

# Reversing Racial Segregation in U.S. Cities: Making a Magic Strategy

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The New School

**HE TOLD HIS LAST BABY MAMA  
HE'D STAY WITH HER TOO.**

**BE A KID. DON'T HAVE ONE.**

THERE ARE ONLY TWO WAYS TO PREVENT TEEN PREGNANCY --  
USE BIRTH CONTROL EVERY TIME OR DON'T HAVE SEX.

[WWW.DCCAMPAIGN.ORG](http://WWW.DCCAMPAIGN.ORG)



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# WAYS TO PROMOTE HEALTH WITH PRESCHOOLERS

## CHILD CARE:



Teacher leads indoor or outdoor physical activity, and children are served healthy meals and snacks during the day.

## HOME:



Start with a healthy breakfast.

## DOCTOR'S OFFICE:



Weight, height, and BMI are measured; nutrition and physical activity counseling are provided; and nutrition education support services are referred when appropriate.

## COMMUNITY FARMERS' MARKET:



Pick up fruits and vegetables to cook for dinner.

## LOCAL SCHOOL PLAYGROUND AND/OR NEIGHBORHOOD PARK:



Children and parents walk to local school playground or neighborhood park to play.



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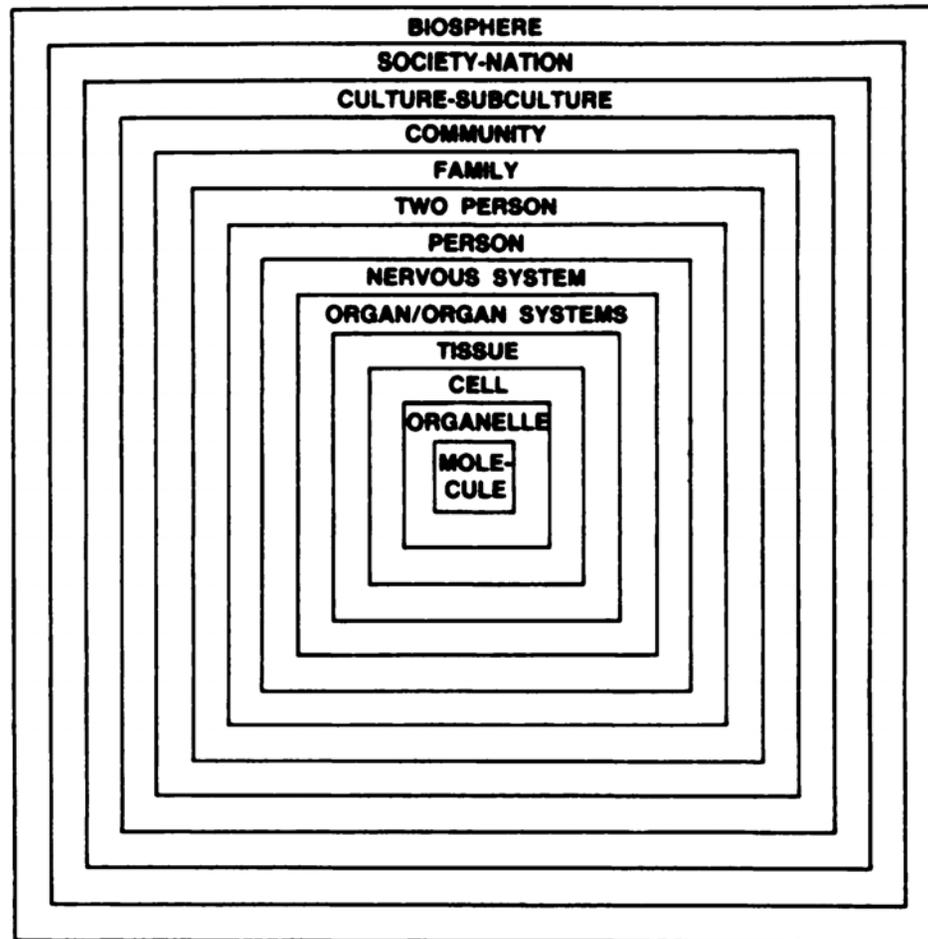
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**FIGURE 2**  
**Continuum of Natural Systems**



