Parents As Partners in Keeping Students Healthy!

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Sharing the responsibility in keeping your student healthy!

 PHYSICIAN
 PHYSICIAN ASSISTANTS
 NURSE PRACTITIONER
 REGISTERED NURSE
 MEDICAL ASSISTANT
 HEALTH EDUCATORS

 202-885-3380
 www.american.edu/healthcenter
Today’s Topics and your role!

- Services
- Access
- Fees
- Immunization
- Insurance
- Tuition Refund Plan
Eligibility for Services

- All currently registered students are eligible to be seen at the Student Health Center
Confidentiality

- All medical records are treated as confidential information under applicable federal and state laws, as well as university policies. The Student Health Center will not release any medical information without the signed consent of the patient.
Services

- Evaluation and treatment of commonly experienced illnesses and injuries
- Gynecological care
- Routine physical examinations
- Allergy injections
- Flu shots
- Immunization/Travel Vaccinations
- Limited psychiatric care
Upper Respiratory Infection
Allergic Rhinitis
Pharyngitis
Mononucleosis
Abdominal Pain
Gastroenteritis
Conjunctivitis
Bronchitis / Pneumonia
Asthma
Urinary Tract Infection
Common Skin Disorders
Sprains / Strains
Medication Refill
Contraceptive Counseling / Management
Psychiatric Services

- Diagnostic assessment and screening, initiation of treatment in uncomplicated cases (e.g. cases of anxiety or depression that are not severe)
- Medication management
- Need all prior records before an appointment is made
- Links to the community
Psychiatric Services

- Email Edythe Cook at edythe@american.edu for additional information.

- Call Edythe Cook at 202-885-3201 for assistance.
Lab Services

- On-site lab tests

- Additional lab work is obtained on the premises and sent to an outside lab

- Outside lab bills your insurance company for these services

*The Student Health Center does not bill insurance plans.*
Medications

- On-site dispensary that includes commonly prescribed medications
- Provides a low cost ($15-20), convenient option
- Pharmacies are located less than ½ mile from AU
  - Accessible by AU shuttle
  - Walking Distance
How can a student access care?

Monday – Friday 9:00 am – 6:00 pm

- Appointments ONLINE
- Same -Day appointment
- Walk-in patients are scheduled in the next available appointment slot
- Emergencies will be given priority
What happens when the Student Health Center is closed?

- **Emergencies**
  - **On Campus**
    - In residence halls coordinated through RA’s and RD’s
    - Public Safety
    - Sibley Hospital (approximately 2 miles from AU)
  - **Off Campus**
    - 911
What happens when the Student Health Center is closed?

- **Non-Emergencies**
  - Nurse Advice Line
  - Contact Public Safety: free voucher to Sibley Hospital ED/Fast Track
  - Urgent Care Facilities (Medics USA, Metropolitan Walk-In Center, Farragut Medical and Travel, etc.)
Fees

Fees per visit

- Primary Care $20
- GYN $30
- Routine Physical Exams $30
- Psychiatric Care $75, $35

- Additional fees for onsite diagnostic tests ($10-20), medications ($15-20), lab tests out-of-pocket (varies), immunizations ($10-100), etc.

- Eagle Bucks, Cash, Check, Credit Card (Visa and MasterCard only)

The Student Health Center does not bill insurance plans.
Immunization Requirements

REQUIRED (District of Columbia Immunization Law)

- MMR (measles, mumps, rubella)
- Tdap (tetanus, diphtheria, pertussis)
- Varicella (chicken pox)
  - Option #1-Vaccination Dates
  - Option #2-Date of Illness + Varicella Titer
  - Option #3-Date of Illness (mo/year) + Medical Provider Signature

- Hepatitis B

- Meningococcal vaccine (ON-CAMPUS ONLY)
  - Option # 1-Vaccination Dates
  - Option # 2-Sign Waiver
Immunization Requirements

- **Strong Recommendations**
  - TB Test
  - Gardasil Vaccine (HPV)

- **Note**: All dates must reflect immunization schedule/guidelines to meet compliance
Email notification sent to student’s AU email address.

Registration for future semesters blocked if not in compliance!
Health Insurance

- Full-time degree students
- Resident students
- International students
  - (F1, J1 visas)
How does the Student Health Insurance Plan premium affect a student account?

- Premium automatically assessed to student account if in a required category.
- Waive by the deadline of August 1, 2010 if you wish to remain covered under comparable plan.
- Premium will be assessed every year student is in a required category.
Student Health Insurance Plan
A Few Things To Consider

- Plan Year
- Open Enrollment
- Cost of Plan
  - Individual student coverage
  - Annual premium is $1,670.00
- Preferred Provider Network - CareFirst Blue Cross Blue Shield
- RX Drug Coverage
- Coverage Abroad
- Plan Maximum - $250,000 per Accident or Illness
Where can I obtain additional information on the benefits of the Student Health Insurance Plan?

- [www.myaustudentinsurance.com](http://www.myaustudentinsurance.com)
- [www.american.edu/healthcenter](http://www.american.edu/healthcenter)
What if I wish to remain covered under a comparable plan?

- Complete a waiver on-line
  - Student Eagle Net ID and password
  - http://my.american.edu
  - Click on Finances or Health and Well-Being
  - Click on Student Health Insurance Plan
  - Provide details of comparable coverage and submit
  - Confirmation sent to AU email address

Waiver deadline is: August 1, 2010
Tuition Refund Plan

- Elective insurance that enhances American University’s published refund policy

- Applications due before the first day of class

- Undergraduate campus resident rate is $280.00 for the academic year
  - Pro-rated for Spring enrollment

- Information and enrollment form available at www.tuitionrefundplan.com and Student Health Center
QUESTIONS?