



Reflective Analysis for Group Capstones

This form should be completed by each Honors student who is completing a Capstone in a group within their major. This form is to be submitted to Honors (honors@american.edu) by the last day of the final exam period with a copy of your final Capstone project.

Student Name:

Student AU ID:

Faculty Name:

Faculty Email:

Capstone Class (Format: HNRS-498):

1. Please describe your specific contributions to the project.
2. Were your expectations about the project fulfilled? What parts of the experience/plan went as expected, and where did you have to show flexibility?
3. How does your project connect to the scholarly literature in the discipline?

4. What part of the project proved most valuable to you? What did you learn from the experience about this discipline and/or yourself?

5. Looking back, was there anything about the project that you would do differently the next time, or plan for differently? Please explain.

6. Are there parts of this work or research experience that you would like to build upon in your future work? Please explain.

7. How might you be able to incorporate the experiences you gained in your Capstone into future professional or academic work?

Faculty Signature:

Date: