

American University Center for Well-Being Programs and  
Psychological Services presents:

# Working with Clients from a Spiritual Competencies Framework

Wednesday, April 2, 2025

2:30-3:30pm Eastern Time



**Anthony H. Ahrens, Ph.D.** is Professor of Psychology at American University. He is a member of the Association for Behavioral and Cognitive Therapies and the Association for Psychological Science. Relevant to today's topic, he does research on the relation of religion to psychology. He has published two research articles on the Ignatian Examen, a Catholic contemplative practice.

**David A. F. Haaga, Ph.D.** is Professor of Psychology and Director of Clinical Training at American University. He is a Fellow of the Association for Behavioral and Cognitive Therapies and the Association for Psychological Science and in 2019 received the Scholar-Teacher of the Year award from American University. Relevant to today's topic, he is a former Sunday school teacher, has experience incorporating an emphasis on spiritual competencies in his clinical supervision work, and developed an undergraduate course on Ethics in Psychology.

This seminar is free of cost and limited to current American University employees. The target audience is clinical psychotherapists and allied health professionals who currently work for American University. This is a beginning level training. This live, interactive, virtual seminar will be offered via Zoom. At the completion of this training, participants will be able to:

- Identify two psychological functions served by religion and spirituality
- Describe two ways to attend to clients' spirituality to prevent alliance ruptures and dropout
- Define two spiritual and religious competencies in psychotherapy

1.0 hours of CE are available for participants who attend entire program and complete the evaluation. Social workers receive 1.0 clinical credit. Certificates will be issued via email within 7 days of receipt of the completed course evaluation.

Seminar will take place virtually via Zoom. Attendees will receive Zoom link upon registration. The registration deadline is 2:30pm Eastern Time on Tuesday, April 1, 2025. Use the registration link here: [https://american.co1.qualtrics.com/jfe/form/SV\\_50gGM7yLbcYIAUS](https://american.co1.qualtrics.com/jfe/form/SV_50gGM7yLbcYIAUS)

American University Center for Well-Being Programs and Psychological Services. #1936, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 06/20/2024-06/20/2025. Social workers completing this course receive 1.0 clinical continuing education credit.

American University Center for Well-Being Programs and Psychological Services is approved by the American Psychological Association to sponsor continuing education for psychologists. American University Center for Well-Being Programs and Psychological Services maintains responsibility for this program and its content. Please see Grievance Policy at the following link: [grievance-policy-2023.pdf](https://american.edu/grievance-policy-2023.pdf) (american.edu).

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