Student Health Center

1st Floor McCabe Hall
202-885-3380

www.american.edu/healthcenter
The student’s role

● What should your student know?
  ✓ The can take responsibility for their own health and well-being
  ✓ Know what services the SHC offers
  ✓ Basics about their insurance and carry a copy of their card
  ✓ Their healthcare provider is here to work with them as a partnership

✓ Have a positive mind-set...We are here to HELP!
Eligibility for Health Center Services

- **All** currently registered students are eligible to be seen.

- Regardless of:
  - # of credits they are taking
  - Type of Insurance coverage
Confidentiality

- Medical records must be treated as confidential information under federal, state, and university policies.

- The Student Health Center *cannot* not release any medical information without the *signed consent* of the patient.
“Who will be taking care of my child if s/he gets sick?”
Meet the SHC providers

David S. Reitman, M.D.
Kelli Karacki, PA-C
Elspeth Dwyer, PNP-C
Heidi Sequeria, FNP

Elizabeth Krauss, FNP-C
Desiree Francis, PA-C
Sarah Hynes, BSN
Kaitlin Strother, RN
Services

**Primary Care - Types of visits**

<table>
<thead>
<tr>
<th>Upper Respiratory Infections</th>
<th>Viral syndrome</th>
<th>Dysuria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pharyngitis (sore throat)</td>
<td>Asthma</td>
<td>Urinary Tract Infection</td>
</tr>
<tr>
<td>Acute Sinusitis</td>
<td>Yeast infections</td>
<td>Acne</td>
</tr>
<tr>
<td>Bronchitis</td>
<td>Strains and Sprains</td>
<td>Rash</td>
</tr>
<tr>
<td>Common Cold</td>
<td>Abdominal Pain</td>
<td>Skin infections</td>
</tr>
<tr>
<td>Cough</td>
<td>Conjunctivitis</td>
<td>Skin Disorders</td>
</tr>
<tr>
<td>Allergic rhinitis</td>
<td>Fatigue</td>
<td>Contraceptive Management</td>
</tr>
<tr>
<td>Sprains/Strains</td>
<td>STI Testing</td>
<td></td>
</tr>
<tr>
<td>Tonsillitis</td>
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</tr>
</tbody>
</table>
Services

- Routine Physical Examinations
- Gynecological Exams
- Sick visits
- Allergy Injections
- Immunizations
- Lab Tests (i.e. blood draws)
- Flu Shots
- Limited Psychiatric Services
Lab Services

- **On-site lab testing:**
  - Mono tests
  - Rapid Strep tests
  - Influenza tests
  - HIV tests
  - TB skin tests
  - Urinalyses
  - Urine Pregnancy tests
  - H. pylori

- **Comprehensive Lab work processed off-site**
Medications

- Electronic Prescriptions.
- Limited on-site medications
  - (starting Fall 2015)
- Three pharmacies within walking distance or a shuttle ride from campus
**FEES**

- **The Student Health Center does not bill insurance plans.**
  - Private Insurance: SHC can print out a claim receipt

<table>
<thead>
<tr>
<th>Service</th>
<th>AU Insurance</th>
<th>Other Insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care</td>
<td>$20</td>
<td>$20</td>
</tr>
<tr>
<td>GYN Annual Exams</td>
<td>$0</td>
<td>$30</td>
</tr>
<tr>
<td>Physical Exams</td>
<td>$0</td>
<td>$30</td>
</tr>
<tr>
<td>Psychiatric Care</td>
<td>$35-$75</td>
<td>$35-$75</td>
</tr>
<tr>
<td>Medications</td>
<td>$5</td>
<td>$15-20</td>
</tr>
<tr>
<td>Immunizations</td>
<td>$0</td>
<td>$10-$150</td>
</tr>
</tbody>
</table>

