Bethesda Cares
This community outreach program for the homeless offers weekday lunches, Saturday lunches, and Sunday dinners at several churches in Bethesda. Volunteers can help out on-site serving meals, and both food and monetary donations are accepted.
Contact: (301) 907-9244/ Volunteer@Bethesdacares.org/www.bethesdacares.org/get-involved/volunteer-opportunities/ 7728 Woodmont Avenue, Bethesda, MD 20814

Bread for the City
Bread for the City offers programs for low-income residents of Washington DC which include food and clothing distribution, primary medical care, legal advice and representation, and comprehensive social services. Specifically, the Medical Clinic offers free primary health care to patients who are uninsured, members of the DC Healthcare Alliance or recipients of Medicaid. Located in Wards 6 & 8
Contact: volunteer@breadforthecity.org / www.breadforthecity.org / (202) 265-2400 / 1525 7th St. NW, Washington DC 20001 (202) 561-8587 / 1640 Good Hope Rd, SE, Washington, DC 20020

Capital Area Food Bank
The mission of the Capital Area Food Bank is to feed those who suffer from hunger in the Washington metro area by acquiring and distributing food through its network of partner agencies; educating, empowering and enlightening the community about the issues of hunger and nutrition. CAFB is a member of Feeding America, a national network of 200 food banks. Located in Ward 5.
Contact: (202) 644-9800 / volunteer@cfoodbank.org / www.capitalareafoodbank.org 4900 Puerto Rico Ave. NE, Washington, DC 20017

DC Central Kitchen
The 5,000 meals DCCK dishes out every day are loaded into their fleet of trucks and distributed at little or no cost to 100 nearby homeless shelters, transitional homes, and nonprofit organizations, saving them money and nourishing their clients. Most importantly, these meals go out with a message: in the DCCK main kitchen, they offer a rigorous Culinary Job Training program for unemployed men and women who want to replace homelessness, addiction, and incarceration with new careers and changed lives. Food can do so much more than fill stomachs: their mission is to use food as a tool to strengthen bodies, empower minds, and build communities. Located in Ward 6.
Contact: Jessica Towers/ Volunteer Program Coordinator/ (202) 601-7314/ jtowers@decentralkitchen.org/ www.decentralkitchen.org 425 2nd Street, NW Washington, DC 20001
DC Greens
DC Greens uses the levers of food education, food access, and food policy to advance food justice in the
country’s capital by focusing on transformational changes at the systems-level, building bridges between
government, private sector, communities and non-profits, developing advocacy channels to amplify
marginalized voices, curating best practices and leveraging existing infrastructure, responding to community
needs, and providing thought leadership. Located in Ward 2.
Contact: (202) 601-9200 / info@dcgreens.org / www.dcgreens.org/volunteer
2000 P St NW #240, Washington, DC 20036

DC Hunger Solutions
D.C. Hunger Solutions, founded in 2002 as an initiative of the Food Research & Action Center (FRAC),
works to end hunger in the nation’s capital and improve the nutrition, health, economic security, and well-
being of low-income District residents. They work to improve public policies related to nutrition and food
security, maximize participation in all federal nutrition programs, and educate the public and key audiences
about the current state of hunger in the US and solutions that are available. Located in Ward 2.
Contact: (202) 640-1088 / info@dchunger.org /
www.dchunger.org/training-and-outreach/current-trainings
1200 18th St NW, Washington, DC 20036

Food for All
The organization started as a small operation aimed at providing home grocery delivery for those not mobile
enough to make it to other local organizations for assistance. Food for All DC has maintained its grassroots
mentality but has been able to grow in capacity to make over 3000 deliveries each year. Presently, we service
all four quadrants of D.C. and makes deliveries almost every Saturday of the year. Volunteers drive groceries
to seniors, immunocompromised, and other D.C. neighbors who are homebound. Located in Ward 2.
Contact: volunteer@foodforalldc.org / www.foodforalldc.wordpress.com/volunteer/
1810 16th Street NW, Washington DC 20009

Food and Friends
Prepare, package, and deliver meals and groceries to nearly 1,000 people living with HIV/AIDS and other
life-changing illnesses such as breast, lung, and colon cancer through D.C., Maryland, and Virginia. During
the COVID19 Pandemic, Food and Friends is looking for people to deliver food to clients and assist in the
kitchen for preparing meals. You can volunteer on their Volunteer Hub Site. Located in Ward 5.
Contact: (202) 269-2277 / volunteer@foodandfriends.org / www.foodandfriends.org/
219 Riggs Road, NE, Washington, DC 20011

Food Rescue US
Volunteers donate their own car and time (typically around 30 minutes) to pick up surplus food from grocers
and restaurants, delivering unused goods to community kitchens and food pantries in need. Download the
app to view the full schedule of local food rescue opportunities.
Contact: Kate Urbank / kate@foodrescue.us / www.foodrescue.us/be-the-rescue/

