# Weekly Greening

*Committed to Going Greener Week by Week in Campus Life*

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## Eco-Friendly in the Office:

### Office Supply Marketplace

So what exactly is this Office Supply Marketplace? It's a list of supplies that offices have in excess or need to purchase. The hope is that we can reuse what we already have within our departments instead of ordering more, which wastes funds and resources.

To start, designate one person to take an inventory of which supplies you do and don't have.

Once you have a list complied, send it to Halley at *hofner@american.edu*. Every other week, the Marketplace will be featured in this spot of the Weekly Greening newsletter. Contact information will be listed with items so departments can work together to find the best way to have the exchange.

For example:

**For Sale**

Halley in OCL has 50 glue sticks.
*hofner@american.edu* x3308

**To Buy**

Natalie in NSP needs 2 post-it note easel pads
*gempesaw@american.edu*

Halley happens to have 2 extra note pads and emails Natalie.

Natalie needs 5 glue sticks and emails Halley.

**Easy-Peasy!**

## Eco-Friendly in the Home:

### Eating Out Locally

Sometimes cooking meals organically is not what you want to do. If you still want to eat green without spending time in the kitchen, check out one of these D.C. restaurants who strive to buy all their ingredients locally.

- **Clyde's** [www.clydes.com]
- **Corduroy** [www.corduroydc.com]
- **Restaurant Eve** [www.restauranteve.com]
- **Jaleo** [www.jaleo.com]
- **Tabard Inn** [www.tabardinn.com]
- **Oyamel** [www.oyamel.com]
- **Marcel's** [www.marcelsdc.com]
- **Restaurant Nora** [www.noras.com]
- **Equinox** [www.equinoxrestaurant.com]
- **Post Moderne Brasserie** [www.postebrasserie.com]
- **Hook** [www.hookdc.com]
- **Agaria** [www.agrariarestaurant.com]
- **The Oceanaire Seafood Room** [www.theoceanaire.com]

These restaurants are part of the **Slow Food movement**. Slow Food is an "international eco-gastronomic, member-supported, non-profit organization founded in 1989 to counteract fast food and fast life, creating a world network committed to changing the way food is currently produced and consumed."

*Courtesy of www.slowfooddc.org*

### Did You Know?

It's actually healthier for your lawn to stay at 3-4 inches long. Longer grass discourages weeds and pests and prevents soil from drying out.
*www.thedailygreen.com*

### Weekly Tasks

- Look at your current supplies and determine what you need and don't need
- Contact Amanda Merkwae at *amanda.merkwae@ausg.org* to set-up an appointment for official eco-certification

### Helpful Website of the Week

*www.greenfacts.org*

Oh the power of factoids.

### Doing Good

Have empty make-up containers? Don't throw them away! Origins is now collecting all empty cosmetic containers (tubes, bottles, jars, etc.), regardless of brand, at all store locations (except Nordstrom). The containers will be sent to a central location to be recycled.

*www.origins.org*