

American University Center for Well-Being Programs and George Washington University Counseling and Psychological Services presents:

Introduction to Accelerated Experiential Dynamic Psychotherapy (AEDP)



Jennifer Edlin, MFT is a psychotherapist in private practice in Oakland, California, and is a Senior faculty member of AEDP™ Institute. Jennifer Edlin received her undergraduate degree from Princeton University, a JD/MBA degree from New York University and an MA in Counseling Psychology from the California Institute of Integral Studies. Jennifer Edlin is developing AEDP theory and clinical interventions to use with dysregulated and underregulated clients, and has presented her work in 2019 in Boston, Portland and the Denver Immersion course. In the years since she joined the AEDP Institute Faculty Jennifer Edlin has been a Co-Director of the AEDP research project, working closely with Diana Fosha and Shigeru Iwakabe.

Monday, April 7, 2025

9:00am-4:00pm Eastern Time

*Please plan to arrive early. Light refreshments will be provided.
Seminar will begin promptly at 9AM.*

This seminar is free of cost and limited to current American University and George Washington University employees. The target audience is clinical psychotherapists and allied health professionals who currently work for the American University and George Washington University. This is an intermediate level clinical social work training. This live, in-person seminar will be offered at 800 21st Street NW (University Student Center, Room 308), Washington, DC, 20052. At the completion of this training, participants will be able to:

- Name 3 core concepts of AEDP
- Practice one right brain to right brain intervention to create safety
- Practice moment-to-moment tracking
- Practice meta-processing

5.5 hours of CE are available for participants who attend the entire program and complete the evaluation. Social workers receive 5.5 clinical credits. Certificates will be issued via email within 7 days of receipt of the completed course evaluation.

The registration deadline is 9:00am Eastern Time on Sunday, April 6th. Use the registration link here:

https://american.co1.qualtrics.com/jfe/form/SV_0wfsj61WIDB0fQO

The Metro-DC Chapter of the National Association of Social Workers (NASW METRO-DC) has approved Synchronous Continuing Education (CE) hours for this workshop entitled 'Introduction to Accelerated Experiential Dynamic Psychotherapy (AEDP)' on April 7, 2025 located at George Washington University for 5.5 Continuing Education Hours (NASW METRO-DC file number 25APR1107GWU). Regulatory boards are the final authority on courses accepted for continuing education credit.

American University Center for Well-Being Programs and Psychological Services is approved by the American Psychological Association to sponsor continuing education for psychologists. American University Center for Well-Being Programs and Psychological Services maintains responsibility for this program and its content. Please see Grievance Policy at the following link: [grievance-policy-2023.pdf \(american.edu\)](#).

To request accommodations, to file a grievance, or for or additional information please contact Continuing Education Director Dr. Marika Gilbert, 202-885-3500 (phone) or mgilbert@american.edu



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<https://www.american.edu/ocl/counseling/>



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<https://healthcenter.gwu.edu/counseling-and-psychological-services>