It’s Almost Time …

As the final month before college approaches, a lot of students have been asking us: “What do I need to bring with me?!” To help you prepare your shopping lists, we have a few ‘what to bring’ and not to bring lists at the bottom of this e-mail.

All rooms in Leonard Hall feature both wireless and wired internet connections, cable TV (including some premium channels), heat and AC (depending on the season), full length mirror, and windows. Each student will also have a desk and dresser.

All rooms will be set up differently though: some will have bunk beds and some will be lofted (desk, drawers, and closet under the bed). Rooms will also have two closets for clothing storage. Each floor has a community kitchen with a microwave, stove, and sink, and communal bathrooms. Each floor also has its own laundry room. It costs $3.00 to do a full wash/dry load, and you pay to do your laundry by using EagleBucks.

Mini- and micro-fridges can be rented through a university partner, MyFridgeRental. http://www.myfridgerental.com/ The only way you can have a microwave in your room is if it is rented as a micro-fridge through MyFridgeRental.

Finally, AU is a part of the USA Today Collegiate Readership Program. Each weekday during the semester, you can pick up a copy of the New York Times, Washington Post, and USA Today for Free in the lobby of Leonard Hall.

As always, if you have any questions, feel free to email or call us anytime! Our team is really excited for you to join us on campus in just 32 days!! (Don’t forget to keep scrolling down to view the checklists!)

The Washington Mentorship Program Team
mentorships@american.edu,
202-895-4936

Attire and Clothes to Wear for DC-Area Weather

DC weather tends to fluctuate. If you live anywhere between New England and Virginia, the seasons are generally similar, with temperatures generally a few degrees warmer or cooler. If you are not from that region of the U.S., you should know that:

- Daytime temperatures in August will have highs in the 80s (all temperatures in Fahrenheit) and 90s, with nights in the 50s and 60s.
- As you head into your final month here, winter sneaks in and highs are in the 40s with lows in the 20s and 30s.
- The average monthly precipitation is roughly 3-4 inches.

You’ll also need to come prepared for formal events, interviews, and your internship! The dress code will vary greatly depending on where you choose to intern, but there are some general dress concepts to keep in mind. A simple breakdown of business and business casual attire for men and women can be found on our Career Center’s website: http://www.american.edu/careercenter/Professional-Image.cfm.

There are also a lot of other resources online. Here are some you may want to consult:


What Not to Bring

Some items are not permitted in the residence halls, and you should not bring them to campus. Some of the prohibited items are:

- Candles/incenses
- Extension cords
- Pets
- Microwaves/Toasters
- Alcohol
What to Bring Checklist

The items on this list are not mandatory to bring. This list is meant to serve as a list of suggestions of some things you may need or want to have.

Linens/Bedding
- Standard twin size sheet set (sheets and pillowcases)
- Blankets/comforter
- Pillows

Desk Supplies
- Pens and pencils
- Note pads
- Paper clips/rubber bands
- Paper (printer/loose leaf)
- Notebooks/3-ring binders
- Staplers/ Staples
- Calculator
- Scissors
- Ruler/straight edge
- Thank you cards/stationary
- Index cards
- Hole puncher

Toiletries/Sundries
- Towel
- Bathrobe
- Shampoo/conditioner
- Toothbrush and toothpaste
- Soap
- Shower caddy
- Aspirin/ibuprofen
- Vitamins
- Band-Aids
- Tissues
- Thermometer
- Shower shoes

Cooking Supplies and Food
- Pots/pans
- Tupperware/containers
- Plates/silverware/cups
- Measuring spoons/cups
- Hotpot/coffee maker/teapot
- Dish towels and dish soap
- Non-perishable food

Cleaning Supplies
- Small vacuum
- Lint brush
- All-in-one cleaner
- Paper towels

Laundry Needs
- Detergent/dryer sheets or all-in-one product
- Fabric softener
- Stain remover
- Laundry basket
- Iron/ironing board

Daily Life
- Backpack or bag
- Umbrella
- Alarm clock
- Calendar
- Weekly planner

General Room Needs
- Trash can
- Hangers
- Surge protector
- Dry erase memo board (for door)
- Ethernet cord (if desired, the campus is wireless)
- Plastic hooks
- Room decorations
- Tape/mounting squares

Entertainment/Fun
- Movies
- Sports equipment
- Yearbooks/Scrapbooks
- Favorite books
- Game system
- Camera
- Bicycle

Miscellaneous
- Sewing kit
- Study pillow
- Flashlight
- Hammer/screwdriver
- Stuffed animals