

Basic Memorization Strategies

- **Understand what you memorize.** Memorization is dependent on depth of processing. This means that you are much more likely to remember something that you understand on an abstract level.
- **Reinforce ideas through associations.** These could be logical connections to things you already know, visualizations, or mnemonic devices.
- **Rehearse information.** Recite information aloud or write out answers to possible test questions.
- **Organize the material in a meaningful way.** By creating theoretical order to your notes you will process them on a deeper level and, therefore, remember them better.
- **Use visual aids as you study.** These could include charts, outlines, flash cards, summaries, time lines, or Venn diagrams.