George Engel, 1980

## Dr. Alexander Leighton's endpoints of the social integration continuum

### **Disintegration**

- Few and weak leaders
- Small, fractured networks
- Differing sentiments
- Concern for self, "I"
- Higher rates of illness and social pathology
- Illness more difficult to manage

### **Integration**

- Small number of strong leaders
- Large networks that can pass information
- Shared sentiments
- Commitment to collective good, "WE"
- Rates of illness comparatively low
- Management facilitated

# Destabilization of Harlem, New York

All data from: Watkins, 2000

\*for year 1953

†Multi-drug resistant tuberculosis

Year	Key Events	Population		Housing Units	Labor Force Participation	Two-Parent Families	Infant Mortality (rate per 1000 births)	
		Harlem	Manhattan				Harlem	Manhattan
1950	Urban renewal	264,000	1,960,101	69,962	61%	72%	40*	30*
1960	Loss of industry	232,792	1,698,281	87,380	63%	65%	49	33
1970	Planned shrinkage	182,779	1,539,233	73,703	54%	58%	40	22
1980	AIDS and crack era	121,898	1,428,285	63,570	43%	22%	26	14
1990	MDR TB†	115,413	1,487,536	54,090	49%	16%	29	11

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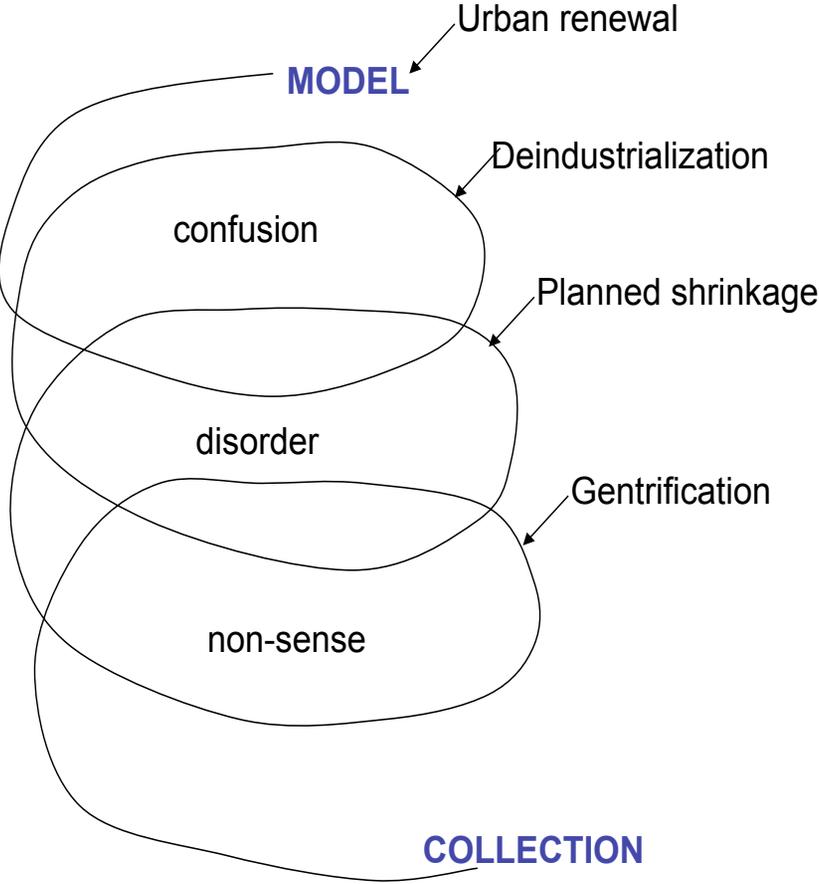
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Stage-State Model  
of Community  
Collapse





**Band getting ready to march in the Hill District.  
Photo taken about 1940 by Charles Harris**

“The closeness of the houses created a strong sense of community and shared public life, and the inhabitants of a particular block knew each other well and watched out for each other’s children.. ‘We knew each other, the neighbors knew us, they’d look out for us, it’s much different than it is now... we weren’t afraid of anything.’”



**Urban renewal demolishing the Lower Hill.  
Photo taken about 1960 by Charles Harris**

“Neighbors were no longer people you shared your life with because you knew their families, their churches, their work, and if they treated their neighbors well over time; neighbors now were often strangers next door who were tied to the ‘little block,’ and no attachment to its inhabitants.”



