

**American University
First Year Fundamentals 2009**

Monday, August 17

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| 12:00 pm | Check-in and Lunch
Mary Graydon Center, Room 200 |
| 2:00 pm | University Welcome |
| 2:20 pm | Orientation Leader Group Introductions
You'll get an opportunity to know your OL and the other students in your group and to know the campus the way AU students know it. |
| 3:00 pm | Math Placement Exam
All students are required to take the Math Placement Exam. Calculators are not allowed. |
| 4:00 pm | Academic Transitions |
| 5:00 pm | Where Your Roots are Planted: Living and Learning in the Residence Halls
The college student's life can sometimes seem as though it's divided between the classroom and the residence hall. Life in the halls can be exciting and a lot of fun, but there are things that all students need to keep in mind as well. Residential Life staff will provide you with information about what it means to be a responsible member of the residence hall community at AU. |
| 5:45 pm | From Seeds to Seedlings...College Transition Issues
AU is a community where people watch out for one another. Your OLs will present situations which have occurred both on and off campus. AU staff members from the Counseling Center, Student Conduct and Conflict Resolution Services, and the Student Health Center provide information about resources available to you and your friends. |
| 6:15 pm | OL Meetings |
| 6:45 pm | Dinner and OL Meetings (I.D.E.A.S.) |
| 8:00 pm | Seeds of Diversity...A Dialogue About Our AU Community |
| 8:30 pm | OL Group Meetings |
| 9:30 .m | Live at AU...it's NSO!!!! |

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- 9:30 am **From Roots to Leaves...Working with AU Offices and Staff Members**
As a college student, there are many things that you'll need to do for yourself. They include keeping up with important deadlines, completing paperwork, and managing your money. Our orientation staff will provide you with information so that you can cruise through life at AU.
- 10:00 am **OL Meetings**
- 10:30 am **Full Sun and Ample Water...Your Health and Wellness**
This session will help you think about your first year at AU in relation to your health. Nutrition, sleep, exercise, it's all up to you.
- 11:00 am **Career Center**
The Career Center is NOT for seniors only! Staff members want students to use the Center's services and programs throughout their years at AU. Internships, career advising, merit awards, graduate and professional school advising, employer contacts - and more - will be covered.
- 12:00 pm -
1:15 pm **Lunch and the Club and Resource Fair**
The Club and Resource Fair is your opportunity to meet representatives from various university offices, student groups, and campus vendors. A complete list of participants will be available at the Mary Graydon Center Information Desk.
- 1:30 pm **Academic Meetings**
All students are **required** to attend their Academic Meeting. During this time, you will have the chance to meet with your advisor, meet other students in your school/college, and review or make changes to your schedule. Please see below for your meeting location:
- 3:00 pm **Slideshow and Evaluations**