Kyanite Kitchen
Kyanite Kitchen is a mobile pantry that offers fresh produce, toiletries, and hygienic products to underserved
communities in Washington, D.C. In wards 7 & 8 of Washington, DC, which are predominantly minority-
filled, there’s no access to fresh affordable healthy food within a mile of each neighborhood. Kyanite
Kitchen’s mission is to support all of DC, but especially those living in food apartheid areas with the supplies
they need to live a healthier and sustainable lifestyle!
Contact: Instagram and Twitter @kyanite.kitchen
Martha’s Table
For 40 years, they have supported strong children, strong families, and strong communities in Washington, D.C. With their three locations, they stand firmly alongside neighbors on both sides of the Anacostia River, offering high-quality education, health and wellness, and family services to D.C. residents. Martha’s Table impacts over 1100 people a day with its programs, including those for children and youths from ages 3 months to 22 years old, and their families. Martha’s Table runs a grocery program, daycare, after-school and summer programs, and family support services. Located in Ward 1.
Contact: (202) 750-8454 / volunteer@marthastable.org / www.marthastable.org
2375 Elvans Rd. SE Washington, DC 20020

Miriam’s Kitchen
Miriam’s Kitchen is committed to ending chronic homelessness in DC by creating meaningful connections with chronically homeless individuals, placing them in permanent supportive housing, and ensuring they have the necessary support to remain in housing. Miriam’s Kitchen advocates for permanent supportive housing as a long-term solution, while meeting short-term needs by providing healthy meals and high-quality social services to more than 3,500 chronically homeless individuals each year. Volunteer opportunities include serving meals, preparing meals, and assisting case managers. Located in Ward 2.
Contact: (202) 452-8926 / volunteer@miriamskitchen.org / www.miriamskitchen.org
2401 Virginia Ave, NW, Washington, DC 20037

So Others Might Eat (SOME)
SOME moves the men, women and families we serve from crisis to stability, despair to hope, and dependence to self-sufficiency. Our model has three levels of care and support: Emergency, rebuilding, and stability. Volunteer opportunities include administrative work, professional services, elderly services, tutoring, food services, landscaping, and special occasion planning. Located in Ward 5.
Contact: (202) 797-8806x2109 / www.some.org / volunteer@some.org
Rachel Green/ Family Services Volunteer Coordinator/ rgreen@some.org/ 71 O St, NW

Shepherd’s Table
Shepherd’s Table’s mission is to provide help to people who are homeless or in need by providing basic services, including meals, social services, and medical support, clothing, and other assistance in an effective and compassionate manner. Volunteers are needed in the dining room, for food pick-up, for the clothes closet, and at the resource center.
Contact: (301) 585-6463 x1 / haileg@shepherdstable.org / www.shepherdstable.org
8210A Dixon Avenue, Silver Spring, Maryland 20910

Thrive DC
Thrive DC serves anyone in need, providing services to men and women of all ages, backgrounds, races, and ethnicities. The individuals who come through their doors often face multiple, complex barriers to a more stable life. Some face hunger or illness, and often are lonely and hopeless. Many are diagnosed with mental illness, and some struggle with substance abuse. Others have been victims of domestic violence and/or sexual assault. A majority of our clients are living with chronic health problems—often without regular access to crucial medical care. Volunteers can help with distributing groceries or mail during this time. Visit their website at www.thrivedc.org/volunteer to get started. Located in Ward 1.
Contact: Rose Osburn (202) 503-1533/rose@thrivedc.org/ www.thrivedc.org/
1525 Newton St. NW Suite G1, Washington, DC 20010
**World Central Kitchen**
D.C.-based chef José Andrés’s nonprofit World Central Kitchen provides emergency food relief worldwide, including in more than 400 cities in response to the coronavirus pandemic. There’s a call for donations online, or volunteers can sign up for the WCK Volunteer Corps to serve in the community. Located in Ward 6.

**Contact:** (202)844-6330 / Hello@wck.org / https://wck.org/volunteer
655 New York Ave NW, 6th Floor, Washington, DC, 20001

**We are Family**
We Are Family has gone from helping about 50 seniors in 2004 to serving more than 800 in 2018. Services include monthly grocery deliveries, weekly farmers market produce deliveries in the summer and fall, shopping transportation, friendly visits, emergency cleaning, and more. During the COVID-19 health crisis, We Are Family is looking for volunteers to help with grocery deliveries, reassurance phone calls, and shopping assistance. Located in Ward 1.

**Contact:** Tulin Ozdeger (202) 423-3858 / tulino@wearefamilydc.org /
(202) 487-8698 / info@wearefamilydc.org /www.wearefamilydc.org/
1525 Newton St. NW, Washington, DC 20010