

## VITAE

JAMES JOSEPH GRAY

Education

Ph.D. Fordham University, 1967  
Major: Clinical Psychology

Honors and Awards

ABPP Diplomate in Clinical Psychology awarded by the  
American Board of Professional Psychology

Experience

5/78-Present Professor, American University  
9/64-9/66 Clinical Intern, Psychiatric Institute, New York.

Service to the University

1985-Present Member of the University Institutional Review Board

Departmental Service

1971-2000 Director of Clinical Training, Department of Psychology,  
The American University

Membership and Directory Listings

Licensed Psychologist in District of Columbia  
Member, American Psychological Association  
Member, Association for the Advancement of Behavior Therapy  
Member, Eastern Psychological Association  
Member, District of Columbia Psychological Association  
Member, National Registry of Health Service Providers in Psychology  
Board of Directors and Past President, Washington Society for the Study of Eating Disorders and Obesity

Publications

'The effect of productivity on primary process and creativity.' Journal of Projective Techniques and Personality Assessment, 33, 1969, 213-218.

'Behavior therapy in a patient with homosexual fantasies and heterosexual anxiety.' Journal of Behavior Therapy and Experimental Psychiatry, 1, 1970, 225-232.

'Physical Attributes of Tokens: A Comparison' (with R. Wolff) Psychological Reports, 32, 1973, 576-678. (Reprinted in Mental Retardation: A Behavioral Approach, W.B. Saunders Pub. Co., 1979.

"Methods of Training Psychiatric Residents in Individual Behavior Therapy." Journal of Behavior Therapy and experimental Psychiatry, 1974, 19-25.

"An improved 'paper money' system as a recording aid in institutional settings." Communication in JABA (with R. Wolff), Z, 1974, 634.

Gray, J.J. (1979) Positive Reinforcement and Punishment in the Treatment of Childhood Trichotillomania in Journal of Behavior Therapy and Experimental Psychiatry, 10, 125-129.

Carroll, L., Yates, B., & Gray, J. Predicting obesity reduction from client characteristics in behavioral and nonbehavioral groups. Behavior Therapy, 1980.

Gray, J., & Ford, K. (1985). "The Incidence of Bulimia in a College Sample." International Journal of Eating Disorders, 4, 201-210.

Gray, J.J. 'A National Survey of State Psychological Association Referral Services. Professional Psychology, 18(2), 150-154.

Gray, J.J., Ford, K. and Kelly, L. (1987). The Prevalence of Bulimia in a Black College Population. International Journal of Eating Disorders, - 733-740.

The Effects of Popular Media and Clinical Presentations of bulimia Nervosa on attitudes toward bulimia nervosa and individuals with bulimia nervosa" (1990) (with E. Schulze), British Journal of Anorexia and Bulimia. Vol. 4, pp. 83-91.

- Bulimia: Group Behavior Therapy with Exposure and Response Prevention (1990). Psychological Reports, Vol. 66, 667-674 (with C. Hoage).
- Should trainees undergo psychotherapy - The Roundtable (1991). The Behavior Therapist. (1991) Vol. 14, No, 10 (with F.D. Wright and R. DiGiuseppe).
- Expert Modeling, self observation using videotape and acquisition of basic therapy skills. (with B. Baum) 1992. Professional Psychology: Research and Practice. 23, 220-225.
- "Weight Gain in Breast Cancer Patients Receiving Adjuvant Treatment as a Function of Restraint and Disinhibition" (1990) (with Donna DeGeorge), Oncology Nursing Forum, vol. 17, 23-30.
- Cultural Expectations of Thinness in Women: An Update. (1992) The International Journal of Eating Disorders. (with C. Wiseman, J. Moisman and A. Ahrens) International Journal of Eating Disorders. Vol. 11, 85-89.
- Disordered Eating Attitudes and Behaviors; Psychological Adjustment and Ethnic Identity: A Comparison of Black and White Female College Students (with K. Abrams & L. Allen) International Journal of Eating Disorders (June 1993)
- The prevalence of Disordered Eating Attitudes and Behaviors in Black American and White American College Women. Ethnic, Regional, Class and Media Differences. (with T. Edwards-Hewitt) Eating Disorders Review, Vol. 1, No. 1 (May 1993), pp. 41-54.
- Increasing Pressure to be Thin: 19 Years of Diet Products in Television Commercials (with C. Wiseman & F. Gunning) Eating Disorders: The Journal of Treatment and Prevention. Vol. 1, No. 1: (Spring 1993) pp. 51-60.
- Rubenstein, C.S., Pigott, T.A., L'Heureux, F., Altemus, M.d., Chambless, D.L., Gray, J.J. & Murphy, D.L. (1994). Elevated prevalence of obsessive-compulsive disorder in patients suffering from bulimia nervosa. Eating Disorders: The Journal of Treatment and Prevention, Vol. 1, 147-155.
- Thompson, M. & Gray, J.J. (1995) Development and validation of a New Body Image Assessment Scale. Journal of Personality Assessment, 64, 258-269.
- Lyon, M., Chatoor, I., Adkins, D., Moisman, J. & Gray, J.J. (1997). A multidimensional risk model for adolescent anorexia nervosa, restrictor type. Adolescence, 32 (125), 101-111.
- Hubbard, S., Gray, J. J., & Parker, S. (1998). Differences among women who exercise for "bulimic" and "nonbulimic" reasons. European Eating Disorders Review, 6, 255-265.
- Techniques to Cool the Anger (1999). Cognitive and Behavioral Practice, Vol. 6, 284-286.
- Judgment Accuracy in Body Preferences Among African-Americans (2001). (w. K. Patel). Sex Roles. Vol. 44, No. 3, pp. 227-235.
- Cultural Expectations of Muscularity in Men, (2001). (w. R. A. Leit & H.G. Pope). International Journal of Eating Disorders.
- The Eating Disorder Inventory Among Asian-American College Women, (2001) (w. G. Tsai). The Journal of Social Psychology, 140, 527-529.
- The Media's Representation of the Ideal Male Body: a Cause for Muscle Dysmorphia (2002) (w. R. A. Leit & H.G. Pope) , International Journal of Eating Disorders, 31, 334-338.
- Factor Structure and Construct Validity of the Anxiety Sensitivity Index among Island Puerto Ricans. (Cintron, Carter, S'Brocco and Gray). RAJ (Journal of Anxiety Disorders). (2003)
- Ethnic Differences in Preferences for Female Weight and Waist-to-Hip Ratio: A Comparison of African-American and White American College and Community Samples (Freedman, Carter, S'Brocco and Gray). RAJ (Eating Behaviors) (2003)
- No longer just a pretty face: Fashion magazine's depictions of ideal female beauty 1959 to 1999. (Sypeck, Gray, Ahrens, Mosimann). RAJ. (International Journal of Eating Disorders). (2003)
- Obstetrician-Gynecologists Decision Making about the diagnosis of Major Depressive Disorder and Premenstrual Dysphoric Disorder (Hill, Gray, Carter, Singer, Schulkin) RAJ. (Journal of Psychosomatic Obstetrics and Gynecology). (2004).