- **Eagle Bucks, Cash, Check, Credit Card (Visa and MasterCard only)**

- **Missed Appointments = $20 fee.**
Hours

Monday to Friday
8:30am-6pm

- Appointments ONLINE
- Same –Day appointment
- Evening hours Monday and Thursday until 8pm
  - Emergencies will be given priority
  - Nurse Advice Line 24 Hours
After Hours Care

- Medical Nurse Advice Line
- Emergency Room-Sibley Memorial Hospital
  - Contact Public Safety and/or residency hall staff member to get a cab voucher
  - If you need an ambulance, call Public Safety’s Emergency line 202-885-3636
- Local Urgent Care Centers or Minute Clinics
- The average cost of a routine ER visit in DC is between $450 and $700
Required Immunizations

District of Columbia Immunization Law Mandates in order to attend classes students under the age of 26 must be vaccinated against:

- MMR (measles, mumps, rubella)
- Td (tetanus, diphtheria) (Tdap recommended)
- Varicella (chicken pox) **2 vaccines****
  - Date of Illness (month/year) OR Varicella Titer
- Hepatitis B
- Meningococcal vaccine (ON-CAMPUS ONLY)
  - Option # 1 - Vaccination Dates
  - Option # 2 – Sign Waiver
- We recommend HPV vaccine and a recent TB test
Immunizations

- **DC Law: MANDATORY**: Have a medical provider complete the Mandatory Immunization Form available at (www.american.edu/healthcenter)
- Submission Deadline August 1
How to Submit Immunization Information

- Visit [www.american.edu/healthcenter](http://www.american.edu/healthcenter) and click on the Enter My Immunization Information Online link
- Also, we can receive via
  - Fax: 202-885-1222
  - Email: immunization@american.edu
  - Mail:  
    Student Health Center  
    American University  
    McCabe Hall  
    4400 Massachusetts Ave, NW  
    Washington, DC 20016
Immunizations: What Happens Next?

- Original Copy of Immunization
  - Fax
  - Upload online
  - Email (immunizations@american.edu)
  - Mail
- ALSO, online entry.
- If not in compliance, student will receive an e-mail
- If not in compliance, an immunization hold will be placed
Health Insurance

- Full-time degree students
- Residential students
- International students
  - (F1, J1 visas)
How does the Student Health Insurance Plan premium affect a student account?

- Premium automatically assessed to student account if in a required category

- Waive by the deadline of Aug 1, 2015 if you wish to remain covered under comparable plan
  - Waiver form is available on the student portal under Life@AU by clicking on Student Health Insurance Plan

- Premium will be assessed every year student is in a required category.
Health Insurance

- Offered by UnitedHealthcare StudentResources
- Policy Date: August 1, 2015-July 31, 2016
- Open Enrollment
- Premium Cost $1,800
- Referral Requirement - SHC is always the first stop (except for the ER)
## Insurance Comparison

<table>
<thead>
<tr>
<th></th>
<th>AU Insurance</th>
<th>Private Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Benefits</td>
<td>Unlimited</td>
<td>?</td>
</tr>
<tr>
<td>Co-Insurance</td>
<td>80% In Network, 60% Out of Network</td>
<td>?</td>
</tr>
<tr>
<td>Deductible</td>
<td>$200 In Network, $500 Out of Network</td>
<td>?</td>
</tr>
<tr>
<td>Pharmacy Benefits</td>
<td>$10 generic, $35 brand, $50 for non-formulary, mail order option</td>
<td>?</td>
</tr>
<tr>
<td>Emergency Coverage</td>
<td>Included</td>
<td>?</td>
</tr>
<tr>
<td>Overseas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Evacuation</td>
<td>Included</td>
<td>?</td>
</tr>
<tr>
<td>Premium</td>
<td>$1800</td>
<td>?</td>
</tr>
</tbody>
</table>
Things To Remember

- All students are eligible for SHC services as long as they are enrolled in 1 credit
- Waive Insurance Coverage before August 1
- Talk to your students about your insurance policy
- Immunization hardcopy must be submitted by August 1
QUESTIONS?