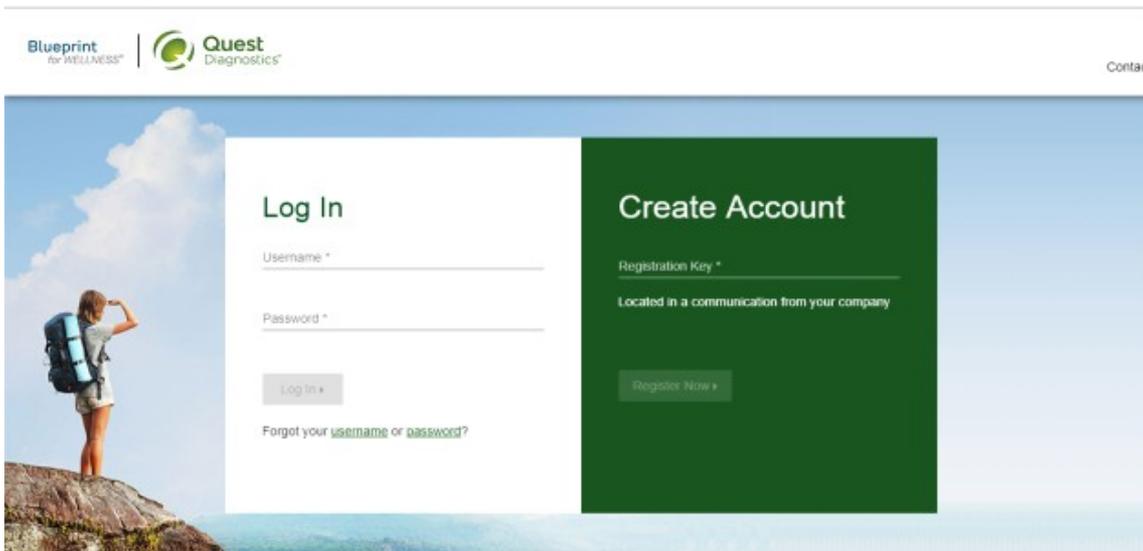


How to register on My.QuestForHealth.com

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and select the green **Log In** button
 - If you've forgotten your login information, use the **username** link to retrieve your username or the **password** link to reset your password
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key provided by your employer, and select the **Register Now** button



Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design

Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. Register and complete your screening to know your numbers, transform your health, and [write the story of your life](#).

- Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and select the **Accept & Continue** button



Terms and Conditions

1. Terms of Service: Quest Diagnostics Blueprint for Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacy-policy/online-privacy.html. Our Privacy of Protected Health Information (PHI) policy requires that we “must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws.” Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.
2. You are participating in a voluntary screening and/or immunization (flu) program, and by your participation you freely and voluntarily assume any risks associated with that process. You must be 18 years of age or older. You consent to the collection of a blood sample from a fingerstick or from the arm; measurement of blood pressure, height, weight, waist and/or hip measurements; the collection of a cheek swab or blood sample for the purpose of cotinine testing to detect tobacco use, or the receipt of a flu vaccine, as applicable. You understand that collection of a blood sample or receipt of a vaccine involves certain potential risks which may include but are not limited to: prolonged bleeding, fainting or feeling lightheaded, bruising and multiple sticks. If the program includes the reporting of results at the point of collection, this data should be considered preliminary, they are screening assessments only. The instrument used onsite may yield results that vary from what would be reported if the same testing was performed by the laboratory on a specimen obtained from your arm.
3. By participating in the wellness program(s) you acknowledge, and consent to, Quest Diagnostics Blueprint for Wellness' disclosure of the data

Accept & Continue ▶

- Under **Confirm Your Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
 - Your Unique ID if your First Name, Last Name, and Date of Birth
 - Your relationship should be either **Employee** or **Non-Employee**
- Select the green **Continue** button

The screenshot shows the Quest Diagnostics website interface. At the top left is the Quest Diagnostics logo, and at the top right is a 'Contact' link. A progress bar below the logo indicates three steps: 1. Confirm Your Eligibility (highlighted in green), 2. Create Account, and 3. Enter Your Information. The main content area is a white box with a green border titled 'Confirm Your Eligibility'. Below the title, it says 'Please enter your Unique ID (which is your employee ID) and date of birth'. There are two input fields: 'Employee ID *' with the value '123456789A' and 'Birth Date *' with the value '02/15/1979'. Below the birth date field is an example: 'Example: 01/25/1980'. There is also a 'Relation *' dropdown menu with 'Employee' selected. At the bottom of the form is a green 'Continue >' button. The footer of the page is dark grey and contains social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn, a 'Contact' link, and a copyright notice: 'Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks—® and ™—are the property of their respective owners. © 2000-2018 Quest Diagnostics Incorporated. All rights reserved. Language Assistance / Non-Discrimination Notice | Asistencia de Idiomas / Aviso de no Discriminación | 语言援助/不歧视通知'.

- Create a username and password to log in to your account
 - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase and 1 lowercase letter
- Select the green **Continue** button

1 Confirm Your Eligibility — 2 Create Account — 3 Enter Your Information

Create Your Account

Username *

SampleParticipant123!

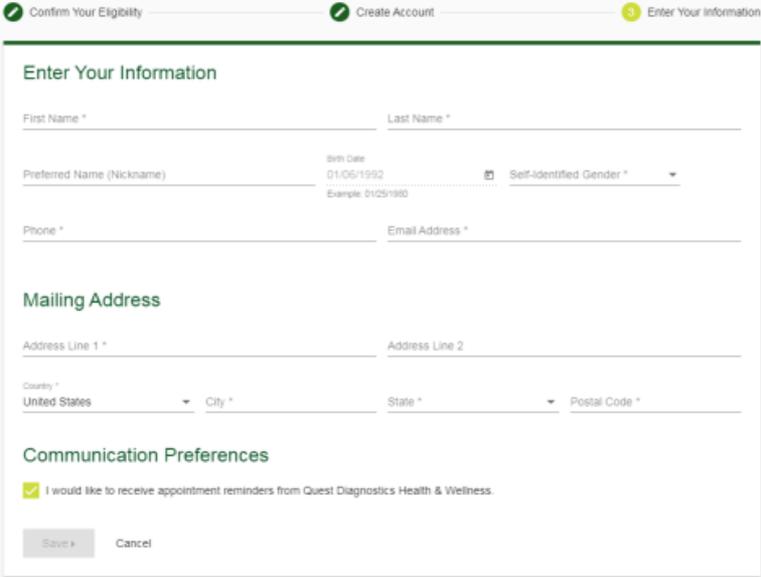
Password *

8 Characters, Number or Special Character, Uppercase, Lowercase

Confirm Password *

Continue ▶

- Verify/complete all of the information under **Enter Your Information**
 - Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
- Verify/complete all of the information under **Mailing Address**
- Select if you would like to receive appointment reminders from Quest Diagnostics Health & Wellness
- Select the green **Save** button



Confirm Your Eligibility Create Account **3** Enter Your Information

Enter Your Information

First Name * Last Name *

Preferred Name (Nickname) Birth Date 01/05/1992 Self-Identified Gender *
Example: 01/25/1980

Phone * Email Address *

Mailing Address

Address Line 1 * Address Line 2

Country * United States City * State * Postal Code *

Communication Preferences

I would like to receive appointment reminders from Quest Diagnostics Health & Wellness.

Save Cancel

- You will arrive at the dashboard
- To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, select the **Make an Appointment** button

Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



Wellness Screening

To get started, select an appointment method below.

At an Event

Attend a wellness event at work or a location designated by your organization.

[Make an Appointment ▶](#)

- Select the onsite event location where you'd like to complete your screening
- select the **Continue** button

Blueprint for WELLNESS® |  Quest Diagnostics®

Hello, Sample Participant

[Schedule an Appointment](#) [My Account](#) [Contact](#) [Log Off](#)

Location

Zip Code
66219

or

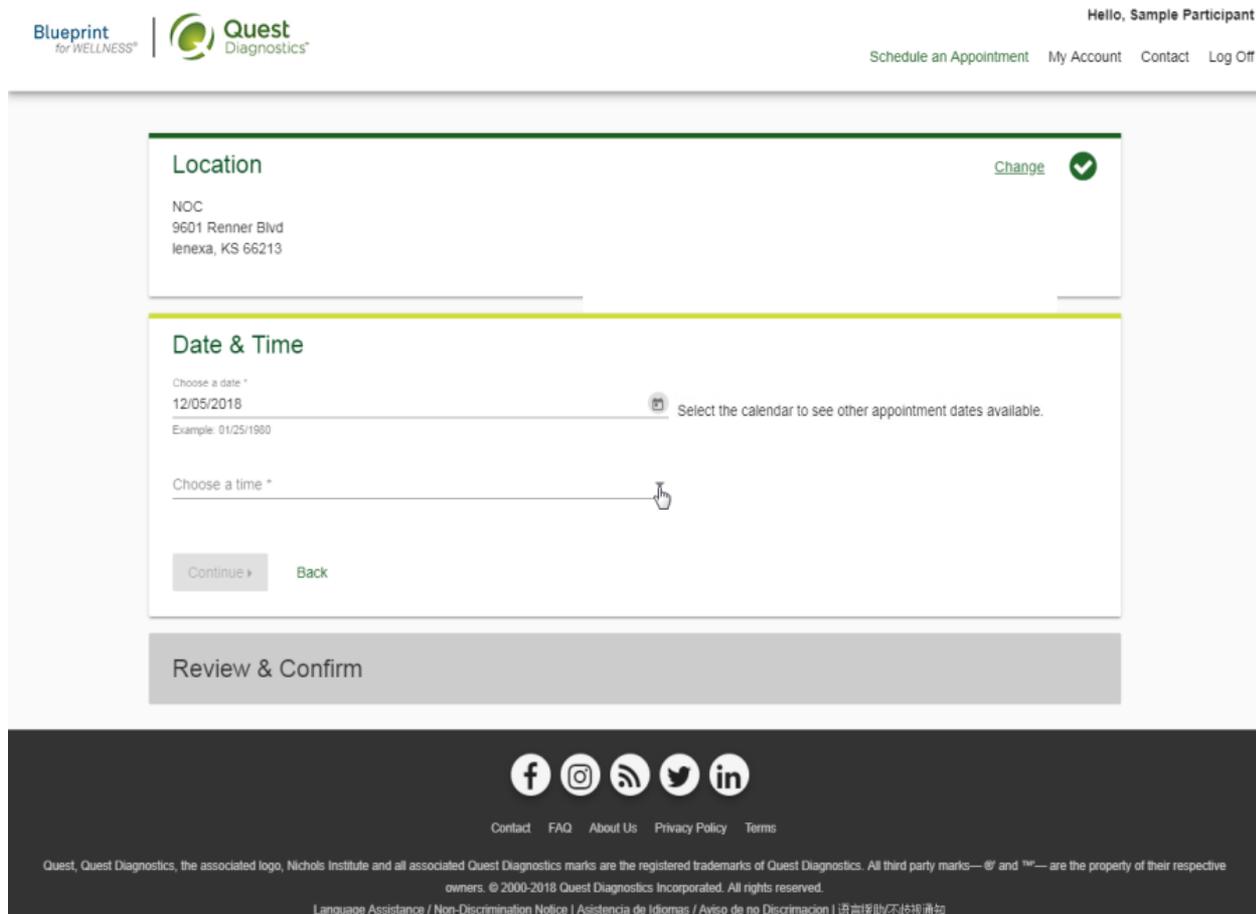
Search Results "66219"

NOC
9601 Renner Blvd
lenexa, KS 66213

Lenexa
10101 renner blvd
address 2
lenexa, KS 66213

Date & Time

- Click on the calendar icon to choose a date for your screening
- Select the **Time** you would like to complete your screening. **Note: Unavailable times will not display.**
- Select the **Continue** button



