The Student Health Center provides primary care medical services, health education, and wellness programming to American University students.

Services provided at the Student Health Center include:
- routine medical care
- immunizations against measles, mumps, rubella, tetanus/diphtheria, chicken pox, hepatitis B, and meningitis
- lab tests, including Rapid Mono, Rapid Strep, HIV, and TB skin tests
- routine physical examinations
- GYN examinations
- allergy injections

Psychiatric Services
Psychiatric services are provided on a part-time basis. Services are usually limited to diagnostic assessment and screening, and initiation of treatment in uncomplicated cases (e.g. cases of anxiety or depression that are not severe) where it can be anticipated that the situation will resolve quickly. The student’s medication can then be prescribed and monitored by the clinical staff in the Student Health Center staff.

Hours
Regular Hours:
Monday and Thursday: 9am-8pm
Tuesday, Wednesday, and Thursday: 9am-6pm

Summer and semester break hours:
Monday–Friday, 9 a.m.–4:30pm

Eligibility
All students enrolled in credit-bearing courses at AU, regardless of the type of insurance coverage they carry, are eligible for care in the Student Health Center.

Access
Services in the Student Health Center are available by appointment. To schedule an appointment, call 202-885-3380 or stop by the first floor of McCabe Hall. The SHC uses open access scheduling, which generally allows for same-day scheduling. If you do walk in seeking service, we will make every effort to schedule a convenient appointment for you.

Costs
The Student Health Center’s fee schedule is designed to keep your costs as low as possible. You pay a modest visit fee, and there are also charges for medical care and ancillary services. Also available at low cost are some commonly prescribed medications. For the most up-to-date fee schedule, please visit our Web site at www.american.edu/healthcenter.

The Student Health Center does not bill insurance companies but can provide a receipt.

Insurance
Health insurance is required for all students in any of the following categories:
- full-time degree
- resident
- international students on an F1 or a J1 visa

Part-time students are not required to carry insurance but can enroll in the AU Student Health Insurance Plan by contacting the Student Health Center.

You will be automatically billed for the AU Student Health Insurance Plan unless you complete an online waiver by following the instructions at www.american.edu/healthcenter. The waiver deadline for Fall 2014 is August 1, 2014. You must waive the AU Student Health Insurance Plan every year you are enrolled at AU and in a category that requires coverage. Before deciding to waive the AU plan, please compare your current coverage with that provided by the AU plan. Additional information on the AU Student Health Insurance Plan is at www.american.edu/healthcenter.
**Immunization**

The Student Health Center is required by the District of Columbia to make sure all students comply with D.C. immunization regulations. Students under the age of 26 who attend school in the District of Columbia must be immunized against measles, mumps, and rubella (MMR), tetanus, diphtheria, and pertussis (Tdap), varicella (chickenpox), and hepatitis B. Additionally, newly admitted resident students must also be vaccinated against meningitis or sign a waiver stating that they have been informed about the disease, but do not wish to receive the vaccination. Students under the age of 18 must also be immunized against polio. Visit the Student Health Center Web site at [www.american.edu/healthcenter](http://www.american.edu/healthcenter) for more information on immunization requirements and to obtain the form necessary to document immunizations. Incomplete information or invalid dates on the immunization form will prevent your registering for future semesters and a stop will be placed on your student account.

The Student Health Center recommends that you obtain a TB test, particularly if you intend to volunteer in the community in settings where proof of a TB test may be required. TB tests can be performed at the Student Health Center.

**Staff**

The Student Health Center staff consists of both clinical and administrative staff. The clinical staff is an interdisciplinary team of physicians, physician assistants, nurse practitioners, nurses, and medical assistants.

**After Hours and Emergency Care**

If you become ill when the Student Health Center is closed and would like to seek medical advice, call Fonemed at 1-866-900-7162. Fonemed will provide medical advice which could include recommendations for care until the Student Health Center is open or the recommendation that you visit the nearest emergency room. If you should need to be transported to the emergency room and an ambulance is not needed, cab vouchers are available from Public Safety and residence hall staff when the Student Health Center is closed. The nearest hospital is Sibley Memorial Hospital, which is located one mile from campus. Cab vouchers will be provided at Sibley to transport you back to campus once treatment is complete. If you are ever on campus and need an ambulance, call Public Safety’s Emergency Line at 202.885.3636. Public Safety will direct the ambulance to your exact location.

**Tuition Refund Plan**

American University has made arrangements with A.W.G. Dewar Inc. to offer you and your parents a tuition refund plan. This private insurance program enhances American University’s published refund policy. It will help minimize financial losses should you suffer serious illness or an accident and have to leave American University before the semester is completed. The insurance plan is elective and covers tuition and room charges. For further information or to apply online, please visit [www.collegerefund.com](http://www.collegerefund.com).

**Wellness Center**

The Wellness Center, also located in McCabe Hall, provides health promotion and risk reduction programs. The center’s primary goal is to educate AU students to develop positive, healthy lifestyles that will endure throughout a lifetime. Topics include stress reduction, nutrition, exercise, sexual responsibility, and alcohol and other drug abuse prevention. Students interested in wellness topics can be trained as wellness advocates. Wellness advocates present engaging, interactive health promotion programs in the residence halls and on campus. The Wellness Center is staffed by a full-time health promotion coordinator and wellness advocates.

**Confidentiality**

All medical records are treated as confidential information under applicable federal and state laws as well as university policies.

**Nondiscrimination Policy**

American University does not discriminate on the basis of race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity and expression, family responsibilities, political affiliation, disability, source of income, place of residence or business, or certain veteran status in its programs and activities. For more information, contact the Dean of Students (DOS@american.edu), or at American University, 4400 Massachusetts Avenue, NW, Washington, DC 20016, 202-885-1000.