

# Protect what you love. Get the flu shot.

Flu shots are available starting September 1 by appointment only

## 4 reasons to get a flu shot



### It's the best defense

Flu shots prevented 4.4 million cases and 58,000 hospital visits from 2018 to 2019.



### It's safe

Flu shots can't—and won't—give you the flu. Millions of Americans have received them safely over the last 50 years.



### It protects others

Preventing flu symptoms like coughing and sneezing will help stop the spread to family, friends, and co-workers.



### It changes every year

The vaccine is updated each year to target the latest strains of the virus.

## Kaiser Permanente offers 4 ways for you to get a flu shot



### Drive-thru clinic

(by appointment only)

This is a convenient way for you to get your flu shot. You don't even have to leave your car.



### Medical center clinic

(by appointment only)

If you would like to get a flu shot in one of our medical centers, you can schedule an appointment. Flu clinics are located in a designated room in each medical center.



### Walk-up clinic

(by appointment only)

You can schedule an appointment at one of our open-air tents.



### Weekend flu clinics

(open select Saturdays and Sundays)

Walk-up and drive-thru at some centers this fall. Weekend flu clinics are open on Saturdays between September 11 to October 23 and Sundays between September 12 to September 26.



You can schedule an appointment for a flu shot starting August 1 by visiting [kp.org](https://www.kp.org) or calling the 24/7 appointments and advice line at **800-777-7904** (TTY 711)



For more information on how you can receive your flu shot, visit [kp.org/flu](https://www.kp.org/flu) or call our flu hotline at **800-482-4738** (toll free).



KAISER PERMANENTE®

## Your health and safety are our first priority

Kaiser Permanente is dedicated to caring for members in all of our medical centers. We're following rigorous safety procedures, requiring masks for everyone entering our facilities and thoroughly sanitizing all surfaces in our medical centers. We want to make sure that you get the care you need while staying safe. That's why this season, we ask that you make an appointment to get a flu shot.

### Locations for flu shots

Medical Center	Flu clinic appointment types
Abingdon Medical Center	Medical center clinic
Alexandria Medical Center	Medical center clinic
Annapolis Medical Center	Medical center clinic
Ashburn Medical Center	Medical center clinic
Baltimore Harbor Medical Center	Medical center clinic
Bowie Fairwood Medical Center	Medical center clinic
Burke Medical Center	Medical center clinic
Camp Springs Medical Center	Medical center clinic
Capitol Hill Medical Center	Medical center clinic
Colonial Forge Medical Center	Medical center clinic
Columbia Gateway Medical Center	Medical center clinic
Fair Oaks Medical Center	Medical center clinic
Falls Church Medical Center	Medical center clinic
Frederick Medical Center	Medical center clinic
Fredericksburg Medical Center	Medical center clinic
Gaithersburg Medical Center	Drive-thru and Weekend flu clinics
Haymarket Crossroads Medical Center	Medical center clinic
Kensington Medical Center	Walk-up
Largo Medical Center	Drive-thru and Weekend flu clinics
Manassas Medical Center	Medical center clinic
Marlow Heights Medical Center	Medical center clinic
North Arundel Medical Center	Walk-up (September and October only), Medical center clinic (November only), Weekend flu clinics
Northwest D.C. Medical Office Building	Medical center clinic
Prince George's Medical Center	Medical center clinic
Reston Medical Center	Medical center clinic
Shady Grove Medical Center	Medical center clinic
Silver Spring Medical Center	Medical center clinic
South Baltimore County Medical Center	Drive-thru and Weekend flu clinics
Springfield Medical Center	Drive-thru and Weekend flu clinics
Towson Medical Center	Medical center clinic
Tysons Corner Medical Center	Drive-thru and Weekend flu clinics
White Marsh Medical Center	Drive-thru and Weekend flu clinics
Woodbridge Medical Center	Drive-thru and Medical center clinic
Woodlawn Medical Center	Walk-up and Weekend flu clinics

The continued availability of any flu clinic cannot be guaranteed. Kaiser Permanente reserves the right to relocate, modify, or terminate the location and hours of services for flu clinics. For the most up-to-date information, visit [kp.org/flu](https://kp.org/flu).

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