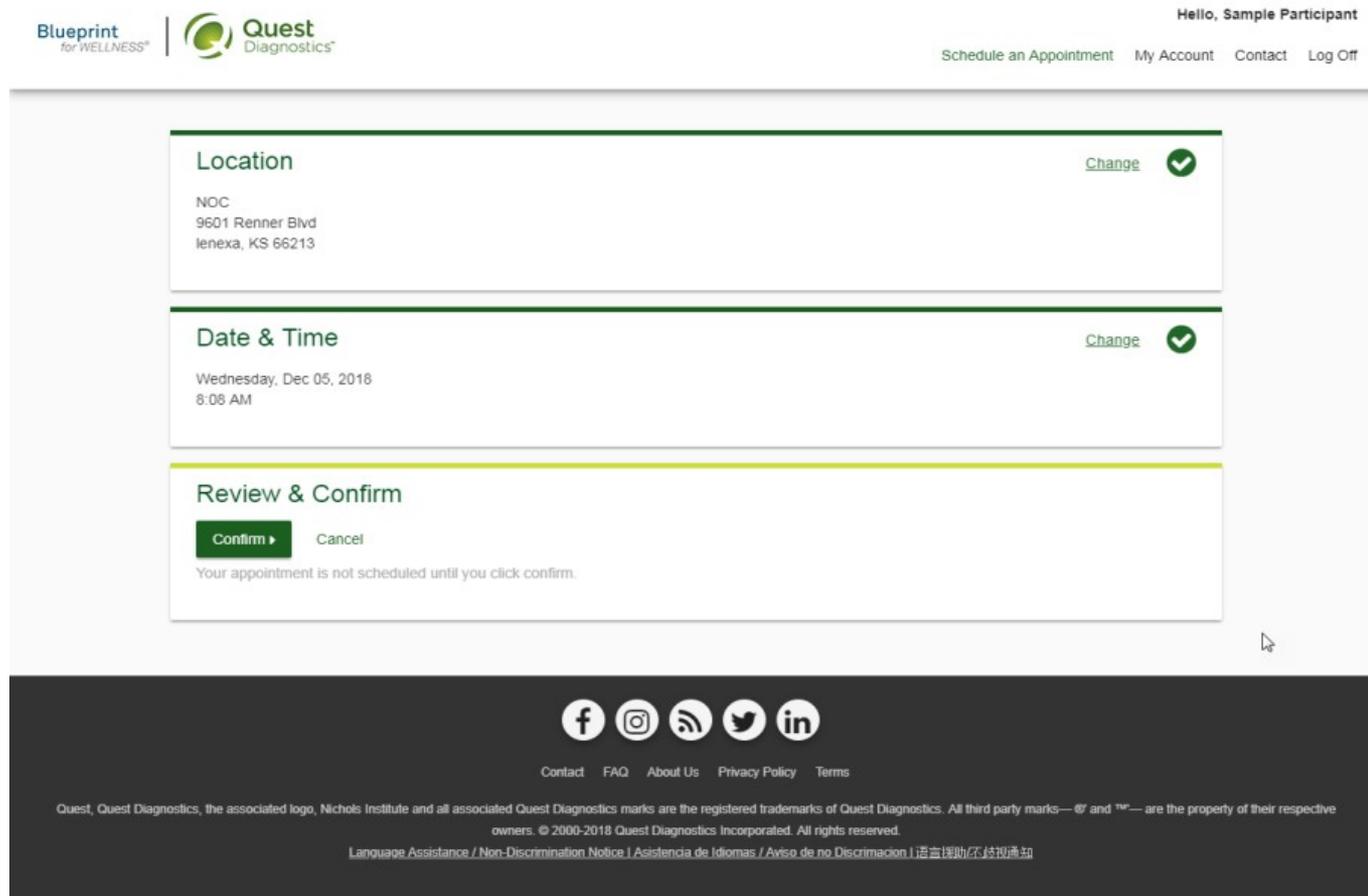
The screenshot shows the Quest Diagnostics appointment scheduling interface. At the top left, there are logos for "Blueprint for WELLNESS" and "Quest Diagnostics". On the top right, it says "Hello, Sample Participant" and provides links for "Schedule an Appointment", "My Account", "Contact", and "Log Off".

The main content area is divided into sections:

- Location:** Shows "NOC, 9601 Renner Blvd, Lenexa, KS 66213". There is a "Change" link and a green checkmark icon.
- Date & Time:** Features a date picker set to "12/05/2018" with a calendar icon and the text "Select the calendar to see other appointment dates available." Below it is a time picker set to "Choose a time *".
- At the bottom of the Date & Time section are "Continue >" and "Back" buttons.
- A large grey button labeled "Review & Confirm" is positioned below the Date & Time section.

