#### REGISTER THROUGH ASUCCESSFULU

# PROFESSIONAL DEVELOPMENT COURSES

#### **Leveraging Diverse Teams**

February 19, 2019 2pm-5pm | MGC 330N

Develop an inclusive work environment to foster inclusive behaviors.

## Being Inclusive: A Storytelling Series – Race & Ethnicity

February 20, 2019 12pm-2pm | Butler Board Room

Discuss issues of race and ethnicity as it relates to the pressures of speaking for the collective race or ethnicity to which you identify.

# Introduction to the Myers-Briggs Type Indicator (MBTI)

February 21, 2019 9:30am-12:30pm | MGC 245

Understand and value the challenges of working and interacting with different personality types. Participants must complete MBTI pre-course assessment.

### Communication I: Introduction to Conflict

February 28, 2019 9am-12pm | MGC 245

Focus on levels at which conflict occur, learn to identify conflict, and build skills on the use of management strategies.

## The 7 Habits of Highly Effective People

- March 7, 2019
   9am-5pm | MGC 245
- March 13, 2019
   9am-5pm | MGC 200
- March 21, 2019
   9am-5pm | MGC 247

This 3-day course will provide you with insights on how to be more focused and how to reach a work-life balance.

# **Choosing Civility in the Workplace**

March 19, 2019 2pm-5pm | SIS 300

Gain awareness, skills, and strategies to promote a respectful workplace.

# Communication II: Communication for Improved Collaboration

March 26, 2019 9am-12pm | MGC 245

Improve your communication for better and more effective collaboration.

#### **Empathy in the Workplace**

April 9, 2019 9am-12pm | MGC 245

Explore the importance of empathy with self-reflection exercises and role playing.

Questions? Please email Talent Development at AsuccessfulU@american.edu.





#### REGISTER THROUGH ASUCCESSFULU

# PROFESSIONAL DEVELOPMENT COURSES

# Spring Valley Building and 4401 Connecticut Ave Locations

#### **Leveraging Diverse Teams**

February 19, 2019 9am-12pm | SVB 482

Develop an inclusive work environment to foster inclusive behaviors.

### Communication I: Introduction to Conflict

February 28, 2019 2pm-5pm | 4401 Connecticut Ave., Room 400

Focus on levels at which conflict occur, learn to identify conflict, and build skills on the use of management strategies.

## **Choosing Civility in the Workplace**

March 19, 2019 9am-12pm | SVB 609

Gain awareness, skills, and strategies to promote a respectful workplace.

# Communication II: Communication for Improved Collaboration

March 26, 2019 2pm-5pm | 4401 Connecticut Ave., Room 400

Improve your communication for better and more effective collaboration.

#### **Empathy in the Workplace**

April 9, 2019 9am-12pm | 4401 Connecticut Ave., Room 400

Explore the importance of empathy with self-reflection exercises and role playing.

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