

American University Center for Well-Being Programs and
Psychological Services presents:
Internal Family Systems

Tuesday, September 10, 2024
12-1:00pm Eastern Time



Dr. Dave K Jean

Dr. Dave K Jean is a staff psychologist at the Well Being Center where he provides individual & group counseling, crisis interventions, outreach, and supervision. Dr. Jean has worked in a number of different clinical settings such as non-profit organizations, university counseling centers, community mental health centers, and correctional facilities. Dr. Jean's research interests also include multiculturalism, inter-generational trauma, racial identity, and suicidal ideation. Prior to his position at American University, Dr. Jean completed his post-doctoral fellowship and APA accredited Internship at the University of Rochester. He earned his PhD at the George Washington University and his bachelor's degree from Morehouse College. Clinically, Dr. Jean works from an integrative model grounded in both Humanistic and Cognitive-Behavioral therapies. In his free time, Dave enjoys biking, a variety of science fiction, and friendly games of poker.

This seminar is free of cost and limited to current American University employees. The target audience is clinical psychotherapists and allied health professionals who currently work for the American University Center for Well-Being. This is a beginning level clinical social work training. This live, in-person seminar will be offered in Mary Graydon Center, Suite 244, large conference room. At the completion of this training, participants will be able to:

- Explore the background and history of the IFS (Internal Family Systems) model.
- Review the core principles and frameworks around IFS
- Discuss some interventions that can be used and goals of the IFS model in psychological treatment

1.0 hours of CE are available for participants who attend entire program and complete the evaluation. Social workers receive 1.0 clinical credits. Certificates will be issued via email within 7 days of receipt of the completed course evaluation.

The registration deadline is 12:00pm Eastern Time on Monday, September 9th. Use the registration link here: https://american.co1.qualtrics.com/jfe/form/SV_9mh1retcH6Fpy0m.

American University Center for Well-Being Programs and Psychological Services. #1936, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 06/20/2024-06/20/2025
Social workers completing this course receive 1.0 clinical continuing education credits.

American University Center for Well-Being Programs and Psychological Services is approved by the American Psychological Association to sponsor continuing education for psychologists. American University Center for Well-Being Programs and Psychological Services maintains responsibility for this program and its content. Please see Grievance Policy at the following link: [grievance-policy-2023.pdf \(american.edu\)](https://american.edu/grievance-policy-2023.pdf).

To request accommodations, to file a grievance, or for or additional information please contact Continuing Education Director Dr. Marika Gilbert, 202-885-3500 (phone) or mgilbert@american.edu