

**Receive support through Academic Support and Access Center services  
OR apply to the  
Learning Services Program for Freshmen with Learning Disabilities**

All students with disabilities are eligible for services through the Academic Support and Access Center (ASAC). The ASAC will help with test accommodations, time management, study strategies, peer tutors, and writing assistance. The Learning Services Program, a program in the ASAC, provides a more structured approach during the first year of college including required weekly appointments, a writing tutor, individualized course advising for the first semester and during the freshman year, and upperclass student mentors to assist with the transition to college.

**Should I apply to the  
Learning Services Program?**

**YES, if:**

I have a specific learning disability OR a specific learning disability and ADHD.

I would like to meet with someone on a weekly basis during my freshman year to help me adjust to college.

My learning disability affects my writing ability and I feel I would benefit from the section of College Writing with the writing tutor for students in this program.

I would like ongoing help with time management and study strategies throughout my freshman year.

I would like support as I learn to advocate for myself in relation to my accommodations needs.

You would be best supported by the **Learning Services Program for Freshmen with Learning Disabilities** in the Academic Support and Access Center.

**NO, if:**

I only have ADHD and not a learning disability.

I know college is a big transition, but if I could get my accommodations and occasionally meet with someone, that would be enough to help me transition.

My learning disability doesn't manifest itself in writing. My weaknesses tend to be in math or other areas.

I don't usually have problems with time management and study strategies. If I needed help, I would definitely schedule an appointment with an ASAC counselor.

I am generally a good self-advocate and am proactive about taking care of my accommodation needs.

You would be best supported by the disability support and services in the **Academic Support and Access Center**.