**The loss of physical infrastructure.  
Photo taken about 1998 by Mindy Fullilove**

“When [Shanika] was a child, ‘everybody cared about everybody back then. Now everybody’s for their self. Now it’s just - I’m scared for my boys now. Because it’s horrible now...You don’t see kids outside anymore just to play...”

From Eva-Maria Simms, in *Humanistic Psychologist*, 2008

Simms, Period 1  
**1930 - 1960**

Simms, Period 2  
**1960 - 1980**

Simms, Period 3  
**1980 - 2004**



**Urban renewal and other city, state, and federal policies tore the neighborhood apart.**

**People also lost jobs as industry left. Drugs became the new employer and the new solace. The government ignored epidemics of addiction, but started mass incarceration.**

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Simms, Period 3  
**1980 - 2004**

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“Stand by me”

“What’s going on?”

”Fuck the police”

“For a long time, I have been trying to mobilize our leaders so that the cities, where our money and brainpower are concentrated, innovate for better functioning. What is the problem we must solve? It is the fracture that exists between the wealthy neighborhoods and the others...

“But paradoxically, if we want to improve life in those neighborhoods, we can’t just treat the neighborhoods... we must treat the whole city. We must eliminate the fracture.”

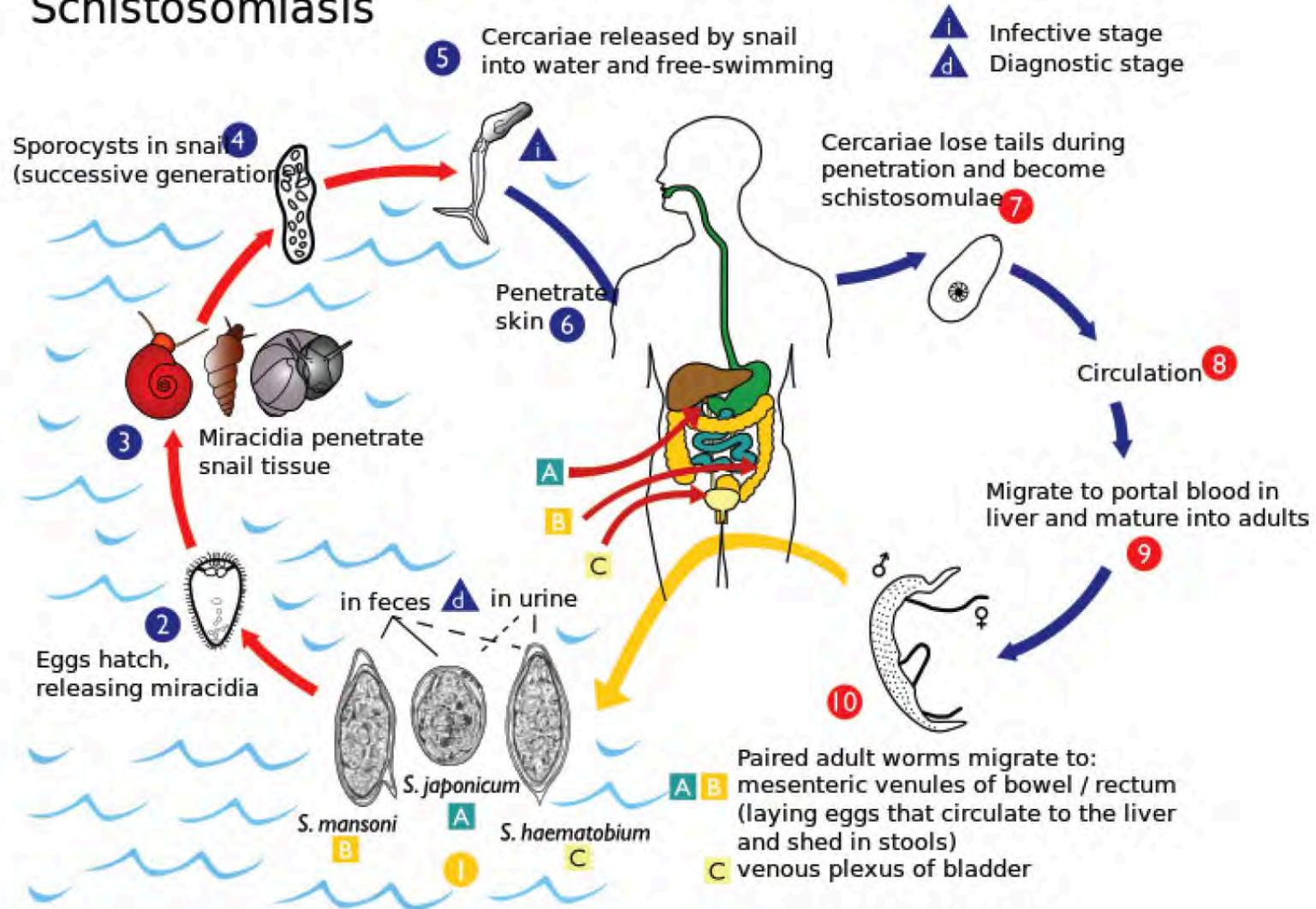
Michel Cantal-Dupart

Colloque Triville, 1993

What is a “magic strategy?”

Human ecologists Rodrick Wallace and Deborah Wallace have argued that “magic strategies” – multi-system, multi-scale health promotions – fit best with the basic biology of people and offer the most hope for the future. These are interventions that address the large-scale social inequalities and injustices, are sensitive to local culture, and include the voices of all the people.

