferences on your computer
- Remember to turn off your computer (including the screen) and other electronic devices before heading home for the night

Helpful Website of the Week

Uncommongoods.com

Lots of green gift ideas!

Cheap Eco-Friendly Gifts

1. Staple-free stapler **[**thinkgeek.com**]**
2. Notebook **[**barnesandnoble.com**]**
3. Earrings **[**awf.org**]**
4. Toothbrush **[**recycline.com**]**
5. Soap **[**tomorrowsworld.com**]**