

# AU Recreational Sports and Fitness Registration Form

## Member Information (Please Print)

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
First Last M.I.

Gender: (circle one) Man Woman Trans Man Trans Woman Genderqueer Not Listed: \_\_\_\_\_

AU/JFC ID # \_\_\_\_\_ Expected Date of Graduation \_\_\_\_/\_\_\_\_/\_\_\_\_  
(AU students only; Month/Year)

## Contact Information

Mailing Address: Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
City/State/Zip \_\_\_\_\_

Primary Phone # (\_\_\_\_)-\_\_\_\_-\_\_\_\_ Work Phone # (\_\_\_\_)-\_\_\_\_-\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Person:  
Name \_\_\_\_\_ Phone # (\_\_\_\_)-\_\_\_\_-\_\_\_\_

## Member Status (office use only)

<b>AU Student</b> <input type="checkbox"/> Undergraduate <input type="checkbox"/> Graduate/PhD/JD <input type="checkbox"/> Abroad at AU <input type="checkbox"/> Washington Semester (semester: _____) <input type="checkbox"/> Family (primary member: _____)	<b>Alumni</b> <input type="checkbox"/> Individual <input type="checkbox"/> Family (primary member: _____)
<b>Faculty</b> <input type="checkbox"/> Full-time (12-month ____ / 9-month ____) <input type="checkbox"/> Part-time <input type="checkbox"/> Family (primary member: _____)	<b>Community</b> <input type="checkbox"/> Individual <input type="checkbox"/> Family (primary member: _____)
<b>Staff</b> <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> FAC/STAFF student <input type="checkbox"/> Family (primary member: _____) <input type="checkbox"/> Corporate (vendor: _____)	<b>Other</b> <input type="checkbox"/> Wesley Student/Faculty/Staff <input type="checkbox"/> Osher Lifelong Learning Institute (OLLI) <input type="checkbox"/> Complimentary _____ <input type="checkbox"/> Other _____

## Office Use Only

Expiration Date \_\_\_\_\_  
Month /Day/ Year

Payment Type (check one) \_\_\_\_Cash \_\_\_\_Check \_\_\_\_ Payroll Deduction \_\_\_\_ Credit Card

Check # \_\_\_\_\_ Amount \_\_\_\_\_ Staff Initials \_\_\_\_\_ Today's Date \_\_\_\_\_

## Recreational Sports and Fitness Agreement and Release of Liability

1. In consideration of gaining membership or being allowed to participate in the activities and programs of the Fitness Center and to use its facilities, equipment, and machinery in addition to the payment of any fee or charge, I do hereby for myself, my heirs, executors, administrators and assign, waive, release, and forever discharge American University and its officers, agents, employees, representatives, executors, and all others from any and all responsibilities or liability for injuries or damages resulting from my participation in any activities or my use of equipment or machinery in the above-mentioned facilities or arising out of my participation in any activities at said facility. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities of the Fitness Center or the use of any equipment at the Fitness Center. **(Please initial \_\_\_\_\_ )**

2. I understand and am aware that strength, flexibility, and aerobic exercise, including the use of equipment, is a potentially hazardous activity. I also understand that fitness activities involve a risk up to and including death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risk of injury and/or death. **(Please initial \_\_\_\_\_ )**

3. I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation in any of the activities and programs of the Fitness Center or use of equipment or machinery except as hereinafter stated. I do hereby acknowledge that I have been informed of the need for a physician's approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that it has been recommended that I have a yearly or more frequent physical examination and consultation with my physician as to physical activity, exercise, and use of exercise and training equipment so that I might have recommendations concerning these fitness activities and equipment use. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in activity and/or use of equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities. **(Please initial \_\_\_\_\_ )**

4. I absolve, indemnify, defend and hold harmless American University from any breach of these representations.  
**(Please initial \_\_\_\_\_ )**

5. I hereby consent to and permit emergency treatment in the event of illness or injury while participating in the activities and programs of the Fitness Center.  
**(Please initial \_\_\_\_\_ )**

I have read and understand the above provisions and agree to be bound by them, as indicated by my signature below.

Signature \_\_\_\_\_

Legal Guardian Signature \_\_\_\_\_  
*(under 18 years old only)*

Printed Name \_\_\_\_\_

Print Name \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_

# Recreational Sports and Fitness Participant Policies

In accordance with American University's Code of Conduct and standards of care for the collegiate recreation, the following policies are to be understood and followed by EVERYONE who participates in Recreational Sports and Fitness.

