

2009 AMERICAN UNIVERSITY SUMMER TRANSITION ENRICHMENT PROGRAM "WHAT TO BRING" CHECKLIST

We here at Multicultural Affairs thought that we would draw up a list of items that we find helpful in everyday life. The list isn't everything that you need, but in the metro DC area there are plenty of places to go and supplement the items you find you need as the year goes on.

Note: Standard residence hall rooms are approximately 12' x 15'. Double rooms are equipped with two standard twin size beds, two desks with chairs; two bookcases; and two Ethernet hookups; and built-in storage cabinets and closets. Triple rooms are equipped with three of each of the aforementioned items, except built-in units.

IMPORTANT TO DAILY LIFE

LINENS/BEDDING

STANDARD TWIN SIZE SHEET SET
(SHEETS AND PILLOWCASES)
BLANKETS/COMFORTER¹
PILLOWS

DESK SUPPLIES

PENCILS/PENS
HIGHLIGHTERS
PAPER (PRINTER/LOOSE LEAF)
NOTEBOOKS/3-RING BINDERS
STAPLER/STAPLES
CALCULATOR
SCISSORS
RULER/STRAIGHT EDGE
THANK-YOU CARDS/ STATIONARY
PAPER CLIPS/RUBBER BANDS

GENERAL ROOM NEEDS

TOUCH-TONE PHONE
TRASH CAN⁴
DRY ERASE MEMO BOARD FOR DOOR

ROOM AESTHETICS

ROOM DECORATIONS
TAPE/MOUNTING SQUARES⁶
POSTERS/PICTURES
PLASTIC HOOKS

TOILETRIES/SUNDRIES

TOWELS/BATHROBE
SHAMPOO/CONDITIONER
TOOTHBRUSH
TOOTHPASTE
SOAP
SHOWER CADDY²
ASPIRIN/IBUPROFEN/MEDS.
BAND-AIDS
TISSUES
SHOWER SHOES³
THERMOMETER

LAUNDRY NEEDS

DETERGENT
DRYER SHEETS
FABRIC SOFTENER
STAIN STICK
LAUNDRY BASKET

DAILY LIFE

BACKPACK/MESSENGER BAG
UMBRELLA
SURGE PROTECTOR⁵
ALARM CLOCK
CALENDAR
DICTIONARY/THESAURUS
ADDRESS BOOK
WEEKLY PLANNER
HANGERS

MAJOR APPLIANCES (IMPORTANT, BUT NOT CRUCIAL)

YOU MAY WANT TO DISCUSS THESE ITEMS WITH YOUR ROOMMATE

TELEVISION
REFRIGERATOR⁷
STEREO/CD PLAYER⁸
COMPUTER (PC/LAPTOP)⁹

VCR
DVD PLAYER
PORTABLE CD PLAYER

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GOOD IDEA TO HAVE...

COOKING SUPPLIES

POTS/PANS
CONTAINERS/TUPPERWARE
PAPER TOWELS
PLATES/SILVERWARE/CUPS
MEASURING SPOONS/CUPS
HOT POT/COFFEE MAKER/TEAPOT¹⁰
DISH TOWELS AND DISH SOAP

CLEANING MATERIALS

WINDEX/WINDOW CLEANER
DUST BUSTER/SMALL VACUUM
LINT BRUSH

MISCELLANEOUS

OVER THE DOOR HOOKS
SEWING KIT
FLASHLIGHTS
HAMMER/SCREWDRIVER
IRON/IRONING BOARD¹²
SLEEPING BAG (FOR GUESTS)
SENIOR YEARBOOK/SCRAPBOOKS

FOOD STUFFS

NON-PERISHABLE FOODS
FOOD STAPLES
SNACKS/DRINKS
MIXES

DESK SUPPLIES

GLUE/GLUE STICKS
DESK-TYPE PICTURE FRAME
NOTE PADS
INDEX CARDS
PLAYING CARDS
HOLE PUNCHER

GENERAL NEEDS

CAMERA
EXTENSION CORDS
STUFFED ANIMALS¹¹
RUBBERMAID CONTAINERS
TAPES/CDS
RAINCOAT
PLASTIC MILK CRATES
STUDY PILLOW

ENTERTAINMENT/FUN!

SPORTS EQUIPMENT¹³
FAVORITE BOOKS
GAME SYSTEM
(PLAYSTATION, ETC)
BICYCLE

¹ The weather in DC often fluctuates. The rooms are equipped with Heating and AC, but bring which type of covering suits your preference.

² You will need to carry everything you need to shower with you to the bathroom every time you go. There are many different varieties, but buy one that holds everything you need.

³ It's your choice, but they are a GREAT idea to have...

⁴ A small, four-gallon waste paper basket is often the best choice.

⁵ Power outages, while infrequent, do happen. Such outages aren't great for your computer's health, plus there aren't enough outlets in the rooms for all of your cords.

⁶ The room walls are painted cinder blocks, to which nothing adheres. Some people use double-stick tape of tacky gum, but the best things are foam mounting squares or tape. All tape must be off the wall when you leave at the end of the year.

⁷ DC fire safety codes and circuit limitations prohibit refrigerators larger than 5.0 cubic feet.

⁸ Bring earphones for your stereo for quiet hours.

⁹ The type of computer you bring should be bought to your preferences. Remember to have an Ethernet card in your computer for system compliancy. AU has several partnerships with computer companies, please log on to <my.american.edu> and click under Technology for more information.

¹⁰ Kitchen appliances are not allowed in the rooms, but you can use them in the lounges on each floor.

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¹¹ Often the best listeners, and yes, guys bring them too!

¹² Irons and ironing boards can only be used in the laundry room.

¹³ Even though you might not be on a sports team here at AU, this is still a great idea to bring for recreational purposes.