The footer contains social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn, along with links for "Contact", "FAQ", "About Us", "Privacy Policy", and "Terms". A copyright notice at the bottom states: "Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks—® and ™—are the property of their respective owners. © 2000-2018 Quest Diagnostics Incorporated. All rights reserved." Below this is a language assistance notice: "Language Assistance / Non-Discrimination Notice / Asistencia de Idiomas / Aviso de no Discriminación | 语言援助/平权抗歧视通知".

- Verify that all the appointment details shown on the screen are accurate
- select the **Confirm** button
 - NOTE: Your appointment is **not scheduled** until you select the **Confirm** button



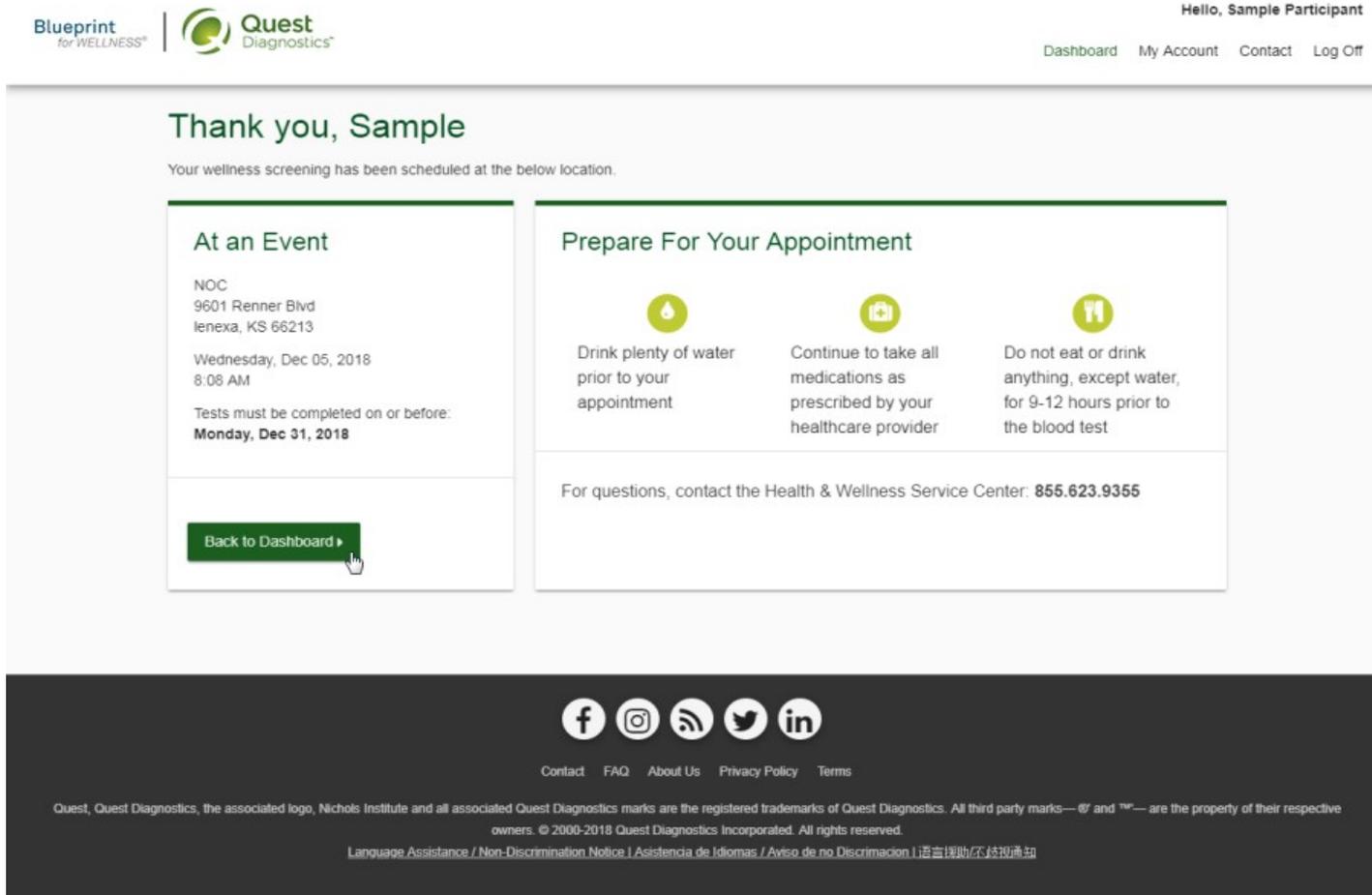
The screenshot shows the Quest Diagnostics appointment confirmation interface. At the top left, there are logos for "Blueprint for WELLNESS" and "Quest Diagnostics". On the top right, it says "Hello, Sample Participant" and provides navigation links: "Schedule an Appointment", "My Account", "Contact", and "Log Off".