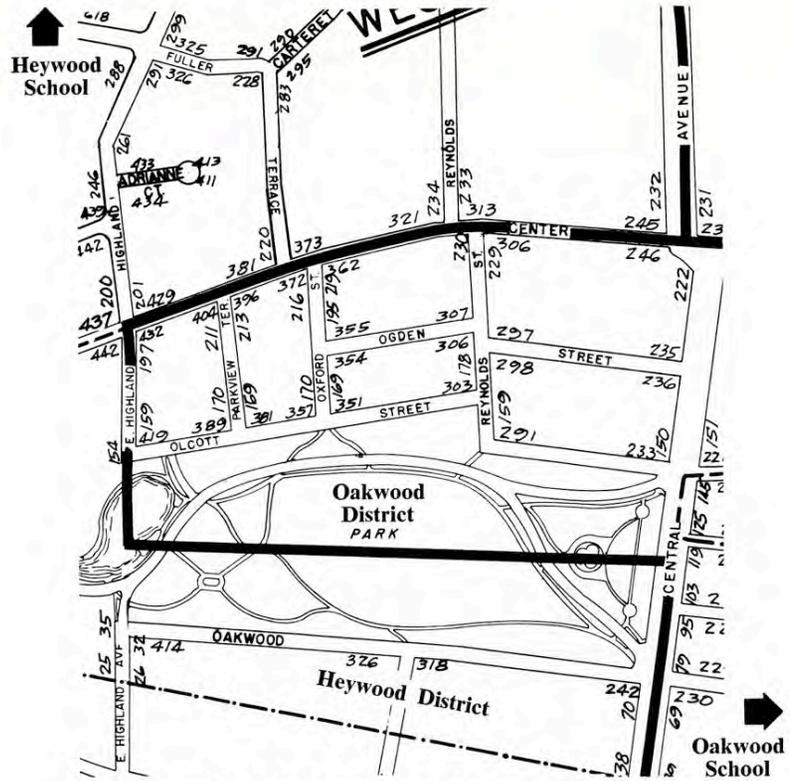
# Schistosomiasis





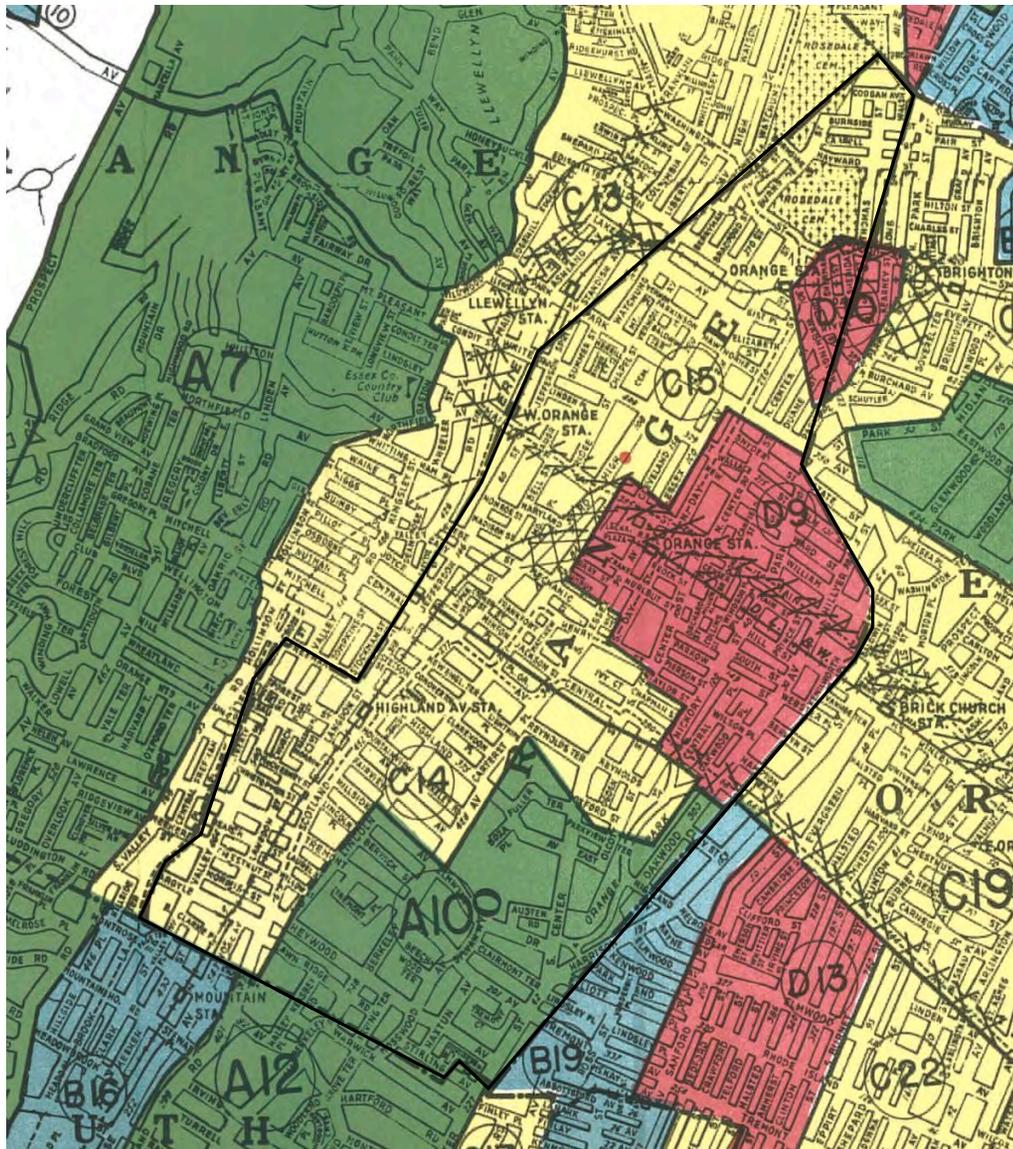


### RETREAT TO THE GHETTO



Map of section of Orange showing gerrymander running through Orange park to permit white children on the east of the park to attend the all-white Heywood school while zoning Black children on the west of the park into the jim crow Oakwood school.

