

HONORABLE MENTIONS



September/October 2010

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Congratulations, grant winners!

Amanda Brown Sophie Cassell Ayal Chen-Zion Ishani Desai Andrew Frank Joshua Kaplan Jeniffer Kim Kate Lindsey David Menasche Clint Rice Steph Schey Leah Simoncelli

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AU reinvests in undergraduate research

To offer new summer research 'apprenticeships' and more

American University is reorganizing and increasing funding available to undergraduates for research and offering support for students selected to present at research conferences.

Summer Scholar and Artist Fellowships

Undergraduate students who plan to graduate in December 2011 or later are invited to apply for an American University Summer Scholar and Artist fellowship for summer 2011. Fellows will be awarded \$4,000 to conduct full-time research that leads to significant scholarly or creative work. The selected students will work closely with faculty mentors in ways that enhance faculty research or creativity. Faculty mentors will receive a \$1,000 stipend to guide students through their research apprenticeship.

Under the terms of the funding award, fellows will discuss the preliminary results of their work at a workshop to be held in September 2011 and must then publicly present their completed work elsewhere.

Applicants must have a minimum overall GPA of 3.5, have earned at least 60 credits and be registered for classes for fall 2011. Applications should be sent to the Vice Provost of Undergraduate Studies by March 4, 2011. Finalists will be announced by March 18. The awards are taxable. Full details will appear on the Office of the Provost Undergraduate Studies web site on or about October 15. In the interim, email Michael Manson at mmanson@american.edu for more information.

Travel Grants

While the Student Research Expense Fund awards have been discontinued, AU has added funding to support students' research presentations at conferences. Students may apply for funds to help defray some registration and travel costs. The award levels include \$300 for regional conferences, \$500 for national conferences and \$800 for international conferences. For this academic year, funds will be distributed across three periods October 15-January 15, January 16-April 30, and May 1-August 15. The conference dates determine the period for which the application will be considered.

Students may apply for funds as early as six months in advance of the conference and as late as two weeks before. After evaluation, they are allocated on a first-come, firstserved basis. Students are eligible for only one award each year. For more information and an application form, email Morgan Banea at banea@american.edu.

Honors Capstone Research Grants

With funds from the Vice Provost for Undergraduate Studies, University Honors Program will continue to award its Honors Capstone Research Grants of up to \$500. These are given to cover out-of-pocket expenses linked to research and other activities leading to the completion the Honors Capstone project. Applications are reviewed twice a year, early in fall and spring semesters. Honors students must be registered for the Honors Capstone project in the semester when they apply. Application form is available at http://www.american. edu/provost/honors/upload/Honors-Capstone-Grant-Application.pdf For more information, email honors@ american.edu.

With support from a 2010 AU summer grant and a faculty mentor, one Honors student pursued a research project that has become the basis of her Capstone. Learn more on Page 6.

Get set for spring registration- with help from Honors

Believe it or not, it's time to start thinking about classes for the spring 2011 semester! The Office of the Registrar will issue the official spring schedule by October 8 on its website and registration officially begins on Monday, October 25. Please visit our new Honors website (www.american. edu/honors), which soon will include a list of Honors classes for students to consider: Honors sections of General Education classes and the spring 2011 Honors colloquia, including colloquia course descriptions and major credit information.

Before the registration period, some Honors students will notice a "stop" on their accounts. This group includes all students new to Honors – freshmen, transfers and self-nominated students. The stop is a reminder to students that they must meet with an Honors counselor before registering for classes. During an advising session, Honors staff will help each student plan to complete Honors requirements and will lift the stop so he or she can register. Students should arrange to meet with an Honors counselor only after they meet with their academic advisor in their college/school.

Honors students receive priority registration by the number of academic credits completed, so, if students need to schedule an Honors advising appointment they will want to do so early to take advantage of this opportunity. To schedule an appointment, call the Honors Center at 202-885-6194 or visit us in the Honors Center. Appointments are generally scheduled between 9:30 a.m. and 5 p.m. and can be with any Honors counselor or staff member.

Plan to attend the Student Honors Board-sponsored Honors Colloquia Preview on October 25 in MGC room 247, from 4 to 5:30 p.m. Professors who are teaching colloquia courses in spring 2011 will speak about their courses to supplement what is found in the couse list descriptions on the Honors website. There will also be an opportunity to ask questions.

