Taking Flight

MARIANNE HUGER THOMSON
JIMMY ELLIS
Take a moment to think...
Who are we?
Strategic Partners
ACADEMICS

First Semester Actions You Can Take

Visit, Attend, Participate
Persevere, Learn, Grow
Use Time Effectively
Remember to Practice the Basics

Student A

Student B
Take a moment...

What study habits do you have that help you succeed?

What modifications will you need to make?
Engage Socially
Take a moment...

How do you recharge and stay motivated?

How will you make AU your home?
Take a moment to... treat yourself

Small luxuries.  
DC Exploration.  
Healthy living.  
Quiet AU moments.  
All of the above.
Expect the Unexpected
Your Semester at AU

Honeymoon period

First assignments

Social connections

Midterms/Thanksgiving

Finals
OL Bradley's Experience

- Adjusted well and found great friends
- Found a balance
- Lost priorities
- Lost self
- Involvement
- Roommate problems
- Found different interests
#OLJenae’s Experience

- Optimistic/Nervous
- Found resources to help me with classwork
- Had trouble with math
- Wasn't that involved in campus
- Found my place on campus
## Typical Day: HS vs. AU

### MONDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Class/Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 8:20</td>
<td>Math</td>
</tr>
<tr>
<td>8:25 – 9:15</td>
<td>Spanish</td>
</tr>
<tr>
<td>9:20 – 10:05</td>
<td>Biology</td>
</tr>
<tr>
<td>10:05 – 10:55</td>
<td>Art</td>
</tr>
<tr>
<td>11:00 – 11:50</td>
<td>Lunch</td>
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<tr>
<td>11:55 – 12:25</td>
<td>Psychology</td>
</tr>
<tr>
<td>12:30 – 1:10</td>
<td>History</td>
</tr>
<tr>
<td>1:15 – 2:05</td>
<td>English</td>
</tr>
<tr>
<td>2:30 – 3:30</td>
<td>Yearbook Meeting</td>
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<tr>
<td>3:30 – 5:30</td>
<td>Lacrosse Practice</td>
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<tr>
<td>6:30 – 7:30</td>
<td>Dinner</td>
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<tr>
<td>7:30 – 10:00</td>
<td>Homework</td>
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<tr>
<td>10:30</td>
<td>Bed</td>
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<td>Biology</td>
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Keep this in mind...
Valuable insights and timely support to help you thrive in your first year.

- Personalized Reports
- Connection to Resources
- Important for Success

Program Begins on September 21, 2015
Invitation will be sent to your AU email address
We’re here to help.
Common Goal: Graduation
Questions?

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