

2007-08 AMERICAN UNIVERSITY NEW STUDENT ORIENTATION

"WHAT TO BRING" CHECKLIST

We here at New Student Programs thought that we would draw up a list of items that we find helpful in everyday life. The list isn't everything that you need, but in the metro DC area there are plenty of places to go and supplement the items you find you need as the year goes on.

Note: Standard residence hall rooms are approximately 12' x 15'. Double rooms are equipped with two standard twin size beds, two desks with chairs; two bookcases; and two Ethernet hookups; and built-in storage cabinets and closets. Triple rooms are equipped with three of each of the aforementioned items, except built-in units.

IMPORTANT TO DAILY LIFE

LINENS/BEDDING

STANDARD TWIN SIZE SHEET SET
(SHEETS AND PILLOWCASES)
BLANKETS/COMFORTER¹
PILLOWS

DESK SUPPLIES

PENCILS/PENS
DESK LAMP/READING LIGHT³
PAPER (PRINTER/LOOSE LEAF)
NOTEBOOKS/3-RING BINDERS
STAPLER/STAPLES
CALCULATOR
SCISSORS
RULER/STRAIGHT EDGE
THANK-YOU CARDS/ STATIONARY
PAPER CLIPS/RUBBER BANDS

GENERAL ROOM NEEDS

TOUCH-TONE PHONE
TRASH CAN⁵
DRY ERASE MEMO BOARD FOR DOOR

ROOM ASTHETICS

ROOM DECORATIONS
TAPE/MOUNTING SQUARES⁷
POSTERS/PICTURES
PLASTIC HOOKS

TOILETRIES/SUNDRIES

TOWELS/BATHROBE
SHAMPOO/CONDITIONER
TOOTHBRUSH
TOOTHPASTE
SOAP
SHOWER CADDY²
ASPRIN/IBUPROFEN/MEDS.
BAND-AIDS
TISSUES
SHOWER SHOES⁴
THERMOMETER

LAUNDRY NEEDS

DETERGENT
DRYER SHEETS
FABRIC SOFTENER
STAIN STICK
LAUNDRY BASKET

DAILY LIFE

BACKPACK/MESSENGER BAG
UMBRELLA

SURGE PROTECTOR⁶
ALARM CLOCK
CALENDAR
DICTIONARY/THESAURUS
ADDRESS BOOK
WEEKLY PLANNER
HANGERS

MAJOR APPLIANCES (IMPORTANT, BUT NOT CRUCIAL)

TELEVISION
REFRIGERATOR⁸
STEREO/CD PLAYER⁹
COMPUTER (PC/LAPTOP)¹⁰

VCR
DVD PLAYER
PORTABLE CD PLAYER

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"WHAT TO BRING" CHECKLIST

GOOD IDEA TO HAVE...

COOKING SUPPLIES

POTS/PANS
CONTAINERS/TUPPERWARE
PAPER TOWELS
PLATES/SILVERWARE/CUPS
MEASURING SPOONS/CUPS
HOT POT/COFFEE MAKER/TEAPOT¹¹
DISH TOWELS AND DISH SOAP

CLEANING MATERIALS

WINDEX/WINDOW CLEANER
DUST BUSTER/SMALL VACUUM
LINT BRUSH

MISCELLANEOUS

OVER THE DOOR HOOKS
SEWING KIT
FLASHLIGHTS
HAMMER/SCREWDRIVER
IRON/IRONING BOARD¹³
SLEEPING BAG (FOR GUESTS)
SENIOR YEARBOOK/SCRAPBOOKS

FOOD STUFFS

NON-PERISHABLE FOODS
FOOD STAPLES
SNACKS/DRINKS
MIXES

DESK SUPPLIES

GLUE/GLUE STICKS
DESK-TYPE PICTURE FRAME
NOTE PADS
INDEX CARDS
PLAYING CARDS
HOLE PUNCHER

GENERAL NEEDS

REGALIA FOR POWWOW
CAMERA
EXTENSION CORDS
STUFFED ANIMALS¹²
RUBBERMAID CONTAINERS
TAPES/CDS
RAINCOAT
PLASTIC MILK CRATES
STUDY PILLOW

ENTERTAINMENT/FUN!

SPORTS EQUIPMENT¹⁴
FAVORITE BOOKS
GAME SYSTEM
BICYCLE

¹ The weather in DC often fluctuates. The rooms are equipped with Heating and AC, but bring which type of covering suits your preference.

² You will need to carry everything you need to shower with you to the bathroom every time you go. There are many different varieties, but buy one that holds everything you need.

³ The rooms have fluorescent lighting, but this might not be the greatest light for you to read with. If you want better lighting, bring a desk lamp or standing lamp. Halogen lamps are prohibited in the dorms.

⁴ It's your choice, but they are a GREAT idea to have...

⁵ A small, four-gallon waste paper basket is often the best choice.

⁶ Power outages, while infrequent, do happen. Such outages aren't great for your computer's health, plus there aren't enough outlets in the rooms for all of your cords.

⁷ The room walls are painted cinder blocks, to which nothing adheres. Some people use double-stick tape of tacky gum, but the best things are foam mounting squares or tape. All tape must be off the wall when you leave at the end of the year.

⁸ DC fire safety codes and circuit limitations prohibit refrigerators larger than 5.0 cubic feet.

⁹ Bring earphones for your stereo for quiet hours.

¹⁰ The type of computer you bring should be bought to your preferences. Remember to have an Ethernet card in your computer for system compliancy.

¹¹ Kitchen appliances are not allowed in the rooms, but you can use them in the lounges on each floor.

¹² Often the best listeners, and yes, guys bring them too!

¹³ Irons and ironing boards can only be used in the laundry room.

¹⁴ Even though you might not be on a sports team here at AU, this is still a great idea to bring for recreational purposes.