Meet the new faces of Honors staff

The University Honors Program is pleased to welcome Lori Alvarado, Carrie Dellesky, Laura Descher, Laura Holmes and Nadeen Makhlouf to its staff. In this issue, meet the Honors Counselors. Stop by the Honors Center to say hello!



Laura Descher is one of the new Honors Counselors and also the Student Honors Board advisor. Originally from Los Angeles, Calif., Laura spent last year living and teaching in Nyons, France, a small town in Drôme Provençal. In 2009 she earned her Bachelor of Arts in French and Political Science from McDaniel College in Westminster, Maryland (Go Green Terror!). This fall she started the Master of Arts program in International Peace and Conflict Resolution at AU (Go Eagles!)

"I play competitive live trivia on a team with my friends every Monday night," Descher says. "Our team name is 'Call Me the Cash Cab'." She dabbles in the kitchen and garden. "I also love to cook and tried, with no success, to grow pineapple tomatoes all summer."



Laura Holmes joins the staff as an Honors Counselor and is working with transfer students in Honors to develop the Transfer Mentor Program. Laura is from upstate New York and has taught high school French in Lebeau, Louisiana, through Teach for America and at a public school in Pittsburgh, Penn. A graduate from Bucknell University with a major in International Relations and minors in French and German, she is pursuing her Master of Arts in International Training and Education at AU. Her particular focus is expanding educational opportunity among international communities within the U.S.

"I am a recreational runner and cyclist," Holmes says. "Occasionally I don my cowboy boots and enjoy some Zydeco dancing."



Nadeen Makhlouf is also a new Honors Counselor and is coordinating the Honors Alumni Mentoring Program. A native of the Washington, D.C., area, Nadeen graduated from the University of Maryland, College Park, with a Bachelor of Arts in Economics. At UMD, she worked as a peer advisor and ambassador for the College of Behavioral and Social Sciences. After graduating, Nadeen worked as an academic advisor in the Economics Department. Also a graduate student at AU, she is studying special focus on international public policy.

"Despite growing up in D.C.," Makhlouf says, "I've never been down to the monuments at night! I hope to take in more of the sites in this exciting hometown of mine."

Honors Study/Travel Program heads (again) to Peru

During winter break, the University Honors Program will travel to Lima, Cusco and Macchu Picchu, Peru, as part of its ninth annual Honors Study/Travel Program. The trip – open to 20 Honors students – will coincide with Professor Anthony Quainton's Honors Colloquium on Peru, HNRS-302-006H, "Peru: Where Two Worlds Meet."

Prof. Quainton, who teaches in the School of International Service, is a former U.S. ambassador to Peru, and an expert on the area. While exact details for the trip are still being finalized, the January 1-9 excursion will provide students with an opportunity to study the indigenous and colonial cultures present in Peru through trips to the former Spanish colony's capital, Lima, as well as the Incan cities of Macchu Picchu and Cuzco. Prof. Quainton hopes to include visits with Peruvian leaders in the religious, political and secular sectors.

The cost of the trip is \$2,075 and covers

all airfare, lodging, in-country transportation, museum tickets, all breakfasts and at least two dinners. Students will be responsible for all other meals, transportation to and from the airport in Washington, D.C., some local transportation in Peru, visa expenses, a student identification card and the airport departure tax in Lima.

Priority registration for the trip to Peru began on September 15 for students enrolled in the Peru Honors Colloquium. The Peru trip is now open to all Honors students, who can register for it in the University Honors Center. A non-refundable deposit of \$1,000 will be required at the time of registration, as well as a photocopy of the student's passport (though in certain aircumstances this can be provided following registration). Final payment for the trip will be due on Monday, November 1. Though it's not required, students who wish to receive academic credit for the



Profs. Mass and Quainton and Honors students visit Peru on the 2009 Study/Travel Program trip.

trip may also register for the one-credit course component (the course number and registration information will be available later in the semester).

For more details on the 2011 Honors Study/Travel Program trip to Peru contact the University Honors Program at honors@american.edu or 202-885-6194.

From Director Michael Mass ...

It's hard to believe that it is more than a month into the semester. Classes are in full swing and there have already been several Honors events, from the Community Welcome Reception and the Capstone Information Sessions to perennial favorite activities like the Student Honors Board's S'mores night. Time seems to have just flown by! Still, the school year is relatively new and there's a lot to look forward to...

