



The Weekly Green

Committed to Going Greener Week by Week in Campus Life

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Eco-Friendly in the Office:

Pot Luck Mania



For those attending the potluck this Thursday (i.e. all of us), I thought I would compile a list of websites where you can find some easy and green ideas for your dish. Please remember to let Halley know what you'll be bringing!

- www.care2.com/greenliving/food-recipes
- www.organicvalley.coop/recipes
- www.organicauthority.com/organic-food-recipes
- www.horizonorganic.com/kitchen-recipes.organic.org
- www.kiwimagonline.com/recipes
- www.easybakingtips.com

And if you're planning on purchasing your contribution, try these places located in the D.C. area

- **Whole Foods Market** (4530 40th St NW, 2323 Wisconsin Ave NW, 5269 River Rd, 2700 Wilson Blvd, 1440 P St NW)
- **Yes! Organic Market** (3425 Connecticut Ave NW, 1825 Columbia Rd NW, 3809 12th St NE, 4100 Georgia Ave NW, 2123 14th NW)
- **Bethesda Co-op** (6500 Seven Locks Rd)

Eco-Friendly in the Home:

Making the Holidays a Tad Greener



This week's tips involve things you can do for the holiday season to make them just a little greener-every bit helps!

- Use rechargeable batteries in your digital cameras for all those parties you'll be attending
- Recycle the bottles you use during your own holiday get-togethers; helpful to the environment AND profitable!
- Turn down your heat and put on a few extra layers
- Use non-toxic de-icers on your driveway and walkway; sand works

well for traction on icy spots

- Purchase recycled cards or cards containing post consumer material (it'll say it right on the box)
- Use beeswax candles (they're paraffin and toxin free, causing them to burn longer)
- Use LED lights to decorate; they're cool to the touch and use up to 15% less energy than standard lights

Courtesy of the following websites:
www.tearth911.com
www.ehow.com

Due to a holiday break, the *Weekly Green* will not run next week. Have a very safe, happy and **green** week!

Weekly Tasks

- Strive for a green potluck dish
- Green your winter by turning down the heat, recycling, purchasing LED lights and beeswax candles, and using organic products whenever possible

Helpful Website of the Week

www.treehugger.com

Lots of green gift ideas!

Cheap Eco-Friendly Gifts

1. **Organic coffee** (www.larrysbeans.com)
2. **Water bottle** (www.sigg.com)
3. **Burt's Bees** (www.burtsbees.com)
4. **Wood bracelets** (www.bettybelts.com)