FACT OR MYTH?
The Student Health Center is run by AU pre-med college students.
who?
who?
why go?

- Pharyngitis (Sore Throat)
- Allergic Rhinitis
- Common Cold
- Abdominal Pain
- Contraceptive Management
- Common Skin Disorders
- STI screening
- Urinary Tract Infection
- Conjunctivitis
- Sprains/Strains
- Bronchitis/Pneumonia
- Medication Refill
Hours
Monday-Friday
9am-6pm
fact or myth?

• There’s no way for me to get help if I’m sick on the weekend and I’m on campus.
After Hours and Emergency Care

- Call the Nurse Advise Line 1-866-900-7162
- Talk with your RA/RD
- Contact Public Safety for a voucher to Sibley Hospital ED and back to AU
- Sibley Hospital Fast Track (part of ED)
- Urgent Care Facilities (Medics USA, Metropolitan Walk-In Center, Farragut Medical and Travel, etc.)
emergencies
emergencies

difficulty breathing
emergencies

difficulty breathing

weakness, sudden dizziness
emergencies

- persistent vomiting or diarrhea
- difficulty breathing
- weakness, sudden dizziness
emergencies

persistent vomiting or diarrhea

difficulty breathing

weakness, sudden dizziness

changes in vision
emergencies

persistent vomiting or diarrhea
difficulty breathing
weakness, sudden dizziness
fracture
changes in vision
emergencies

- persistent vomiting or diarrhea
- difficulty breathing
- weakness, sudden dizziness
- fracture
- changes in vision
- suicidal or homicidal feelings
emergencies

- persistent vomiting or diarrhea
- difficulty breathing
- weakness, sudden dizziness
- fracture
- changes in vision
- suicidal or homicidal feelings
- chest pain

Tuesday, October 26, 2010
emergencies

persistent vomiting or diarrhea

alcohol poisoning
difficulty breathing

weakness, sudden dizziness

fracture

changes in vision

suicidal or homicidal feelings

chest pain

Tuesday, October 26, 2010
emergencies

- persistent vomiting or diarrhea
- alcohol poisoning
- difficulty breathing
- weakness, sudden dizziness
- fracture
- changes in vision
- suicidal or homicidal feelings
- chest pain
- changes in mental status

Tuesday, October 26, 2010
emergencies

persistent vomiting or diarrhea

alcohol poisoning
difficulty breathing

weakness, sudden dizziness

fracture

changes in vision
chest pain

suicidal or homicidal feelings

changes in mental status

coughing or vomiting blood
emergencies

persistent vomiting or diarrhea

difficulty breathing

alcohol poisoning

weakness, sudden dizziness

severe pain

fracture

changes in vision

suicidal or homicidal feelings

chest pain

coughing or vomiting blood

changes in mental status
emergencies

uncontrolled bleeding
alcohol poisoning
weakness, sudden dizziness
fracture
suicidal or homicidal feelings
coughing or vomiting blood
persistent vomiting or diarrhea
difficulty breathing
severe pain
changes in vision
chest pain
changes in mental status
Tuesday, October 26, 2010
emergencies

uncontrolled bleeding
alcohol poisoning
weakness, sudden dizziness
fracture
suicidal or homicidal feelings
coughing or vomiting blood
persistent vomiting or diarrhea
difficulty breathing
severe pain
changes in vision
chest pain
changes in mental status
YOUR JOB
know the basics
If I’m not using AU’s health insurance plan, I only have to waive my AU insurance one time.
boring stuff

insurance...you gotta have it
if you don’t want ours....waive
yes...you must waive every year

immunization...don’t ignore our emails
appointments
appointments

seek care early
make an appointment
arrive at least 15 minutes early
be prepared to wait
appointments
appointments

au id    method of payment
insurance card    cell phone
appointments

method of payment

insurance card  cell phone
appointments

method of payment

cell phone
appointments

cell phone
Fact or Myth?

My parents will know everything about my visits at the Student Health Center.
involvement
parental involvement
confidentiality
fees
fees

follow-up
fees

follow-up

feedback

SHAC UP!
RESPONSIBLE

Healthy behaviors
only taking prescription drugs
getting enough sleep    eating healthy foods
not smoking    coping with stress in positive ways
avoiding high risk drinking
forming good friendships and positive relationships
only taking prescription drugs

getting enough sleep  eating healthy foods

not smoking  coping with stress in positive ways

avoiding high risk drinking

forming good friendships and positive relationships
taking only prescription drugs
not smoking
eating healthy food  getting enough sleep
eating healthy food  getting enough sleep
healthy relationships including sexual relationships
healthy relationships including sexual relationships
Student Health Center
Fact or Myth?
The Student Health Center is the only place I can go for medical resources.
Wellness Center
QUESTIONS?