We congratulate the newly elected Student Honors Board members, who represent a variety of cohorts within Honors, including freshmen, transfers and upperclassmen. I encourage you to take part in SHB organized events, designed with a healthy balance of fun and learning. The annual Brain Bowl will take place on Wednesday, October 13, and I hope you will all attend. Also consider contributing your own thoughts and energy to the organization.

The Honors Program is hosting a series of programs on the topic of immigration this fall. The overall goal of the series is to engage Honors student and the wider AU community in conversation about this important, timely topic. We hope to see you at these events. Watch your email for more information.

Honors will begin advising all new Honors students—including freshmen, transfer and self-nominated students beginning the week of October 11. See Page 2 for more details. We have several seniors completing Honors Capstones this semester and 12 of these students have won Honors Capstone Research Grants to support their efforts (see Page 1). Join me in congratulating these students! But you don't have to wait until you are a senior to pursue research and AU is offering a new level of funding to help. Read about AU's new summer research fellowships on Page 1.

Honors shares with you the excitement of the new semester, with all its many opportunities. We hope you will take advantage of all the Honors community has to offer. Honors staff are ready to support you, so please stop by the Honors Center if we can ever help.

Honors hosts semester-long series on issue of immigration

The University Honors Program invites the AU community to participate in **Focus on: Immigration**, a series of events designed to contribute to the ongoing conversation about the compelling and timely topic of immigration.

American University has played an important role in the national discussion about immigration, notably President Obama's recent visit and speech about immigration reform. The subject is also highly relevant for AU students and higher education given the Senate's recent discussion regarding the controversial Dream Act. Organizing this special series, the Honors Program looks to engage its students and other members of the AU community in the exploration of the immigration issue and its many dimensions.

The planned series of thought-provoking sessions will gather Honors students, staff and faculty in small- and large-group discussions with members of various AU campus groups, including the Center for Latin American and Latino Studies, Community Action and Social Justice and Latin and American Student Organization. The events will explore multiple topics including the idea that we are a "nation of immigrants" and a "nation of laws," among other issues. Overall, the goal of "Focus on: Immigration" is to promote open and respectful exchange from many perspectives. For event details please see Page 8.

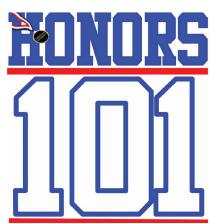


H101 connects Honors freshmen with each other, AU and compelling issues like immigration

From all reports, this fall's Honors 101 term-long orientation program is achieving what it's designed to do – helping Honors freshmen become acquainted with one another and comfortably adjusted to life in Honors, at AU and Washington, D.C.

Honors freshmen and their upperclass mentors have been meeting weekly in their individual mentor groups for a variety of activities, from gathering for coffee and conversation in AU's Davenport Lounge to enjoying a meal in the home of an Honors 101 faculty mentor to visiting the Newseum in downtown Washington, D.C.

"I am enjoying all the Honors 101 opportunities to get to know my fellow Honors students beyond the classroom," says Honors freshman Connor Trafton, who comes to AU from Colorado. "I am surprised and pleased with the great mix of activities, including those off campus."



A highlight of Honors 101 every fall is the programming – part academic and part fun – that gathers together all mentor groups and their Honors 101 faculty mentors. This year's event on Wednesday, October 6, which has been planned by the Honors 101 co-chairs Alli Schultz (SIS '12) and Rebekah Smith (CAS '12) and their team of 30 student mentors, will consist of two parts. The program will open with a panel of AU faculty experts speaking about immigration, which is also the topic for a series of events open to the AU community that the University Honors Program is sponsoring this fall (see story above on this page). The Honors 101 panel will inform Honors freshmen and student mentors and encourage them to reflect on their own perspectives about immigration. Following the panel and drawing on insights from it, students and Honors 101 faculty mentors will then play an interactive board game to stimulate discussion about this important multidimensional issue.

All Honors freshmen will gather once again as a group on Wednesday, October 20 in Anderson Hall for an informal event featuring pancakes, other treats and games and on Friday, November 19 in McDowell Hall come together for the Honors 101 "finale," which in recent years has been a semi-formal party.