Before participating in Recreational Sports and Fitness, all participants must complete the registration packet and pay appropriate fees.

For both security and utilization tracking, all participants using the facility must present their valid AU ID or JFC card at the Front Desk upon entering the Fitness Center. No other photo IDs are valid for entry. Misuse of an AU ID or JFC Card will result in suspension of access to Recreational Sports and Fitness.

Individuals under age 18 will not be permitted to use Recreational Sports and Fitness fitness centers without parental supervision. No one under the age of 14 is permitted to use the fitness centers. Children are not allowed to accompany parents or other adults into the fitness centers.

No food or drinks other than water in a closed container are permitted in the fitness centers.

Day-use lockers are available to store shoes, clothes, school bags, valuables etc. and are available in the locker rooms and fitness centers. They are not for overnight use. Bringing a lock for the lockers in the locker room is strongly encouraged. Locks can be purchased at the fitness centers front desk. Recreational Sports and Fitness is not responsible for lost or stolen articles from any locker. No bags or backpacks are permitted in the fitness centers. Annual or semester lockers are available for rent.

All property turned in to Recreational Sports and Fitness will be recorded and kept in lost and found for one week. Afterward, any item that has an identifying feature (wallet, keys, IDs), will be turned into the Department of Public Safety. All other items (clothing, water bottles) will either be donated and/or discarded.

Participating in Recreational Sports and Fitness carries the responsibility of appropriate conduct and courteous behavior. Violation of any rules or other abusive or irresponsible behavior may result in suspension of Recreational Sports and Fitness privileges or removal from participating in Recreational Sports and Fitness. Admission to Recreational Sports and Fitness is a privilege, not a right, and AU reserves the right to remove and/or ban members and guests from the premises if, in the University's sole discretion, such members or guests are disruptive or believed to have violated University policies.

Appropriate exercise clothing and shoes are required for use of the fitness centers. Shirts are to be worn at all times. Inappropriate clothing includes, but is not limited to sandals, flip-flops, jeans, suggestive clothing and clothing with offensive language and/or graphics. High heels, dress shoes, and other hard-soled footwear or shoes leaving black marks are not permitted. Appropriate swim wear is required to use the aquatic center.

Abuse of the equipment will not be tolerated. This includes dropping of dumbbells, weight plates, and allowing weights to fall in an uncontrolled manner. Collars must be used on bars at all times and weight plates returned to proper rack when finished. All rented equipment must be returned at least 30 minutes before the facility closes on the same day. If rental equipment is not returned, it is your obligation to reimburse Recreational Sports and Fitness for the full price of the rented equipment if the equipment is not returned or returned in unacceptable condition, or membership will be frozen.

Recreational Sports and Fitness operates multiple facilities which are used by many organizations. Use of Recreational Sports and Fitness facilities is at times limited because of athletic team workouts, academic activity classes, and special events. Recreational Sports and Fitness facilities may not be used for private instruction or to provide services unless approved in writing by Recreational Sports and Fitness. Please check the posted schedules and the web page for specific times of these restrictions.

There are no refunds, partial payments or partial year memberships available. Memberships terminate upon leaving the employment of AU and/or the status of an enrolled student (for faculty, staff, and student memberships).

Recreational Sports and Fitness reserves the right to restrict access, without advance notice, to any area of Recreational Sports and Fitness for any reason, including but not limited to closures or restrictions related to capital improvements, facilities maintenance, construction, remodeling, or repairs or for health or safety reasons, including but not limited to weather, natural disaster, power outages, medical issues. Your obligation to pay membership dues is not dependent upon usage, availability or access to the facilities.

As needed, AU Public Safety can and will be called to help enforce these policies.

By signing this document, I acknowledge the fact that these policies have been presented and explained to me and I agree to abide by them. I have also been informed that my privileges to participate in Recreational Sports and Fitness may be suspended and/or terminated for violation of the stated policies.

Signature\_\_\_\_\_

Legal Guardian Signature\_\_\_\_\_

*(under 18 years old only)*

Printed Name\_\_\_\_\_

Print Name\_\_\_\_\_

Date\_\_\_\_\_

Date\_\_\_\_\_