

Health and Safety Directive: Requirements Following COVID-19 Exposure, Positive Test, or Suspected Infection

Effective Date: August 15, 2022

A. Requirements:

1. All students residing in University housing or University-controlled housing are required to comply with the quarantine and isolation requirements of this Health and Safety Directive, at all times.
2. All off-campus/nonresidential students, faculty, staff, contract workers, and visitors are required to abide by and complete the quarantine or isolation requirements of this Health and Safety Directive prior to and as a continuing condition of entering University Property or physically participating in a University program or activity in the District of Columbia.
3. Individuals identified in Sections A(1) or A(2) who test positive for COVID-19 or have symptoms of suspected infection of COVID-19 (as defined by the CDC or the DC Department of Health guidance) are expected to:
 - a. Notify the University of their diagnosis for COVID-19 through the Self- Report form on the AU Forward Portal, even if they tested at a campus testing facility.
 - b. Wear a high-quality face mask when required to wear a mask under this Directive. See more information about respirator masks at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html>.
 - c. Self-isolate by staying home. Students who reside in University housing or University-controlled housing rooms are required to remain there for the minimum required duration set forth below, except to obtain medical care, pickup food, use the restrooms, and comply with the University's Isolation Procedures. Students living off campus, and faculty and staff are expected to self-isolate at home and are restricted from entering campus for the minimum required duration set forth below.
 - i. Individuals who test positive for COVID-19 and have no symptoms** may end self-isolation after five (5) full days, where day zero is the day that the individual got tested. If symptoms develop within ten (10) days from the testing date, the clock restarts at day zero on the day of symptom onset and the isolation protocol in Section A.3.c.ii must be followed. After the end of the isolation period, the individual must wear a mask around others for five (5) additional days. Mask use can end sooner if the individual has two sequential negative antigen tests 48 hours apart taken after isolation.
 - ii. Individuals who test positive for COVID-19 and have symptoms** must self-isolate until these conditions are met: 1) at least five (5) days, where day zero is the day of symptom onset, unless a longer period of self-isolation is necessary as directed by their health care provider; and 2) symptoms are improving and at least twenty-four (24)

hours have passed without experiencing fever. After the end of the isolation period, the individual must wear a mask around others for 5 additional days. Mask use can end sooner if the individual has two sequential negative antigen tests 48 hours apart taken after isolation.

iii. Individuals identified in Sections A(1) and A(2) with symptoms but have not been confirmed with COVID-19 (“Symptomatic Individuals”) must self-isolate.

Symptomatic Individuals must immediately obtain a COVID-19 test at an [AU COVID-19 testing location](#) or from their personal health care provider. If the COVID-19 test shows negative results, then the self-isolation period may end. If test results are positive, self-isolation must continue until the conditions for release from isolation are met as described in Section A(3)(c)(ii).

iv. Students are responsible for notifying their individual faculty members of class absences related to COVID-19. Once students submit the [Self-Report Form](#) to report a positive test result, they will receive a letter from the Office of the Dean of Students via email that can be used to notify faculty members of their absence. Faculty are expected to work with students to provide class materials during COVID-19 absences. Students may also contact their academic advisor and/or Dean of Students Office for additional support as needed. Employee Relations will consult with faculty and staff regarding available leave and related information, coordinate with their supervisor, Dean, or department chair, and facilitate their return to work.

- d. Comply with the [University’s Affiliate Notification Program](#) if they have a COVID- 19 positive test result.
 - e. Cooperate with the University and state and local government health officials as needed to assist in contact tracing cases that may occur within the AU community.
4. Individuals identified in Section A(1) and A(2) who have no symptoms but have been in close contact (within 6 feet for more than 15 minutes) with someone who has tested positive for COVID-19 (“Close Contact”), are not required to self-quarantine, should wear a mask when around other people for ten (10) days following exposure, and must take these steps:
- a. Obtain a COVID-19 test at least five (5) days after initial and last exposure and
 - b. If symptoms develop at any time in the ten (10) days after exposure, the Close Contact must self-isolate immediately and comply with Section A(3)(c)(iii) of this Directive.
5. If complying with isolation requirements set forth in this Directive prevents any faculty or staff member from working because their presence on campus is required, such employees should contact employeerelations@american.edu. Employee Relations will consult with the staff or faculty member regarding available leave and related information, coordinate with the supervisor, Dean, or department chair, and facilitate return to work.

B. Enforcement

Failure to comply with this Health and Safety Directive constitutes misconduct that is actionable under the Student Conduct Code, the Staff Personnel Manual, and the Faculty Manual. Repeated violations by students may result in disciplinary action, up to and including removal from University

housing without a refund, as well as suspension or dismissal from the University. Repeated violations by faculty and staff may result in disciplinary action, up to and including suspension or termination. Any individual on University Property who fails to follow this Directive may be restricted from the premises.