

The Weekly Green

Committed to Going Greener Week by Week in Campus Life

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Eco-Friendly in the Office:

New Year Resolutions

Repeat after me, "I resolve to..."

- Stop buying bottled water
- Bring a water bottle (or reuse a glass bottle) to use at the water cooler/fountain
- Bring my own mug for the coffee/ tea/hot cocoa machine
- Use scrap paper in my fax machine
- Print double-sided whenever possible
- Complete the eco-certification training
- Recycle my printer's toners
- Stop printing out emails

- Turn off my computer (and monitor) every night
- Replace any standard bulbs I have with CFLs



It takes only 30 days to form a habit. By February 5th, you could be living Green without thinking twice about it.

Weekly Tasks

 Make two "resolutions" lists, one for the office and one for the home. Post them where you can see them on a daily basis and do your best to follow them as much as possible.

Helpful Website of the Week

Globalgreen.org

Eco-Friendly in the Home:

Green in 0-9

2009, here we come! Here are a few things you can do to save money, energy and other resources in the new year:

- Only run the dishwasher when it's full and make sure to use the "air-dry" function as opposed to "heat-dry"; it will cut down your electricity use by at least 50%
- Turn down your thermostat to 68 degrees in the winter (78 degrees in the summer) or even 55 degrees at night or when you're away; lots of money to be saved on utility bills
- Put a stop to the endless and useless catalogs you receive; visit

catalogchoice.org to eliminate unnecessary catalogs

- Only 10% of a washing machine's energy use goes to the motor-the rest is used by heating the water; use cold water to wash and rinse as often as possible
- Finally get (and use) that reusable shopping bag
- Recycle

Courtesy of the following website:, www.thedailygreen.com

Cheap Eco-Friendly Gifts

If you carpool to work with a co-worker once this year, you'll save enough energy to make 52 blog posts. If everyone is OCL joined you, together you could power 347 office computers for an entire year.

Willyoujoinus.com