



## ACADEMIC SUPPORT CENTER GUIDELINES FOR DOCUMENTATION OF ADHD

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- A complete psychoeducational or neuropsychological report, including the components listed below, is preferred to document ADD or ADHD for students at American University.
- If ADD has been diagnosed by a medical doctor, a report or detailed letter may provide adequate documentation of the disability. Such a report would include all except #4 below (test results).
  1. Statement of the presenting problem
  2. Relevant history from a diagnostic interview, including
    - o developmental
    - o medical
    - o academic
    - o family
    - o psychosocial
    - o other previous and current diagnoses
  3. Alternative diagnoses or explanations ruled out
  4. Testing, including scores and discussion of results
  5. DSM-IV diagnosis and rationale
  6. Impact on the individual: indication of the substantial limitation to learning and the degree to which the disability affects the individual in the learning context
  7. Suggestions for accommodations with rationale for recommendations

For entering freshmen, a current assessment would be dated no earlier than the tenth grade. For upperclass and adult students, the assessment must be recent enough to assist in determining reasonable accommodations at the university.

*The Academic Support Center at American University reserves the right to review all documentation and to request additional information, if needed. Reasonable accommodations are based on the individual needs of the student in specific courses.*