GERUNDS AND INFINITIVES

Knowing which verbs or phrases are followed by gerunds, infinitives or either can be a difficult task. There really are not any clear "rules." One just has to memorize (or refer to) lists such as this one.

Verb + Gerund	Verb +Preposition +Gerund	Be +Adjective +Preposition +Gerund	Verb + Infinitive	Verb +Infinitive or Gerund
I advise studying gerunds.	I have adapted to living in the U.S.	I am capable of learning English grammar.	I aim to master the infinitive.	I began learning English 10 years ago. I began to learn English 10 years ago.
acknowledge	adapt to	be accustomed to	agree	attempt
admit	adjust to	be afraid of	aim	begin
advise	agree on	be angry about	afford	can/can't bear
anticipate	apologize for	be ashamed of	appear	can/can't stand
appreciate	approve of	be capable of	arrange	cease
avoid	argue about	be certain about	ask	continue
consider	ask about	be concerned with	care	forget
defend	believe in	be critical of	choose	go on
defer	blame for	be discouraged	claim	hate
delay	care about	from	consent	like
deny	complain about	be enthusiastic	dare	love
detest	consist of	about	decide	neglect
discuss	decide on	be familiar with	decline	prefer
dislike	depend on	be famous for	demand	regret
endure	disapprove of	be fond of	deserve	propose
enjoy	discourage from	be glad about	desire	remember
escape	engage in	be good at	expect	see
excuse	forgive for	be happy about	fail	start
feel like	give up	be interested in	guarantee	stop
finish	help with	be known for	happen	try
go	inquire about	be nervous about	hope	
imagine	insist on	be perfect for	intend	
involve	interfere with	be proud of	know	
keep	keep on	be responsible for	learn	
mention	look forward to	be sad about	manage	
mind (object to)	object to	be successful in	need	
miss	participate in	be suitable for	offer	

omit	persist in	be tired of	plan	
postpone	plan on	be tolerant of	pledge	
practice	prepare for	be upset about	prepare	
prevent	profit from	be used to	pretend	
quit	prohibit from	be useful for	promise	
recall	put off	be worried about	refuse	
recollect	result from		resolve	
recommend	succeed in		seem	
regret	suffer from		tend	
resent	talk about		struggle	
resist	take part in		swear	
resume	there's no point in		volunteer	
risk	think about		wait	
suggest	warn about		want	
tolerate	work on		wish	
understand	worry about		would like	