



Student Services Update August/September 2018

Hello Eagle Families. Summer has flown by, and students have arrived back on campus. Here are some updates for the start of the semester:

AU Health Insurance Waiver: All **full-time** students entering or returning to American University this fall are automatically charged for AU's health insurance. The cost is \$1,960 and provides coverage from August 2018–August 2019. **Students who are covered under another eligible health insurance plan must submit a waiver on their student portal by September 14**, to have this charge removed from their student account. This must be completed every year. For more information about the plan, or to access the waiver, please visit the Student Health Center's website:
<https://www.american.edu/ocl/healthcenter>

Crucial Conversations Corner

Parents play an important part in helping students make healthy decisions. But sometimes, bringing up subjects like alcohol use, dating, and mental health with your student can be awkward and uncomfortable for some parents. If you would like to learn more about some of the major high-risk health issues affecting college students today, or about how you can effectively engage in a conversation around these topics, please check out www.CollegeParentsMatter.org. Have the conversation today.

For all new incoming students, please remind them about their requirement to complete the online modules "AlcoholEdu" and "Sexual Assault Prevention" from EverFi. These two modules will cover a lot of important information. The due date for Part I is Friday, August 17. Try asking your student after they have completed it what one take-away was from each course.

For more information about health and wellness services on campus, please feel free to reach out to any of the following offices:

- Student Health Center (shc@american.edu)
- Counseling Center (counselingcenter@american.edu)
- Health Promotion & Advocacy Center (hpac@american.edu)

Monthly Wellness Tip

Do you have a new student entering American University? Make sure you've hit all of the key to-do's in the next few weeks before Welcome Week starts! Check out the College Transition Summer Checklist from www.SetToGo.org:

<https://www.settogo.org/wp-content/uploads/2018/06/College-Transition-Summer-Checklist-FINAL-6.21.18.pdf>

Housing Reminders: Is your student Studying abroad during fall 2018 and need housing for spring 2019? The housing application for spring 2019 is now open! Please inform your student that they can apply anytime. **The first round of placements will be made after the priority deadline of October 1.**

Questions? E-mail housing@american.edu or call 202-885-3370.

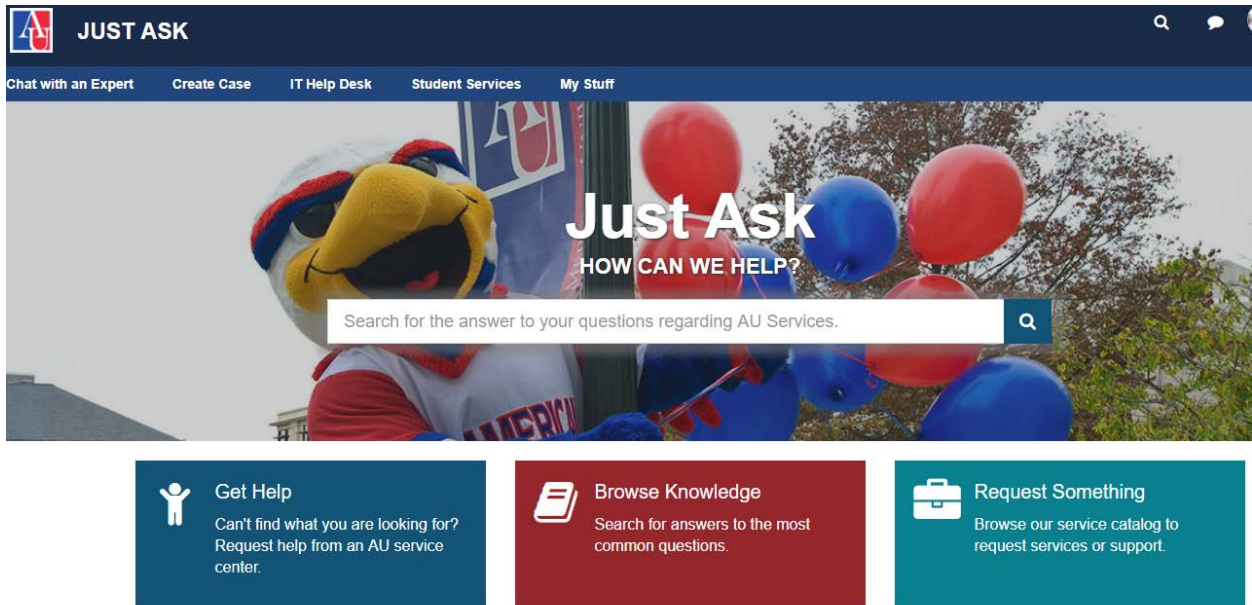
Dining Services Reminder: Meal Plan Change/Enrollment Deadline

To modify or enroll students in a Meal Plan for the fall 2018 semester, the deadline is Tuesday, September 11. As a reminder, students in their first 4 semesters of university housing are required to be enrolled in one of the following minimum Meal Plans:

- 1st or 2nd term of university housing – 175 Block Plan (175 swipes per semester, approximately 10 – 11 meals/week, with \$200 Dining Dollars and \$200 Eaglebucks- \$2,442/semester)
- 3rd or 4th terms of university housing—100 Block Plan (100 Swipes per semester, approximately 6 meals/week, with \$200 Dining Dollars and \$200 Eaglebucks- \$1,588/semester)

Students can enroll in a Meal Plan or make modifications to the Meal Plan on the Meal Plan Portal at myau.american.edu. Select "Life @ AU" and "Meal Plan Portal" to increase your meal plan enrollment. <https://www.american.edu/ocl/OneCardDining/mealPlan.cfm>

For any additional questions or concerns, please contact One Card & Dining Services at mealplans@american.edu or 202-885-CARD (2273). **JustAsk.American.edu**: The University has created a new resource to better provide an integrated experience for our students and parents. At JustAsk.American.edu, you can browse knowledge articles about your frequently asked questions concerning different student services, chat with an expert, or request help from AU Central, Financial Aid, or the IT help desk. Students who access the site will be prompted to log in. Parents and other first-time users are prompted to create a user name and password if they request to be contacted.



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Chat with an Expert Create Case IT Help Desk Student Services My Stuff

Just Ask

HOW CAN WE HELP?

Search for the answer to your questions regarding AU Services.

Get Help
Can't find what you are looking for?
Request help from an AU service center.

Browse Knowledge
Search for answers to the most common questions.

Request Something
Browse our service catalog to request services or support.

Useful Links: 2018-2019 Academic Calendar: <http://www.american.edu/provost/registrar/academic-calendar.cfm>

If you or your student have any questions, please do not hesitate to contact AU Central at aucentral@american.edu.