Honors welcomes new transfers with new energy, engagement

This semester, Honors has launched an Honors Transfer Mentor Program, building on last year's pilot effort. The program's success to date is in large part due to Honors Junior, Dylan Vogt. Transferring to AU last fall, Dylan recognized the challenges transfer students often face becoming integrated on campus and valued having an upperclass Honors mentor when he was new to the university. So last summer he approached Honors with a proposal to enhance the welcome and support Honors lends to its sophomore and junior transfer students. His leadership – and the engagement of Honors transfers – have been impressive. So far, Honors transfer students have enjoyed a get-acquainted breakfast, time together at the Welcome Week barbecue and an outing on the National Mall. As the transfers settle in, they are looking forward to upcoming visits to the Newseum and the U.S. Capitol.



New Honors Transfer students meet with their Tranfer Mentors.

Like AU, the Honors program is enriched by transfer students who bring a rich diversity in backgrounds and interests. This semester, Honors welcomes nearly 50 new transfer students with experiences ranging from Civil War re-enactment to nightclub management in China. Below, meet two of our new Honors transfer students.

Raimon Bassas-Anglès

Raimon comes to AU from Washington's Trinity College and is majoring in CLEG. He's excited about the opportunity to grow intellectually in this interdisciplinary field of politics and the social sciences.

Raimon is from the nation of Catalonia, within Spain and is passionate about using his degree in Public Affairs to work with their citizens in the pursuit of statehood and European Union membership. Though considering a career in international law, he is open to exploring other options within his degree area. Raimon experienced public affairs first hand this past summer while at home in Catalonia, meeting with several local politicians and working on the presidential campaign for Futbol Club Barcelona. He enjoyed the networking opportunities these activities offered.

Ramon reports he is happy to be a part of Honors' challenging academic program and a congenial community and is impressed by his peers' outgoing ways and how they have reached out to get to know him better.



For the Transfer Mentor Program's "Monuments, Museums and More" event, Honors students visit the D.C. sights.

Meredith Myers

Meredith transferred to AU from Harrisburg Area Community College, Penn. to complete a Bachelor of Arts in Audio Technology. "Music has always been a part of my life," Myers says. "My mother signed me up for piano lessons when I was in first grade, and I picked up guitar in middle school, and percussion instruments of all types in high school."

With a musical background and her strong interest in science, the field of Audio Technology seemed like a logical choice and AU is one of a few select schools that offer the four-year degree. Meredith's professional aspirations are to work with a band on sound systems, but she says she is open to other options. She is thoroughly enjoying the academic rigor of AU and Honors. "I've never been in an environment where I'm truly challenged to learn material because I want to learn," Myers says, "not because I have to for a grade."

She keeps busy with classes and pursuing her other strong interest – history. She likes to be involved in authentic Civil War reenactment and says she is the

only female in a reenactment organization of some 200 members. "Next on my list is WWI reenacting," she says, "which seems fitting considering AU's history!" Researching an ancestor's Civil War regiment, Meredith hopes to write a book someday – or before that a Capstone on the topic!

AU undergraduate research grant launches study of how media 'frames' diabetes

Honors student Kelsey Stefanik-Sidener (SOC '11) details her project

Thanks to an AU 2010 Summer Fellowship, I spent my summer working with SOC Professor Lauren Feldman on an independent research project, "Nature, Nurture, or that Fast Food Hamburger?: Examining Contemporary Media Framing of Diabetes."

For the project, I reviewed a selection of articles published in the New York Times in 2000, 2005 and this year to determine how the media discusses and "frames" diabetes, as a societal problem, a personal problem or a medical problem, and what changes in framing may have occurred over the decade. I also explored whether articles differentiate among the three types of diabetes (type 1, type 2, and gestational), which vary significantly in root cause and method of treatment. For the project, I attended the American Diabetes Association's 2010 Scientific Sessions conference and had an opportunity to meet with leaders in the diabetes community and learn what they think about the ways in which the media discuss diabetes.

The media play an important role in helping Americans to understand health issues, and so the ways in which they discuss diabetes can have a significant impact on Americans' views toward the disease. For example, if diabetes is primarily discussed as a personal problem with an individual-level solution, readers will be less likely to support broader public policy initiatives to address the disease. Conversely, if diabetes is discussed as a problem that is influenced by broader factors, such as access to healthy foods, readers will be more likely to perceive a need for macro-level solutions. By identifying the lens through which Americans view diabetes, we can see how this may translate to public opinions toward the disease. This is important given that diabetes affects 23 million people and cost the United States \$186 billion in 2007 alone.

