

# Narrative Therapy with Individuals Who Have Experienced Trauma



*Varonica Johnson, LPC*

*Varonica Johnson is a staff clinician at American University. Prior to this role, she has experience in school-based and community mental health settings. Her areas of clinical interest include identity development and treatments for trauma, anxiety and depression. Her approach is integrative, using humanistic therapies including gestalt, client-centered approaches, and cognitive behavioral techniques.*

This seminar is free of cost and limited to American University CWB employees.

Seminar includes intermediate-level information and skills training in COURSE TOPIC. At the completion of this training, participants will be able to:

- Identify fundamental principles of narrative therapy
- Describe 2 narrative therapy interventions and explain how they can be applied in clinical practice with individuals who have experienced trauma
- Discuss case conceptualizations using the framework of Narrative Therapy

**Thursday, December 14, 2023**

**12-1:00pm**

Seminar will take place virtually via Zoom. Attendees will receive Zoom link upon registration. Register at the following link:

[https://american.co1.qualtrics.com/jfe/form/SV\\_a42L18xAiH3tWNE](https://american.co1.qualtrics.com/jfe/form/SV_a42L18xAiH3tWNE)

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