

Keeping up with a heavy reading load can be challenging. One solution is to form a reading group, where readers come together in a physical or virtual space to increase engagement, offer support, and accountability. Interested? Follow the 3 steps outlined below.



For groups meeting online, check out our guide to [Zoom for Online Groups](#).


Step 1. Form a Group

Consider classmates and friends near or far if forming a virtual group.

Look for those who:

- Share similar work ethics
- Want similar levels of accountability
- Have similar discussion styles
- Are interested in meeting weekly

Step 2. Determine the Structure

- Where will you meet?
 - Online groups, check out our [Zoom Guide](#). 
- How often? How long?
- How will you divide your time between reading and breaks?
- What are the expectations of group members?

Step 3. Engage

Once you've determined your meeting frequency and style, it's time to get started.

- Set a timer to begin your quiet reading session.
- Over short breaks, take turns briefly sharing one idea you learned while reading.
- At the end, pair off for a reciprocal Q&A session. This will reinforce learning. (See questions to ask.)

Questions to ask...

- Will you summarize your reading?
- Connect it to previous learning?
- What will you research more?
- Why do you think that's important?
- What themes emerged?
- What are important takeaways?
- Important terms?
- Who are the key figures?
- What conclusions, if any, were drawn?