My desire to study this issue stems from my interest in the intersection of political science, public health and communications. I am interested in health advocacy, and each of these sectors plays an important role in the health advocacy field. I have also been active in the diabetes community for much of my life, as I was diagnosed with type 1 diabetes when I was 7 years old. I have invested much of my time into helping others to understand diabetes and the



Kelsey Stefanik-Sidener (SOC '11)

challenges it brings, and my efforts have helped me to raise more than \$55,000 for diabetes research.

This research project has been a great opportunity to build on what has been a personal interest in diabetes issues to a more academic one, and it has laid the foundation for my Capstone project. Once it's finished, I am going to apply to present my paper at the Eastern Communication Association's Undergraduate Scholars Conference in April 2011. My advisor Prof. Feldman is exceptionally knowledgeable about media framing and health communications and I have found her guidance to be invaluable throughout the research process.

Student Honors Board adds new members for 2010-11

Student Honors Board (SHB) elections were held in early September . Five new members were added: freshmen Jenny Wu, Caitlin Allmaier and David Komorowski, sophomore Eileen Falk, and Junior Dylan Vogt. Continuing SHB members are President Ayal Chen-Zion, Vice President Katie Kawalchuk, Secretary Lauren Hickey, Treasurer Sam Hagedorn, Director of Communications Angela Smith, Emily Pfefer, Corinne Abolafia and Rachel White.

SHB acts as a liaison for students to the University Honors Program and plans activities for the Honors community. Its newest members have a multitude of ideas for new events and community service projects and for promoting involvement and fostering a sense of community for all students in the Honors Program.

The Student Honors Board has already hosted several successful events this semester, including a Welcome Barbecue for new Honors students, S'mores Night and an Internship Panel. Keep an eye out this fall for more activities including Brain Bowl, Spring Colloquium Preview, the traditional Turkey Dinner, which raises funds for DC Central Kitchen, and a holiday party. SHB bookmarks noting all of the dates for this year's events are available in the Honors Office! If you have questions or suggestions for SHB, please email austudenthonorsboard@gmail.com.

Upcoming Honorable Mentions issues will profile members of the Student Honors Board. When you see them on campus, say "hi!" and ask them about upcoming SHB events.

Career Center: Upcoming Events

Whose Life Is It Anyway? (Part 1 of 4)

Monday, Oct. 4, 3:30-5 p.m., McKinley 155 Conference Room

Freshmen and sophomores wondering what major or career to pursue: let us help you find your passion! This fun and informative four-part workshop will help you find direction and insight about what major or career might be right for you. We will introduce you to self-assessment tools that will help you evaluate your interests, skills, personality and work values, and assess how they relate to various career fields. Please note: This is a four-part workshop series for undergraduates only. You must attend *all* sessions: Oct. 4, 6, 11, 13.

Peace Corps Information Session

Monday, Oct. 4, 6-7:30 p.m., MGC 3

Please join Peace Corps Mid-Atlantic Recruiter Janet Schuhl to learn more about current Peace Corps opportunities. Since 1961, more than 190,000 volunteers have served in Peace Corps, working in diverse fields such as health, community development, business, agriculture and environment. Peace Corps volunteers must be U.S. citizens and at least 18 years of age. Peace Corps service is a 27-month commitment.

Apply to Graduate School: Faculty Tips and Perspectives

Thursday, Oct. 7, 5:30-7 p.m., McKinley 155 Conference Room

Are you applying to graduate school in the sciences, social sciences, arts or humanities? If so, you do not want to miss this discussion! It's important to consider that at the graduate level, it's the faculty who make the admissions decisions. At this panel discussion, four American University faculty will share their expertise and tips on what you should consider when applying. There will be panelists from Literature, Biology, History and Psychology. Light snacks will be served. RSVP is required.

