



Weekly Greening

Committed to Going Greener Week by Week in Campus Life

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Eco-Friendly in the Office:

Lunch Time



Yes another way to go green? Reusable lunch bags! Here are some of my faves:

Built NY Gourmet Getaway

Made of neoprene, it's well insulated and stretches to accommodate
Find at: builtny.com, The Container Store, Target



Mimi the Sardine

100% lead-free, machine washable
Find at: mimithesardine.com, amazon.com



Bazura Bags

100% lead-free, handmade
Find at: bazurabags.com



Laptop Lunches

Comes with 5 reusable microwave safe containers
Find at: laptoplunches.com



Mangia! Flatware Set

This nifty set is made of stainless steel and comes with a snap-on cover
Find at: The Container Store



Courtesy of

www.reusablebags.com

Eco-Friendly in the Home:

Sore Throat Tea Recipe



Ingredients

An inch of Ginger Root
Honey
Fresh Lemon

- Take about an inch of ginger root and peel and slice into 4 or 5 pieces.
- Add a heaping spoonful of honey.

- Add about a tablespoon of fresh lemon.
- Mix with hot water and you've got a highly recommended treatment for a sore throat.

Thanks Kathy!

Courtesy of
[Kathy Schwartz](http://Kathy_Schwartz)

What's Your Organic Food IQ?

thedailygreen.com

Weekly Tasks

- Think of ways to cut down on your lunch waste: bring reusable bags, containers, and utensils
- Bring reusable bags to other aspects of your life, like grocery shopping

Helpful Website of the Week

www.reusablebags.com

Fact Check

380 billion plastic bags are used each year in the US alone. Of those, only **1%** are recycled.

environmental-activism.suite101.com