From: *Homebody Came to Orange*, by Ernest Thompson and Mindy Thompson Fullilove



### RESIDENTIAL SECURITY MAP

#### LEGEND

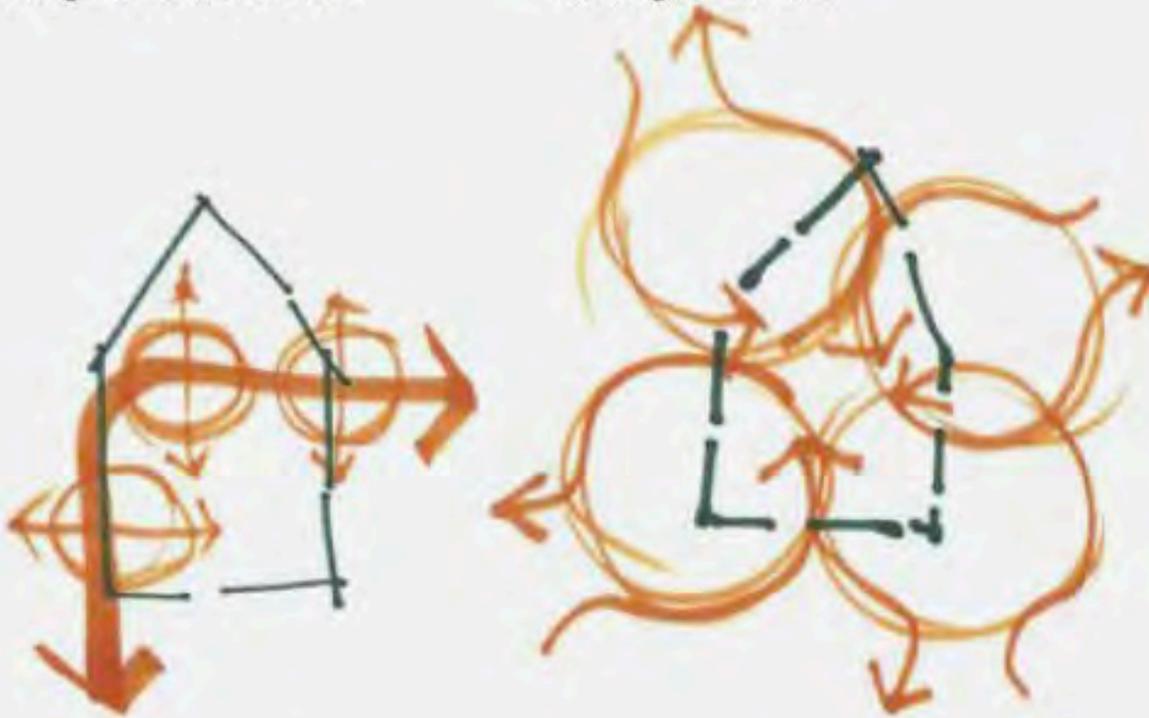
- A FIRST GRADE
- B SECOND GRADE
- C THIRD GRADE
- D FOURTH GRADE
- SPARSELY BUILT UP  
(COLOR INDICATES GRADE)
- INDUSTRIAL & COMMERCIAL
- UNDEVELOPED OR FARMLAND  
(NO PROBABLE CHANGE WITHIN 5 YEARS)

PREPARED BY  
 DIVISION OF RESEARCH AND STATISTICS  
 FEDERAL HOME LOAN BANK BOARD  
 WITH THE CO-OPERATION OF THE  
 APPRAISAL DEPARTMENT  
 HOME OWNERS' LOAN CORPORATION  
 JUNE 1, 1939



↑ Heart of Orange Map made by Michel Cantal-Dupart to illustrate "City Island."

Infrastructure for the Next Social Compact, November 6, 2014  
Orange on the Corridor      Orange as a hub

