

American University Center for Well-Being Programs and Psychological Services presents:

Foundations of Sensorimotor Psychotherapy: An Introductory Overview

Tuesday, September 17, 2024

12-1:30pm Eastern Time

Margot Lamson, MSW, LICSW



Margot Lamson is a Licensed Independent Clinical Social Worker who specializes in holistic treatment of trauma (PTSD/CPTSD), anxiety, depression, ADHD, and grief and loss. She earned her Master's Degree in Social Work with a concentration in Clinical Social Work from The National Catholic School of Social Service (NCSSS). She earned a post-graduate certification in providing psychotherapy with children, teens, and families from the Washington School of Psychiatry's Child and Adolescent Program. Margot has guest-lectured at the NCSSS, educating social work graduate students on psychotherapy best practices. She assisted in a year-long training in Sensorimotor Psychotherapy Level 2 for developmental trauma. She is trained in Eye Movement Desensitization and Reprocessing (EMDR) and is currently in solo private practice in DC.

This seminar is free of cost and limited to current American University employees. The target audience is clinical psychotherapists and allied health professionals who currently work for the American University Center for Well-Being. This is a beginning level clinical social work training. This live, in-person seminar will be offered in Mary Graydon Center, Suite 244 (Conference Room 227). At the completion of this training, participants will be able to:

- Name and describe at least three principles of Sensorimotor Psychotherapy.
- Explain at least three differences between bottom-up processing and top-down processing.
- Provide an overview of key features in each of the three stages of a Sensorimotor Psychotherapy session.

1.5 hours of CE are available for participants who attend entire program and complete the evaluation. Social workers receive 1.5 clinical credits. Certificates will be issued via email within 7 days of receipt of the completed course evaluation.

The registration deadline is 12:00pm Eastern Time on Monday, September 16th. Use the registration link here: https://american.co1.qualtrics.com/jfe/form/SV_9mh1retcH6Fpy0m

American University Center for Well-Being Programs and Psychological Services. #1936, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 06/20/2024-06/20/2025
Social workers completing this course receive 1.5 clinical continuing education credits.

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To request accommodations, to file a grievance, or for or additional information please contact Continuing Education Director Dr. Marika Gilbert, 202-885-3500 (phone) or mgilbert@american.edu