



Health and Nutrition Organizations

American Cancer Society

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

Contact: 202-483-2600 / www.cancer.org / 1875 Connecticut Ave, NW Suite 730, Washington DC, 20009

Andromeda

Bilingual and bicultural mental health services for the Latino community, including: Adult Mental Health and Crisis Intervention; Substance Abuse Treatment and Prevention; HIV/AIDS Mental Health and Case Management.

Contact: (202) 291-4707 / galbisb@aol.com / www.andromedahealthcenter.org
1400 Decatur Street, NW, Washington, DC 20011

Arts for the Aging

Arts for the Aging is a pioneering organization that provides outreach programs specially designed to engage older adults in health improvement and life enhancement through the arts. Research shows that regular participation in programs like AFTA's help to minimize age-related physical and cognitive impairments, and contributes to better physical, intellectual and emotional health.

Contact: Jessica Ryan (301) 718-4990 / program.director@aftaarts.org / www.aftaarts.org
6917 Arlington Road, Suite 352, Bethesda, MD 20814

Back on My Feet DC

Back on My Feet is a non-profit organization that promotes the self-sufficiency of those experiencing homelessness by engaging them in a running program as a means to build confidence, strength and self-esteem. The organization does not provide food or shelter, but instead provides a community that embraces equality, respect, discipline, teamwork and leadership. There are no labels, no stigmas and no stereotypes. At Back on My Feet, all members – regardless of race, education or socioeconomic status – join together to move their own lives forward as well as the lives of their teammates.

Contact: (202) 488-2046 / www.dc.backonmyfeet.org
1725 I Street NW, Suite 200, Washington DC 20006

Bread for the City

Bread for the City offers programs for low-income residents of Washington DC which include food and clothing distribution, primary medical care, legal advice and representation, and comprehensive social services.

Specifically, the Medical Clinic offers free primary health care to patients who are uninsured, members of the DC Healthcare Alliance or recipients of Medicaid.

Contact: info@breadforthecity.org / Matthew Hall: (202) 386-7606 / Valentine Woods: (202) 386-7611
www.breadforthecity.org / 1525 7th St. NW, Washington DC 20001

Children's National Medical Center

Plan activities and play games with children and teenagers who are hospitalized in the in-patient units or awaiting surgery in the Emergency Room. CHAMP (Children's HIV and AIDS Model Program) is one of the largest providers of support and services for children infected with HIV.

Contact: (202) 476-2062 / www.childrensnational.org / 111 Michigan Ave, NW Washington, DC 20010

Clínica del Pueblo

Free health services in the Latino community offering primary care, mental health and substance abuse, HIV/AIDS, interpreter service, social services as well as health education and outreach.

Contact: (202) 462-4788 / www.lcdp.org / 2831 15th Street, NW, Washington, DC 20009

Columbia Lighthouse for the Blind

Offers programs that enable individuals who are blind or visually impaired to obtain and maintain independence at home, school, work and in the community. Services include: Early intervention services, Career placement services, Rehabilitation services, among others.

Contact: (202) 454-6400 / info@clb.org / www.clb.org
1120 20th Street, NW Suite 750 South, Washington DC 20036

Columbia Road Health Services

Offers medical, dental, mental health and social services regardless of ability to pay. Also advocates for patients on a personal and community basis, instilling hope through encouragement and guidance for positive change.

Contact: Anjali Aiyappa (202) 328-3717 x 258 / www.crhs.org
1660 Columbia Road, NW, Washington, DC 20009

Family Health & Health Center

The Family Health and Birth Center (FHBC) is a full scope birth center providing prenatal, birth, postnatal, gynecological and primary health care to women and their families in NE Washington D.C.

Contact: Angela Ewing Boyd: 202-398-5520 / www.yourfhbc.org
801 17th Street NE, Washington, DC 20002

Food and Friends

Prepare, package, and deliver meals and groceries to nearly 1,000 people living with HIV/AIDS and other life-changing illnesses such as breast, lung, and colon cancer through Washington, DC, Maryland, and Virginia.

Contact: (202) 269-2277 / volunteerinfo@foodandfriends.org / www.foodandfriends.org
219 Riggs Road, NE, Washington, DC 20011

Food, Research, Action Center (FRAC)

This is a leading national organization working to improve public policies to eradicate hunger and malnutrition in the United States. FRAC is a nonpartisan research and public policy center that serves as the hub of an anti-hunger network of thousands of individuals and agencies across the country

Contact: (202) 986-2200 / webmaster@frac.org / www.frac.org
1875 Connecticut Ave., NW Suite 540, Washington, DC 20009

Helping Individual Prostitutes Survive (HIPS)

Assistance to female, male, and transgendered individuals engaging in sex work in Washington, DC. Using a harm reduction model, HIPS' programs strive to address the impact that HIV/AIDS, sexually transmitted infections, discrimination, poverty, violence and drug use have on the lives of individuals engaging in sex work.

Contact: (202) 232-8150 / jeff@hips.org / PO Box 21394, Washington DC, 20009

Mary's Center

Mary's Center is a Federally Qualified Health Center serving the underinsured and underserved communities in DC and Montgomery County. They offer medical, dental, social and education services. In the past volunteers have: tutored teens after school, read to children in waiting rooms, performed administrative help to clinical staff and performed assistance to dental clinic.