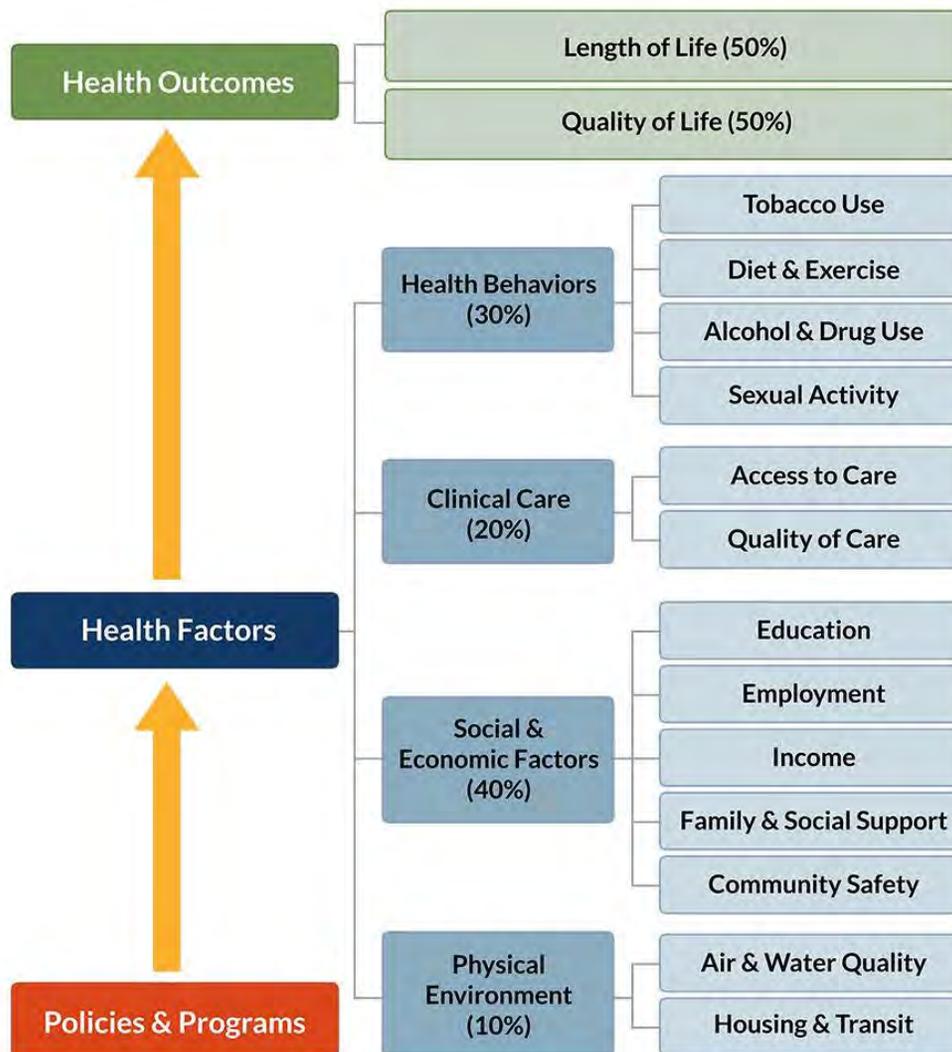


← William Morrish—Orange as a “corridor” or as a “hub.”

The Aesthetics of Equity



↑ Post-industrial city reimagining lab poster by Pam Shaw to help us visualize the “mash-up” of the factory of invention and the Freedom Schools.



County Health Rankings model © 2016 UWPHI

[http://www.countyhealthrankings.org/sites/default/files/styles/resource\\_images/public/resources/2016CHRmodel.jpg?itok=RHMD1jfY](http://www.countyhealthrankings.org/sites/default/files/styles/resource_images/public/resources/2016CHRmodel.jpg?itok=RHMD1jfY)

# Interdisciplinary Research Leaders

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For teams of researchers and community members who want to become leaders in advancing population health and health equity in their communities.

[+](#) Is this program right for you?

[+](#) What is the time commitment and financial support?

[+](#) What will you need to apply?



**Opens early 2018**

PHOTO: (2016 cohorts, from left) Derek Hyra, Mindy Fullilove and Dominic Moulden.

[Visit program website](#)





credit: Photo by Ashley Clarke  
<http://streetsense.org/article/zoning-protest-midcity-brookland-manor-one-dc-grandfamilies/#.WNvPEXLyto6>

## IRL meeting

Most important: it was a surprise - not the same old research meeting - which I was dreading - and not the same old methods. They boldly put questions of / need for partnership on the table. Our team was very popular - not because of Derek or me but because Dominic is such a good organizer. Organizers were busy meeting with each other, learning how this could be useful to them.