Take Control of Your Financial Life

Wednesday, Oct. 20, 6:30-8 p.m., Butler Board Room

Forget Generation Debt--it's time to be part of Generation Earn by taking control of your finances, avoiding debt, spending wisely, and living better than ever. Join Kimberly Palmer, author of Generation Earn: The Young Professional's Guide to Spending, Investing, and Giving Back, for an eye-opening discussion about how you can be financially smart in your post-college life. Kimberly, a young professional herself, will touch on topics such as creating a career that will support you over time, avoiding the pitfalls of our consumer culture, getting on top of debt, and saving more than you ever thought possible. Be one of the first five people to arrive at this event and receive a complementary signed copy of Kimberly's new book! RSVP is required.

Your Path to Student Employment

Wednesday, Oct. 21, 5-6:30 p.m., Butler Conference Room

Are you looking for a leg up on landing a full-time job when you graduate? Are you intrigued by a career in public service? Internships and other student work opportunities in the federal government are among the best-kept secrets to finding employment and to learning what the federal government is all about. Furthermore, with many student programs, such as the federal government's Student Temporary Employment Program (STEP) and Student Career Experience Program (SCEP), you can test-drive the job, while possibly earning school credit and getting paid! Come hear from panel of federal recruiters as they discuss various student programs, and the ins and outs of landing a position during this coming year. RSVP is required.

RSVP is required for all of the events below.

Your Path to Law Enforcement & Intelligence Monday, Oct. 25, 6:30-8 p.m., SIS Founder's Room

Your Path to International Development Tuesday, Oct. 26, 6-7:30 p.m., SIS Founder's Room

Your Path to Business and Finance Tuesday, Oct. 26, 7-8:30 p.m., KSB Student Lounge Your Path to Legal Opportunities Wednesday, Oct. 27, 6:30-8 p.m., MGC 5

Wednesday, Oct. 27, 5:30-7 p.m., MGC 4

Your Path in the Humanities

Your Path to Energy and the Environment Thursday, Oct. 28, 5:30-7 p.m., EQB (Old SIS) Lounge

For more information or to RSVP for any of these events, please contact the AU Career Center at 202-885-1800, careercenter@american.edu or www.american.edu/careercenter.

Calendar of Events

Wednesday, Oct. 6	 Honors 101: The Immigration Debate All Honors freshmen and Honors 101 mentors are invited to attend an interactive discussion about immigration, beginning with a panel of faculty and ending with a thought-provoking game. Refreshments will be served. 3:30 - 5:30 p.m. Honors freshmen, please check with your Honors 101 mentors for location.
Wednesday, Oct. 13	 Student Honors Board Annual Brain Bowl Join the Student Honors Board, Honors students and faculty for food, fun and games. 4 - 6 p.m., MGC 5-6
Friday, Oct. 15	Fall Break Enjoy your break from classes!
Monday, Oct. 18	 Sara Bareilles Concert Specially priced tickets to this concert were sold to Honors students. Students may attend on their own or with an organized group led by an Honors 101 mentor. 7 p.m., 9:30 Club, 815 V ST. N.W., Washington, D.C.
Wednesday, Oct. 20	Honors 101 Pancake Party Honors freshmen join mentors and co-chairs for pancakes, games and a break from midterms! 3:30-5 p.m. Confirm location with your Honors 101 mentors.
Monday, Oct. 25	Spring 2011 Registration Begins Check the AU Registrar's site for your day to register.
Wednesday, Oct. 27	 Challenges of Immigration in 2010 A panel discussion presents various points of view on Mexican immigration, exploring the controversial Arizona state law and Minute Men in border towns, among other issues. 6:30 - 8 p.m., Hughes Formal Lounge
Friday, Oct. 29	Halloween Cake Day Happy (early) Halloween! Take a break and enjoy some cake with the Honors Program, while supplies last. 10 a.m. – 5 p.m., Honors Center
Tuesday, Nov. 16	 Immigrant Rights: Sport Writer Dave Zirin Dave Zirin, a leading activist boycotting the Arizona Diamondbacks in protest of the state's recent controversial legislation, visits AU to discuss immigration and his advocacy work. 5 - 8 p.m., Hughes Formal Lounge
Sunday, Nov. 21	 SHB Thanksgiving Turkey Dinner SHB hosts a Thanksgiving dinner for the Honors community to benefit D.C. Central Kitchen. A small donation is requested (\$5 or what you can give). A complete turkey dinner will be served. 5:30 - 8 p.m., Anderson Honors Lounge