Dr. Rob Hradsky
Assistant Vice President of Campus Life
and Dean of Students
Objectives

• Understand transitions in the first few weeks and semester

• Become familiar with AU resources to support your student

• Gain an understanding of AU’s community standards and expectations of students

• Understand your role as a partner in your student’s transition
Beginning College

• Time of joy and sadness; a new life chapter is beginning

• Focus on basic needs first
  • Where will I live? How will I get around?
  • Will I like my roommate?
  • Where are my classes?
  • Where can I study?

• Questions about fitting in
  • Will I make new friends?

• Questions about personal ability
  • Can I really do this?
  • Will college be too hard?
# Adjusting to New Demands: Schedule/Time Management

<table>
<thead>
<tr>
<th>High School Schedule</th>
<th>College Schedule</th>
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<tr>
<td>7:30 - 8:20</td>
<td>9:55 - 11:10 Economics</td>
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<tr>
<td>Math</td>
<td>2:10-3:25 Biology</td>
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<td>8:25 - 9:15</td>
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<tr>
<td>Spanish</td>
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<td>9:20 - 10:05</td>
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<td>Biology</td>
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<td>10:05 - 10:55</td>
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<td>Art</td>
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<td>11:00 - 11:50</td>
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<td>Lunch</td>
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<td>11:55 - 12:25</td>
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<td>Psychology</td>
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<td>12:30 - 1:10</td>
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<td>History</td>
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<td>1:15 - 2:05</td>
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<td>English</td>
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<td>2:30 - 3:30</td>
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<td>Yearbook Meeting</td>
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<td>3:30 - 5:30</td>
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<td>Lacrosse Practice</td>
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<td>6:30 - 7:30</td>
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<td>Dinner</td>
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<td>7:30 - 10:00</td>
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<td>Homework</td>
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<td>10:30</td>
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<td>Bed</td>
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What is the Role of Competition?

We have seen how stable, lasting prices may emerge spontaneously from the flux of the marketplace, but we have passed over in silence a basic condition for the formation of these prices. This is the role played by competition.

Competition is often discussed as a somewhat unpleasant feature of economic life. Now, however, we can see that, although competition may well be unpleasant, it is indispensable—if we are to have socially acceptable outcomes for a market process.

Competition is the regulator that “supervises” the orderly working of the market, but economic competition (unlike the competition for prizes outside of economic life) is not a single contest. It is a continuing process. It monitors a race that no one ever wins, a race where all must go on endlessly trying to stay in front, to avoid the economic penalties of falling behind.

Moreover, unlike the contests of ordinary life, economic competition involves not just a single struggle among rivals, but two struggles. One is between the two sides of the markets; the other is among the marketers on each side. The competition marketplace is not only where the clash of interest between buyer and seller is worked out by the opposition of supply and demand, but also where buyers contend against buyers and sellers against sellers.
Office of the Dean of Students

The Office of the Dean of Students advocates for students’ needs and supports student learning through programs and services that promote personal growth and development and communicate the values and standards of the AU community.
Contacting the Dean’s Office

- Questions about campus resources and services
- Concerns about your son or daughter’s adjustment to college, health or safety
- Advice on how to discuss critical or sensitive issues
- Early warning signs
- General concerns about campus life
Office of Campus Life
Student Learning & Development Team

Office of the Dean of Students
Rob Hradsky, Ed.D., Dean of Students
Vacant, Associate Dean of Students
Marianne Huger, Ed.D., Assistant Dean of Students
Traci Dillard, Assistant to the Dean of Students

Academic Support Center
Kathy Schwartz, Director

Disability Support Services
Joanne Benica, Director

Student Conduct and Conflict Resolution Services
Rosie McSweeney, Director

Counseling Center
Wanda Collins, Ph.D., Director

New Student Programs
Tiffany Sanchez, Director

Student Health Center
Dan Bruey, Director

Wellness Center
Vacant, Associate Dean and Director
Encouraging Independence

• Offer support and understanding – be open-minded when listening

• Have the patience and self-control to let them succeed (and fail occasionally) on their own – balancing act

• Be clear about your expectations
  • Performance
  • Class attendance
  • Finances
  • Rules

• Encourage involvement in campus activities
• Express interest in hearing about their activities, challenges, frustrations, and goals

• Remind student that increased independence also means increased responsibility – *talk about alcohol and drugs*

• Establish regular, healthy communication

• Seek support for your own adjustment
Student Engagement

The AU journey begins with IDEAS... ideas into action and action into service

Internationalism
Diversity
Ethics
Action
Service
Community Standards

• Student Conduct Code
• Student Conduct and Conflict Resolution
• Civitas
  
  Choose... how you behave
  Act... thoughtfully
  Reflect... consider how your actions and words affect others

• Academic Integrity
Alcohol Education

All new undergraduate students are expected to complete AlcoholEdu for College prior to their arrival on campus.

Important Dates:

* **July 15, 2010** – AlcoholEdu for College is available through portal

* **August 13, 2010** – Deadline for students to complete Part I

* **October 30, 2010** – Deadline for students to complete Part II
AlcoholEdu for Parents

• An overview of the AlcoholEdu for College course

• Helpful resources:
  ➢ tips on talking to your college student about alcohol
  ➢ fact sheets on the effects of alcohol
  ➢ Information on how alcohol impairs learning and memory

parents.alcoholedu.com
Communication with Parents

Family Educational Rights and Privacy Act

• Protects records of students from time of enrollment

• Student must sign written consent to release records to anyone unless student is dependent for tax purposes

• AU offices provide release forms for students

• Access grades, finances and other information: my.american.edu
Exceptions to FERPA

• Health and safety emergencies

• Alcohol and drug violations of the Student Conduct Code

Talk with your son or daughter now about information sharing
Other Points

- Eagle News newsletter for first-year parents
- Discussing mental health needs
- Emergency preparedness
  - (www.american.edu/emergency)
    - Pandemic planning/checklist
    - Campus Connect (AU Rave)
    - DC Alerts
- Dean’s Top Ten – Eagle Summit CD
- Writer as Witness Program
Supporting Student Development

Our Role in Campus Life

• Expose your student to a variety of experiences, topics, and opportunities to challenge his/her thinking

• Provide a safe space to explore his/her independence and to make connections with others

• Advocate for your child and his/her needs

• Provide academic, social, physical and emotional support services to further your child’s success
Supports on Campus

**Academic**
- Disability support services
- Tutoring
- Writing and math support
- Honor societies

**Social and Service**
- Diversity education and programs
- Student involvement activities
- Student government
- Community service opportunities
- Greek life
- Social justice activities
Supports on Campus

Personal Wellness
• Personal counseling
• Athletics and recreational opportunities
• Spirituality observance
• Fitness center
• Wellness programs
• Mediation services and conflict coaching
• Nutritional counseling

Vocational
• Career exploration and decision-making
• Leadership development
• Internships, job postings, and on-campus employment
Additional Resources

Green, Gordon (1999). How to get straight A’s in school and have fun at the same time. ISBN: 0312866593

Advice from Students…

• Send $$
• Beware of mood swings – one minute I want to transfer, the next minute I love it here
• Don’t believe everything you read on my Facebook account
• Listen and give advice when asked
• Visit, but not too often
• Just because I don’t call you back right away, doesn’t mean that something is wrong; don’t panic
• Remember that our schedules are different
• Send more $$
Treat us like adults but never forget that we will always be your children

We love you and we miss you, even if we don’t tell you very often
Questions?

Contact Information:

Office of the Dean of Students
408 Butler Pavilion
202-885-3300
dos@american.edu
www.american.edu/ocl/dos