**Jamestown, 1619**



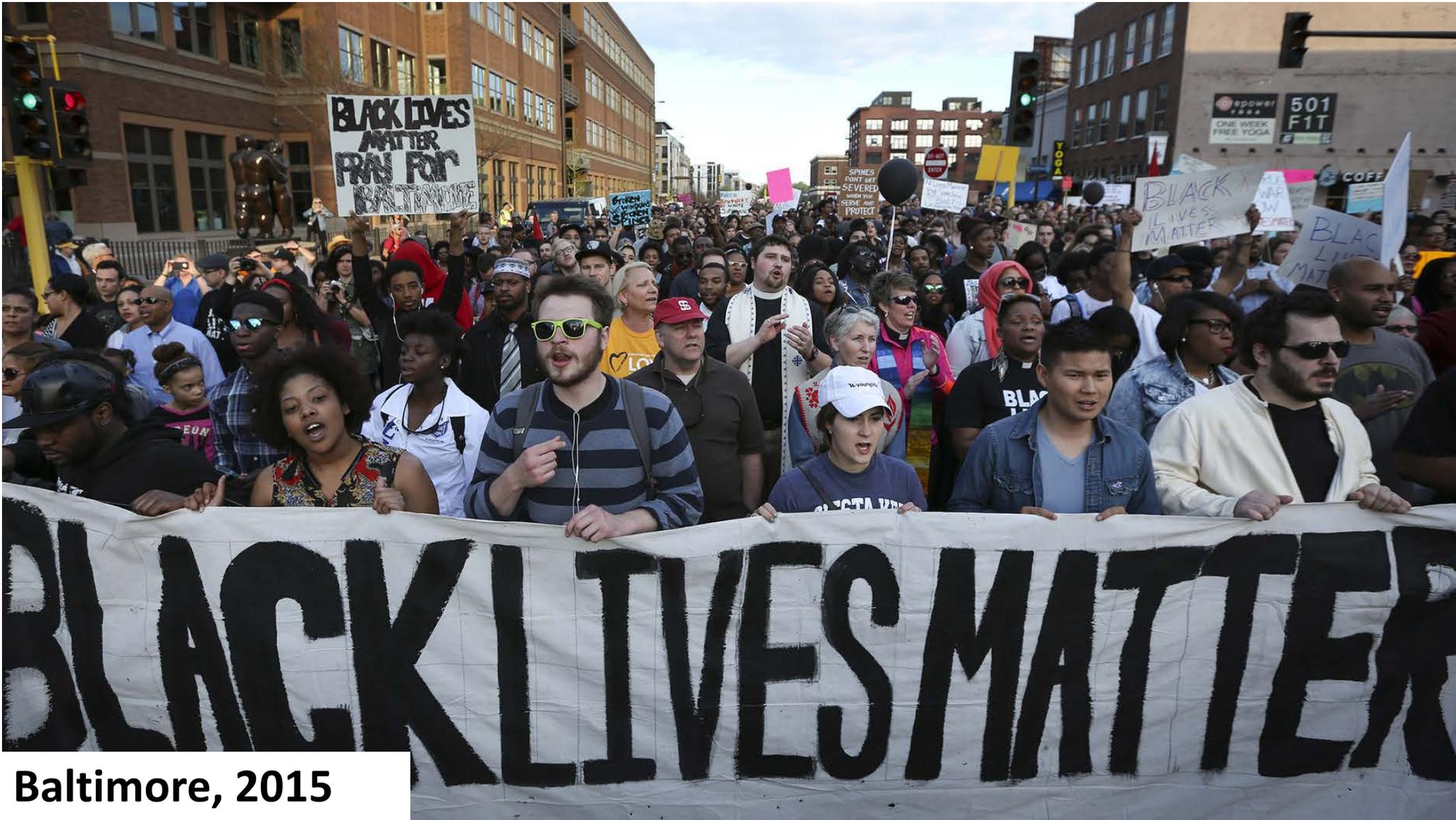
**Seneca Falls Convention, 1848**



**Mother Jones, 1890**



**Oxford OH, 1964**



**Baltimore, 2015**



STRONGER THAN  
LOVE  
DON'T HATE  
I make my UTERUS a CORPORATION  
DISSENT IS PATRIOTIC  
THRU ↑  
OBAY THIS SIGNAL  
DON'T KNEED  
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WE WILL STAND UP  
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AND WHAT IS JUST  
- JOHN LEWIS  
I'M WITH HER  
FUCK THE ARCHY  
FOR FREEDOM  
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## 400 Years of Inequality, 1619-2019

*Sometimes, when you don't know where  
you're going, you have to remember where  
you've been*

Remembering Jamestown Week, 2017

October 12 to 18

TASK: Organize a group to read Howard Zinn's  
"A People's History of the United States" and  
make timelines of your history in the context  
of the history of the US