The main content area is divided into three sections:

- Location:** Displays "NOC, 9601 Renner Blvd, Lenexa, KS 66213". It includes a "Change" link and a green checkmark icon.
- Date & Time:** Displays "Wednesday, Dec 05, 2018, 8:08 AM". It includes a "Change" link and a green checkmark icon.
- Review & Confirm:** Contains a "Confirm" button with a right-pointing arrow and a "Cancel" button. Below the buttons, it states: "Your appointment is not scheduled until you click confirm."

At the bottom of the page, there is a dark footer containing social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn. Below these icons are links for "Contact", "FAQ", "About Us", "Privacy Policy", and "Terms". At the very bottom, there is a small copyright notice: "Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks—® and ™—are the property of their respective owners. © 2000-2018 Quest Diagnostics Incorporated. All rights reserved." and a language assistance notice: "Language Assistance / Non-Discrimination Notice / Asistencia de Idiomas / Aviso de no Discriminación | 语言援助/歧视通知".

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Select the green **Back to Dashboard** link to return to the dashboard



The screenshot shows the Quest Diagnostics Confirmation screen for a wellness screening appointment. At the top left, there are logos for "Blueprint for WELLNESS" and "Quest Diagnostics". At the top right, it says "Hello, Sample Participant" and provides navigation links for "Dashboard", "My Account", "Contact", and "Log Off". The main heading is "Thank you, Sample" with a sub-message: "Your wellness screening has been scheduled at the below location." There are two main content areas. The left area, titled "At an Event", provides the location (NOC, 9601 Renner Blvd, Lenexa, KS 66213), the date and time (Wednesday, Dec 05, 2018, 8:08 AM), and the deadline for tests (Monday, Dec 31, 2018). A green "Back to Dashboard" button with a right-pointing arrow is at the bottom of this section. The right area, titled "Prepare For Your Appointment", contains three instructions with icons: a water drop icon for "Drink plenty of water prior to your appointment", a pill icon for "Continue to take all medications as prescribed by your healthcare provider", and a fork and knife icon for "Do not eat or drink anything, except water, for 9-12 hours prior to the blood test". Below these instructions, it says "For questions, contact the Health & Wellness Service Center: 855.623.9355". The footer of the page is dark and contains social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn, along with links for "Contact", "FAQ", "About Us", "Privacy Policy", and "Terms". A copyright notice and a language assistance notice are also present at the bottom.

Blueprint for WELLNESS | Quest Diagnostics

Hello, Sample Participant

Dashboard My Account Contact Log Off

Thank you, Sample

Your wellness screening has been scheduled at the below location.

At an Event

NOC
9601 Renner Blvd
Lenexa, KS 66213

Wednesday, Dec 05, 2018
8:08 AM

Tests must be completed on or before:
Monday, Dec 31, 2018

[Back to Dashboard](#)

Prepare For Your Appointment

-  Drink plenty of water prior to your appointment
-  Continue to take all medications as prescribed by your healthcare provider
-  Do not eat or drink anything, except water, for 9-12 hours prior to the blood test

For questions, contact the Health & Wellness Service Center: **855.623.9355**

Contact FAQ About Us Privacy Policy Terms

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- On the dashboard, you will be able to see your scheduled appointment
- You can select the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can use the green buttons to cancel or reschedule your appointment

Blueprint for WELLNESS® |  Quest Diagnostics®

Hello, Sample Participant

Dashboard My Account Contact Log Off

Scheduled

At an Event

NOC
9601 Renner Blvd
lenexa, KS 66213

Wednesday, Dec 05, 2018
8:08 AM

[Download to Calendar](#)

[Reschedule ▶](#) [Cancel ▶](#)

[? Need More information?](#)

Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the [stories of their lives](#) with the information gained from screenings.

Did insights from your screening help you transform your health?