Contact: 202-420-8196 / volunteer@maryscenter.org / www.maryscenter.org
2333 Ontario Rd, NW, Washington, DC 20009

National Capital Poison Center

Volunteers participate in activities to increase awareness of poison center services to the general public and fundraising activities to enable on-going poison center services to continue. Help is needed with bulk mailings, participating in brainstorming sessions for fundraising ideas, creating jingles for public service announcements, graphic design projects, providing presentations in your local community, distributing free magnets and stickers with the poison center's telephone number, and other projects being implemented.

Contact: (202) 362-3867 / www.poison.org / 3201 New Mexico Avenue Suite 310, Washington DC 20016

National Osteoporosis Foundation

The mission of NOF is to prevent osteoporosis, to promote lifelong bone health, to help improve the lives of those affected by osteoporosis and related fractures, and to find a cure. NOF achieves its mission through programs of awareness, public and health professional education, advocacy and research

Contact: 202.223.2226 / www.nof.org / 1232 22nd Street, NW, Washington DC, 20037

Neighbors' Consejo

Established in 1994, Neighbors' Consejo is the only Latino, bilingual, and multicultural agency specializing in the prevention of homelessness in the Washington, D.C. metropolitan area. Neighbors' Consejo is committed to helping homeless men and women who suffer from addiction, alcoholism and mental health problems.

Volunteers are needed for outreach, computer literacy, intake and fundraising.

Contact: 202-234-6855 / www.neighborsconsejo.org / 3118 16th St. NW, Washington DC, 20010

Planned Parenthood

Planned Parenthood of Metropolitan Washington's mission is to provide high quality, affordable reproductive health care; promote education programs that empower all individuals to make informed and responsible reproductive choices; and to protect the right to make those choices

Contact: 202-347-8500 / www.ppmw.org / 1108 16th Street, NW, Washington DC, 20036

Salomon Zelaya Rehabilitation Center

The Center's mission is to assist Hispanic homeless drug addicted men with re-entering society and to become productive members of their community. The Center provides the following services: transitional housing, life skills, job training, substance abuse counseling and coordination of social services. The Center also does substantial outreach with homeless Latinos.

Contact: 202.745.7719 / 1345 Newton Street, NW, Washington, DC 20010

Second Genesis

Second Genesis is a drug and alcohol rehabilitation program with residential and outpatient treatment centers in Maryland, Virginia, and Washington, DC. The program treats men and women, including pregnant women, women with their children, and adolescents with their families. The program incorporates interventions for addictions, vocational services, educational services, social skill building, relapse prevention, and the life skills essential to recovery.

Contact: 301.563.1545 x317 / www.secondgenesis.org / 8611 Second Avenue, Ste. 300., Silver Spring, MD

Spanish Catholic Center

The Center's services include: three health clinics; a dental clinic; the Health Advisory Program; the Immigration Service, program assisting clients with INS forms and legal documents and sponsors, citizenship classes; employment referrals and counseling; translation, assistance with income tax preparation; English-as-a-Second Language, Literacy Education; and training courses.

Contact: 202.332.6664 / 202.939.2431 / 618 Monroe Street, NW, Washington, DC 20009

St. Jude Children's Research Hospital

St. Jude is unlike any other pediatric treatment and research facility. Discoveries made here have completely changed how the world treats children with cancer and other catastrophic diseases. With research and patient care under one roof, St. Jude is where some of today's most gifted researchers are able to do science more quickly.

Contact: (703) 351-5171 / erica.baca@stjude.org / www.stjude.org
4600 North Fairfax Drive, Suite 102, Arlington, VA 22203

Teens Run DC

Teens Run DC empowers at-risk youth to envision and work towards the achievement of personal goals through an adult mentoring and distance running program. Students learn greater responsibility, discipline, perseverance, and goal-setting skills as they train for progressively longer distance races. They become healthier and feel better about themselves. Between running leaders and individual mentors who serve as strong, positive role models and peers working towards similar goals, Teens Run DC strives to create a caring community and a sense of belonging that is not the experience of most of the teens that we serve.

Contact: Ben Forman: (301) 986-0626 / BensonForman@gmail.com / www.teensrundc.org

The Washington Home & Community Hospices

The Washington Home works to provide quality healthcare and end-of-life services with compassion and innovation to foster dignity and independence in those it serves. Volunteer opportunities include working directly with residents, administrative support, ground work, and event planning.

Contact: Barrington Scott: (202) 895-0104 / bscott@thewashingtonhome.org / www.communityhospices.org / 3720 Upton Street, NW

Whitman-Walker Clinic

Whitman-Walker Clinic is a non-profit community-based health organization serving the Washington, D.C. metropolitan region. Established by and for the gay and lesbian community, our Clinic is comprised of diverse volunteers and staff who provide or facilitate the delivery of high quality, comprehensive, accessible health care and community services. Whitman-Walker Clinic is especially committed to ending the suffering of all those infected and affected by HIV/AIDS. Volunteers are also needed for the annual AIDS Walk.

Contact: Mary Murry: volunteer@wwc.org / 202.939.1526 / www.wwc.org
1701 14th St., NW, Washington DC, 20009

A Wider Circle

The mission of A Wider Circle is to empower children and adults to break the cycles of poverty and poor health. Its comprehensive wellness programming helps individuals gain greater control of their wellbeing, while the delivery of furniture, home goods and more helps individuals and families meet their basic needs.

Contact: 301.608.3504 / contact@awidercircle.org / www.awidercircle.org
4808 Moorland Lane Suite 802, Bethesda MD, 20814